



# Confidential care is good for their health.

**If your kids are 12 years or older, ask their doctor about confidential, one-on-one time during their visit.**

Did you know that 90% of teens think it's important to discuss topics like healthy relationships, substance use, social media, making positive choices, and prevention of sexually transmitted infections with their doctors? Yet, almost half of American teens and young adults have never had the opportunity to discuss these topics during confidential, one-on-one time.

Talk to your teens and their doctors about one-on-one visits.

**For more information, visit [aap.org/AdolescentHealthConsortium](http://aap.org/AdolescentHealthConsortium)**

**Your kids' voices are good for their health.**



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