



Your AAP contributions plant a seed that grow into something so much larger.

When her brother Andy died from a heroin overdose, Dr. Jennifer Plumb felt the painful blow of losing a loved one to drug use. Her family dealt with the difficult loss in 2006, at a time when overdose deaths were skyrocketing in Utah. The tragedy prompted Dr. Plumb to institute a program that would prevent other families from enduring the same terrible experience.

After receiving a 2015 CATCH grant, Dr. Plumb launched her project to disseminate information about the use of overdose rescue kits. The kits employed the timely administration of the drug naloxone and the provision of emergency care. Since its inception, the initial program that developed to become Utah Naloxone has distributed over 80,000 free naloxone rescue kits across the state of Utah.

One painful loss. One piece of motivation and inspiration. And your AAP donations. It all blossomed into a powerful program, which has made a profound impact across the state of Utah. So much so that Dr. Plumb just received the AAP 2020 F. Edward Rushton award for her work on the program.

As she states, "The AAP CATCH grant empowered us to implement a critical program in our community and across our state. Not only has the program resulted in lives saved, but it has also been a part of a tremendous culture shift in the realm of substance use disorder. Because of this program, more than 4,000 lives have been saved from an opioid overdose death by non-medical laypeople around them. Without the CATCH grant, this would have never been possible."

You made the donation that allows incredible programs like this to begin. **Thank you for giving the gift that starts** amazing things.

See you next month with another story of your AAP philanthropic influence.

Gratefully yours, Sana Soya

Sara (Sally) Goza, MD, FAAP

President

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