



# RESOURCE LIST

## BRIGHT FUTURES NATIONAL CENTER (BFNC)

[About Bright Futures](#) – This animated video provides an overview of the Bright Futures Initiative.

[Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition](#) – This essential resource provides health care professionals, states/communities, and families with background and recommendations for health promotion, health supervision, and anticipatory guidance for 31 age-based visits.

[Bright Futures Tool & Resource Kit, 2nd Edition](#) – This companion Toolkit is an integrated system of forms and handouts related to well-visits for infants, children, and adolescents. Access a [narrated overview of the Toolkit](#). (NOTE: Toolkit must be [licensed](#) through the American Academy of Pediatrics [AAP] for use in practice and/or incorporation into an EHR.)

[Bright Futures/AAP Recommendations for Preventive Pediatric Health Care \(Periodicity Schedule\)](#) – This chart (updated July 2022) summarizes recommended screenings, assessments, physical examinations, procedures, and timing of anticipatory guidance for each age-based visit in the *Bright Futures Guidelines*, 4th Edition.

[Coding for Pediatric Preventive Care](#) – This booklet (updated July 2022) contains coding information for most common preventive care services.

[Bright Futures: Health Equity Resources for Health Care Professionals](#) – **NEW!** These resources include tips and tools to prepare pediatric clinicians to address the impact of racism, bias, and discrimination on the health and well-being of their patients and families.

[Bright Futures Guidelines](#) – This resource provides a comprehensive overview of the guidelines for health supervision of infants, children, and adolescents. It includes information on the importance of well-child visits, the components of a well-child visit, and the role of the pediatrician in providing anticipatory guidance and health supervision. The guidelines are available in both English and Spanish.

[Bright Futures - Building Positive Parenting Skills Across Ages](#) – This free PediaLink course includes scenarios to apply key concepts of positive parenting to address common behavioral concerns and ameliorate parental stress.

[Bright Futures Pediatric Residency Resource Library](#) – Features a diverse set of resources to help residents/trainees strengthen their clinical practice, stay current with the latest practice trends, build clinical and leadership skills, and connect with other areas around the AAP and with key partners. **NEW!** [Bright Futures Mini Training Modules](#).

[Bright Futures Family Pocket Guide, 3rd Edition](#) – **NEW!** Co-created with Family Voices, the pocket guide was written by families for families to help families and health care professionals work together to promote the health and wellness of children. It is available in English and Spanish, online and downloadable.

[Resources for Families](#) – This webpage includes a curated list of family-focused websites and related resources. It includes the [“The Well-Child Visit: Why Go and What to Expect”](#) (also available in [Spanish](#)).

[Well-Child Visits: Parent and Patient Education](#) – The parent-focused education is available for each well-child visit. All of the information is written to be easy to read and understand, available in both English and Spanish.

[Bright Futures Activity Book, 2nd Edition](#) – **NEW!** This revised activity book provides a fun, informative, and interactive overview of the 12 themes from the *Bright Futures Guidelines*, 4th Edition, in both English and Spanish.

For more information, contact the Bright Futures National Center at [brightfutures@aap.org](mailto:brightfutures@aap.org)  
630/626-6783



**SIGN UP**  
for the Bright Futures eNews!



[Bright Futures Resources for State Title V Maternal & Child Health Programs](#) – This is a curated list of key resources from the BFNC and relevant AAP programs.

[How can Title V MCH Programs Support Pediatric Health Care Professionals \(PHCPs\) in Addressing Social Determinants of Health](#) – This tip sheet outlines suggested roles for Title V MCH programs in supporting PHCPs to screen for social determinants of health and connect to community resources, as appropriate.

[Applying Principles of a Shared Plan of Care for Adolescents Living with Mental Health Concerns](#) – **NEW!** This tip sheet applies 10 SPoC principles to health supervision visits to form bridges between pediatric primary care and behavioral health care focusing on adolescent mental health.

---

## AAP-AFFILIATED PROGRAMS & RESOURCES

[Institute for Healthy Childhood Weight \(IHCW\)](#) – The IHCW serves as a translational engine for pediatric obesity prevention, assessment, management, and treatment. The IHCW offers resources for professional education, clinical supports, policy tools, and families, including new early infant feeding & obesity prevention resources.

[Adolescent Health Care](#) – In order to best support adolescent and young adult patients, reflect their unique needs and reduce barriers that interfere with their ability to access essential health care services. These resources promote the importance of confidential care and foster an adolescent-supportive practice environment.

[A Pediatrician's Guide to an LGBTQ+ Friendly Practice](#) – This new guide offers ideas pediatric health care professionals can implement to improve the care of their LGBTQ+ patients and families.

[Mental Health Initiatives](#) – Engage children and their families in the full range of primary care services and engage Mental Health/Substance Use professionals and other community partners into one collaborative, family-centered system of care that transects traditional silos. The [Pediatric Mental Health Minute Series](#) provides real-time education to support pediatric health care professionals as they care for children and youth with mental health concerns.

[National Resource Center for Patient/Family-Centered Medical Home \(NRC-PFCMH\)](#) – The goal of the NRC-PFCMH is to improve the health and well-being of, and strengthen the system of services for, children and youth with special health care needs (CYSHCN) and their families by supporting implementation of the patient/family-centered medical home model.

[Oral Health](#) – The AAP works to improve children's oral health through communication and collaboration between the medical and dental homes as essential parts of the oral health team. The AAP provides education and training, including the [Oral Health Prevention Primer](#).

[Developmental Surveillance and Screening](#) – This section features relevant AAP policy as well as key information about developmental surveillance and screening for pediatric health care professionals.

[Screening Technical Assistance & Resource \(STAR\) Center](#) – The STAR Center seeks to improve the health, wellness, and development of young children through practice and system-based interventions to increase rates of early childhood screening, referral, and follow-up.

[Telehealth](#) – Features articles, videos and links to telehealth content for professionals.



Last updated: October 2022 | Downloaded from: <http://aap.org/brightfutures>

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



The recommendations contained in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Any websites, brand names, products, or manufacturers are mentioned for informational and identification purposes only and do not imply an endorsement by the American Academy of Pediatrics (AAP). The AAP is not responsible for the content of external resources. Information was current at the time of publication. The AAP does not review or endorse any modifications made to this form and in no event shall the AAP be liable for any such changes. © 2023 American Academy of Pediatrics. All rights reserved.

This program is supported by the Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services (HHS) as part of an award totaling \$5,000,000 with 10 percent financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the US Government. For more information, please visit [www.HRSA.gov](http://www.HRSA.gov).