

Getting My COVID Vaccine



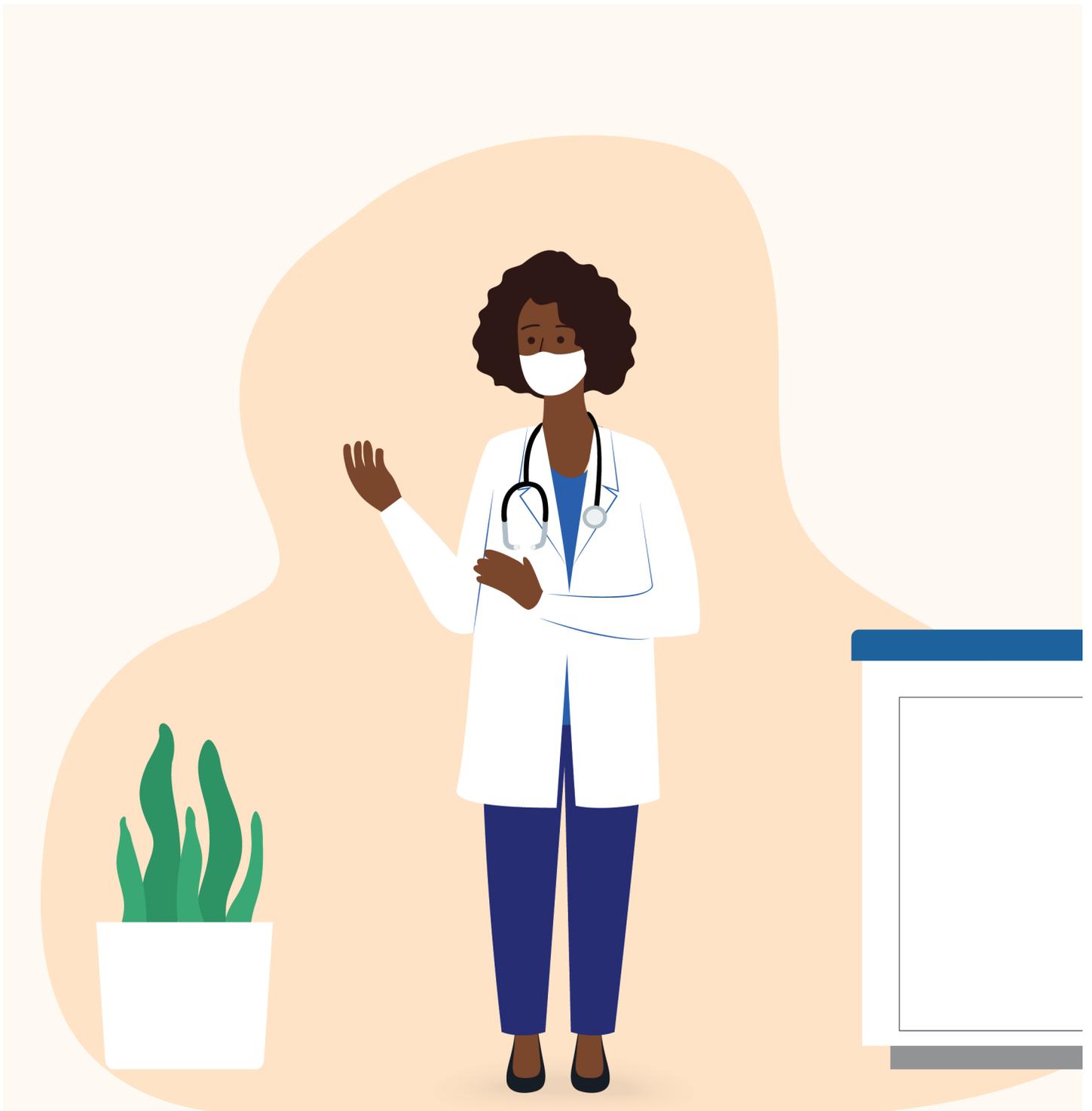
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