The Importance of Confidential Preventive Services
Working Together to Improve Teen Health

The Benefits of Confidential Health Care

• Encourages health care independence
• Prepares youth to discuss their health care needs

Only a portion of youth are getting confidential care during healthcare visits.

Youth Who Have Had Discussions About Confidentiality

32% Adolescents ages 13-17
63% Young Adults ages 18-26

Youth Who Have Had One-on-One Time

39% Adolescents ages 13-17
53% Young Adults ages 18-26

Confidential care is good for their health.

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