

## AAP Social Media and Youth Mental Health ECHO: *Strategies for Professionals*

Want to learn more about the risks and benefits of social media and how it impacts youth wellbeing?

**Tuesdays**  
at **1:00 PM CT**

7/16	<b>Social Media 101: What is the problem and how can we talk about it with families?</b>
7/23	<b>Problematic Internet Use</b>
7/30	<b>Understanding Media Use from a Child-Centered, Developmental Lens</b>
8/6	<b>Digital Literacy and Strategies for Families</b>
8/13	<b>Pulling It All Together: Practical Implications and Resources</b>

Project ECHO is a **learning collaborative** that brings together learners and subject matter experts using short **presentations** and **case-based** learning.

To learn more visit  
[aap.org/projectecho](http://aap.org/projectecho)

To learn more about the **AAP Center of Excellence on Social Media and Youth Mental Health**, visit [aap.org/socialmedia](http://aap.org/socialmedia)

Questions? Email Kristin at [Kconrad@aap.org](mailto:Kconrad@aap.org).

**Click or Scan QR Code to Register!**

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