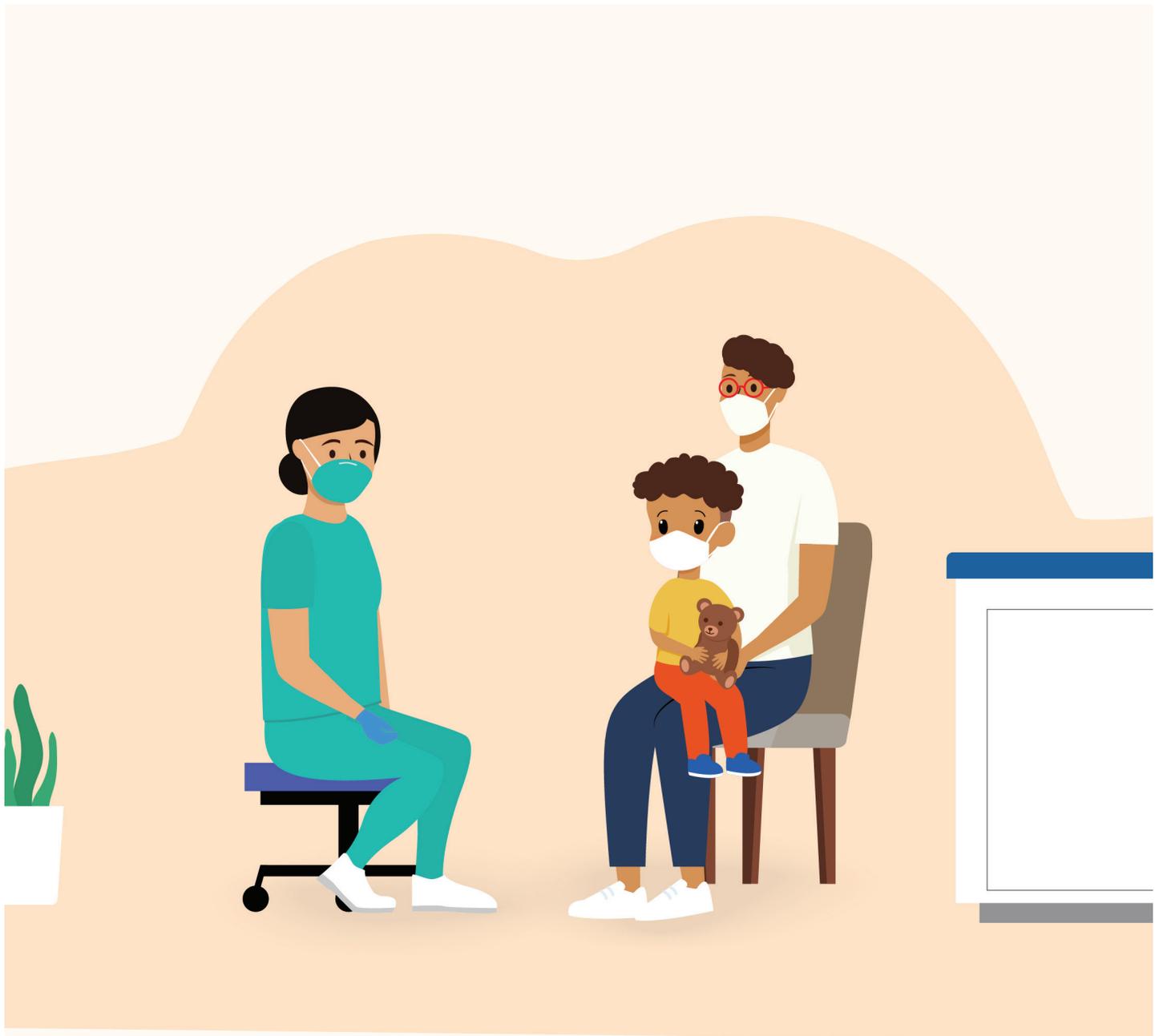
My doctor said I need to get a COVID-19 shot. The shot helps keep me from getting very sick.



