AAP Social Media and Youth Mental Health ECHO: Strategies for Professionals

Want to learn more about the risks and benefits of social media and how it impacts youth wellbeing?

**Tuesdays at 1:00 PM CT**

- **7/16** Social Media 101: What is the problem and how can we talk about it with families?
- **7/23** Problematic Internet Use
- **7/30** Understanding Media Use from a Child-Centered, Developmental Lens
- **8/6** Digital Literacy and Strategies for Families
- **8/13** Pulling It All Together: Practical Implications and Resources

Project ECHO is a **learning collaborative** that brings together learners and subject matter experts using short **presentations** and **case-based learning**.

To learn more visit [aap.org/projectecho](http://aap.org/projectecho)

To learn more about the AAP Center of Excellence on Social Media and Youth Mental Health, visit [aap.org/socialmedia](http://aap.org/socialmedia)

Questions? Email Kristin at Kconrad@aap.org

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**Click or Scan QR Code to Register!**

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