

Planning Checklist

Breastfeeding Curriculum Implementation

This list helps you think through all the resources and materials you'll need to have on hand to successfully implement the full breastfeeding curriculum into your residency program.



- [*Breastfeeding Handbook for Physicians*](#), 2nd edition, by American Academy of Pediatrics. This book will need to be purchased by faculty (\$50).
- [*Breastfeeding, A Guide for the Medical Profession*](#), 8th Edition, by Ruth A. Lawrence & Robert M. Lawrence. This book will need to be purchased by faculty (\$75).
- Manual and electric breast pump
- Clinical setting for learners to practice their education and counseling skills
- Patients who students can practice counselling on breastfeeding
- Presentation on breastfeeding disparities and the systems of oppression impacting breastfeeding parents
- Presentation on top reasons for discontinuing breastfeeding
- Presentation on cultural humility

Acknowledgments: This material was supported by the American Academy of Pediatrics Physician Engagement and Training Focused on Infant Nutrition Project, a grant from the Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity, Department of Health and Human Services; Cooperative Agreement Number 5 NU38OT000282-02-00.

Partners: Organizations represented on the Physician Engagement and Training Focused on Breastfeeding Project include the Academy of Breastfeeding Medicine, American Academy of Family Physicians, American Academy of Pediatrics, American College of Obstetricians and Gynecologists, American College of Osteopathic Pediatricians, Association of Women's Health, Obstetric and Neonatal Nurses, National Medical Association, National Hispanic Medical Association, Reaching Our Sisters Everywhere, and the United States Breastfeeding Committee