I go to the place where I get the shot (doctor's office, school, clinic, pharmacy) with an adult I trust.



I wear a mask. The other people where I get the shot wear masks too.



I don't like shots but I have a plan. I can do something (hold a stuffed animal, play a game on a tablet, listen to music) to keep calm and help me to not think about the shot.



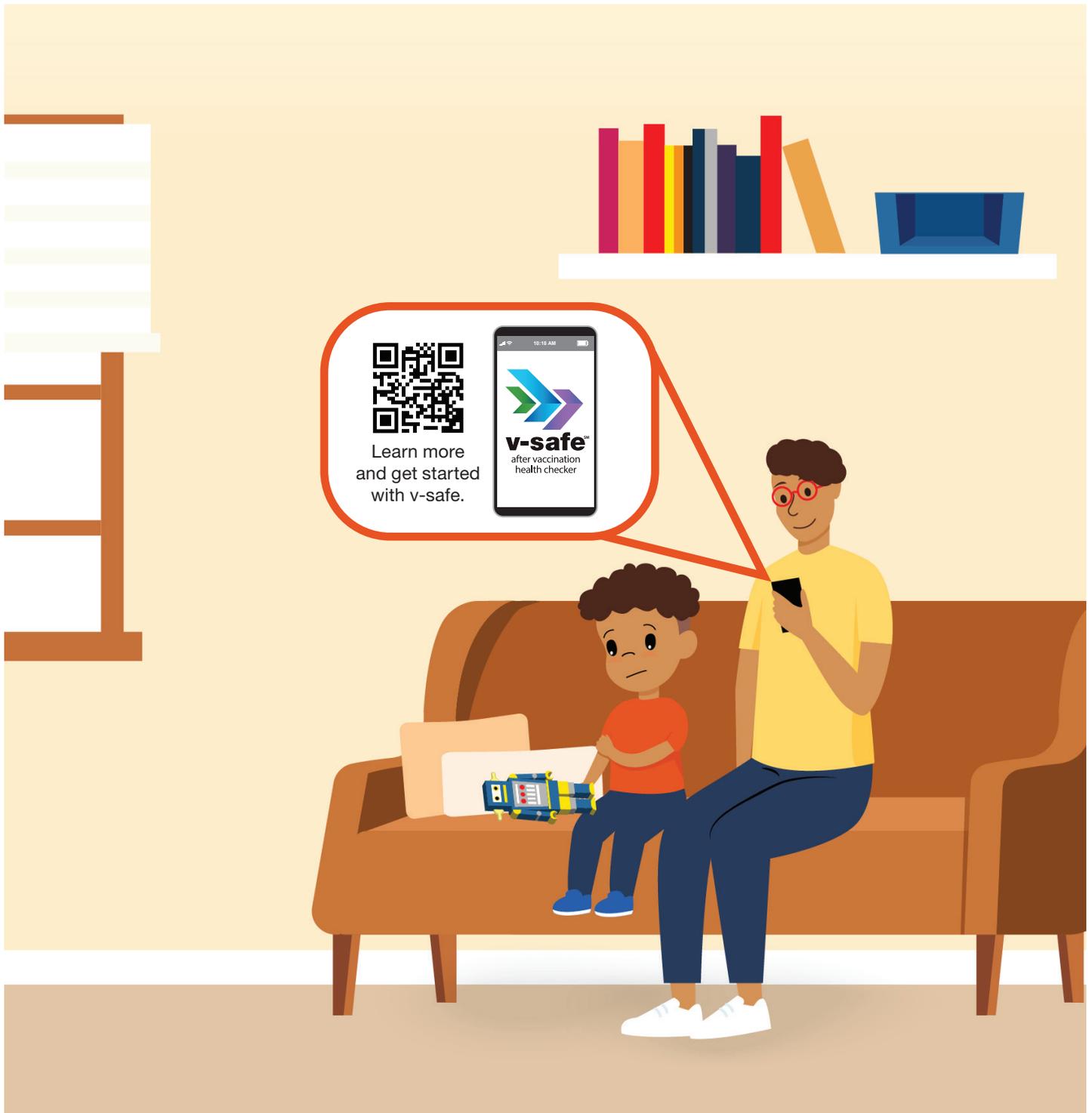
I roll up my sleeve. My arm gets cleaned. It feels cold and wet.



I get a shot in my arm. It feels like a quick pinch or poke. Then, I get a bandage and roll down my sleeve. I feel proud and everyone is happy I got my shot!

