

# INTRODUCTION: HOW TO USE THESE RESOURCES

The American Academy of Pediatrics (AAP) Bright Futures National Center has created a compendium of resources for pediatric health care professionals to address the impact of racism, bias, and discrimination on the health and well-being of their patients and families. The purpose of these resources, which include tips and tools, is to prepare pediatric health care professionals to engage in meaningful conversations that positively affect infants, children, adolescents, young adults, and their families within the context of the health supervision visit. It is important to keep in mind that addressing the needs and concerns of patients and families are the first priority for all health supervision visits. **Consider using these resources in your practice/professional setting for use in training and for your own education.**

You can use these resources together (ie, as a series) or as individual resources, based on your own needs. The [Frequently Asked Questions \(FAQ\) Guide](#) and [Why Conversations About Race Matter—Effects of Conversation on Patient Care Tip Sheet](#) are intended for pediatric health care professionals beginning or early in their journey in addressing racism, bias, and discrimination's impact on health equity and well-being. Introductory information on the historical and current context of inequities in the health care system and ongoing approaches to engage in this work, paired with a [Resource Repository](#) of applicable tools to utilize within the clinical setting, will help provide preliminary responses to unanswered questions for further exploration.

- 1 FAQ Guide:** For pediatric health care professionals interested in or starting to have conversations around racism, bias, and discrimination with children, adolescents, young adults, and their families; these questions help you consider how to enhance patient care and to experience using a strength-based and patient- and family-centered care approach.
- 2 Why Conversations About Race Matter—Effects of Conversation on Patient Care Tip Sheet:** For pediatric health care professionals who want to obtain and understand introductory information about the impact of racism, bias, and discrimination on health and why conversations about race matter for patient health and well-being.
- 3 Resource Repository:** For pediatric health care professionals to explore highlighted tools and resources in the following categories: AAP policy, social determinants (drivers) of health, adverse childhood experiences (ACEs), and general self-education, to decide which to apply and implement in various clinical settings. This repository also includes resources that can be shared with patients and their families to engage in topics around racial equity.
- 4 Resource Repository for Parents and Caregivers:** This family-friendly resource repository was created to support parents and caregivers as they talk to their children about racial equity while building on their children's and family's strengths. This repository includes resources from [HealthyChildren.org](#), the AAP parenting website, and from other reliable sources.

Share your  
feedback on  
this resource.

