Common Causes of Breast Pain

Breastfeeding Curriculum, updated 2021

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Conditions that may cause breast pain

Categorize the following causes of breast pain with their symptoms into the table:
- Breast abscess
- Cracked nipples
- Engorgement
- Mastitis
- Plugged duct

<table>
<thead>
<tr>
<th></th>
<th>Onset</th>
<th>Site</th>
<th>Pain</th>
<th>Temp</th>
<th>Symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Sudden</td>
<td>Unilateral</td>
<td>Intense, local</td>
<td>&lt;38.4 C</td>
<td>Feels well</td>
</tr>
<tr>
<td>B</td>
<td>Gradual</td>
<td>Bilateral</td>
<td>Generalized</td>
<td>&lt;38.4 °C (101°F)</td>
<td>Feels well</td>
</tr>
<tr>
<td>C</td>
<td>Gradual</td>
<td>Unilateral</td>
<td>Mild, local</td>
<td>&lt;38.4 °C</td>
<td>Feels well</td>
</tr>
<tr>
<td>D</td>
<td>Sudden</td>
<td>Unilateral</td>
<td>Intense, local</td>
<td>&gt;38.4 °C</td>
<td>Flu-like</td>
</tr>
<tr>
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<td>Gradual</td>
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<td>&gt;38.4 °C</td>
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</tr>
</tbody>
</table>

Conditions that may cause breast pain-ANSWERS

Categorize the following causes of breast pain with their symptoms into the table: breast abscess, cracked nipples, engorgement, mastitis, plugged duct

<table>
<thead>
<tr>
<th></th>
<th>Onset</th>
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<th>Pain</th>
<th>Temp</th>
<th>Symptom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cracked nipples</td>
<td>Sudden</td>
<td>Unilateral</td>
<td>Intense, local</td>
<td>&lt;38.4 C</td>
<td>Feels well</td>
</tr>
<tr>
<td>Engorgement</td>
<td>Gradual</td>
<td>Bilateral</td>
<td>Generalized</td>
<td>&lt;38.4 C (101F)</td>
<td>Feels well</td>
</tr>
<tr>
<td>Plugged duct</td>
<td>Gradual</td>
<td>Unilateral</td>
<td>Mild, local</td>
<td>&lt;38.4 C</td>
<td>Feels well</td>
</tr>
<tr>
<td>Mastitis</td>
<td>Sudden</td>
<td>Unilateral</td>
<td>Intense, local</td>
<td>&gt;38.4 C</td>
<td>Flu-like</td>
</tr>
<tr>
<td>Breast Abscess</td>
<td>Gradual</td>
<td>Unilateral</td>
<td>Intense, local</td>
<td>&gt;38.4 C</td>
<td>Flu-like</td>
</tr>
</tbody>
</table>

Acknowledgement Slide

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Thank you to the Project Advisory Committee members:

- Joan Meek, MD, MS, RD, FAAP, FABM, IBCLC
- Julie Ware, MD, MPH, FAAP, IBCLC
- Lori Feldman-Winter, MD, MPH, FAAP
- Tara Williams, MD, FAAP, FABM
- Julie Wood, MD, FAAFP
- Lauren Hanley, MD, IBCLC, FACOG
- Sharon Mass, MD, FACOG
- Michal Young, MD, FAAP
- Sahira Long, MD, IBCLC, FAAP, FABM
- Jason Jackson, DO, FACOP
- Amelia Psmythe Seger
- Kelly McGlothen-Bell, PhD, RN, IBCLC
- Jennifer Nelson, MD, MPH, FAAP, DipABLM
- Susan Rothenberg, MD, IBCLC, FACOG, FABM
- Judith Flores, MD
- Sara Oberhelman, MD, CLC, FAAFP
- Caitlin Weber MD, MS, IBCLC, FAAFP
- Leslie Cortes, MD
- Kelsey Sullivan, MD
- Emily Fishman, MD, MSCI
- Melissa Hardy, MD
- Mau Assad, MD
- Ariana Rudnick, MD
- Whitney Lieb, MD

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