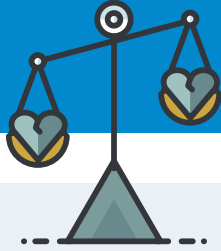


Pediatrician Burnout



What is burnout?



Physical and Emotional Exhaustion



Cynicism



Detachment from patients, work, or family



Feelings of ineffectiveness

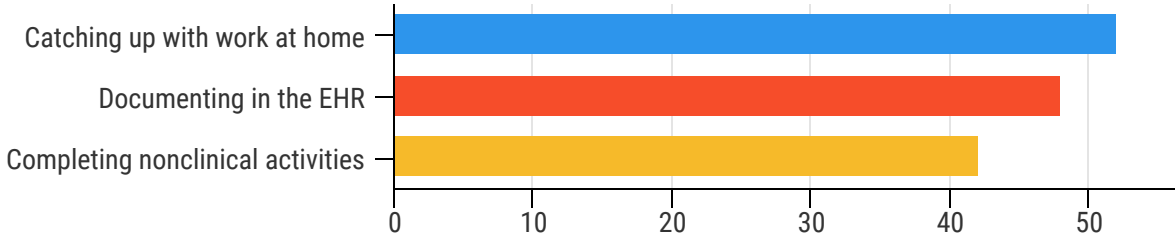


Reduced performance



Feelings of lack of accomplishment

What makes pediatricians experience burn out and stress?



*Source: AAP PLACES Check Point Survey, 2017 (n=1,242)

There are many influencers of physician burnout such as time pressure, administrative burden, excessive work hours, intense and unsupportive work environment, threat of malpractice suits, difficult patients, and sleep deprivation.