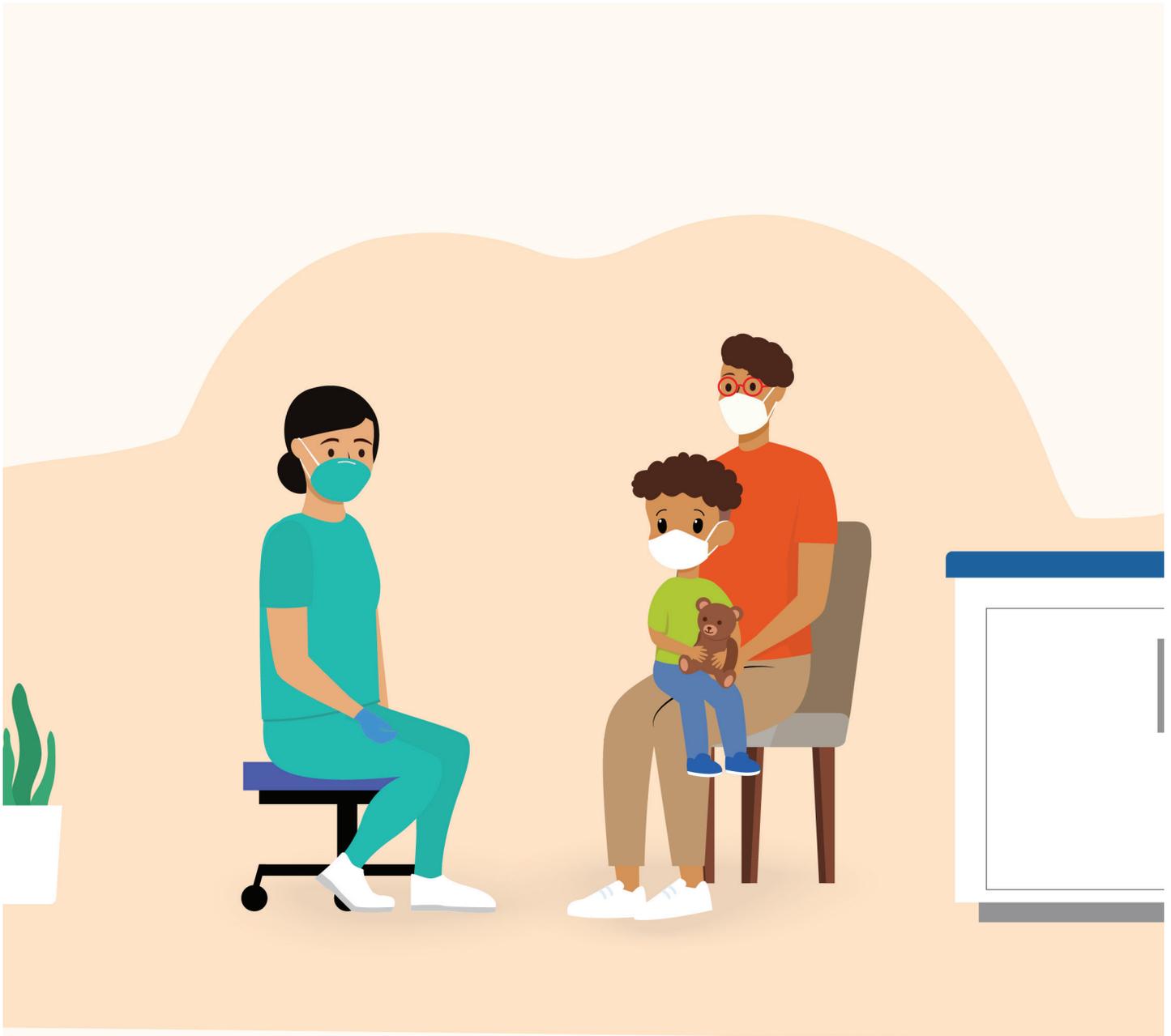


I wait for 15 minutes. Then, I go home.



At home, my arm is sore. I feel better in a few days.

Parents: To help with safety monitoring, the CDC has a tool called v-safe. Use your smartphone to complete health check-ins and report any side effects experienced after getting the COVID vaccine.



I know I'll need more than one COVID shot, so I'll go back another day. It will be the same as the first time.



I want to keep myself and others healthy and safe from COVID-19.