

Common Causes of Breast Pain

Breastfeeding Curriculum, updated 2021

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Conditions that may cause breast pain

Categorize the following causes of breast pain with their symptoms into the table:

- Breast abscess
- Cracked nipples
- Engorgement
- Mastitis
- Plugged duct

	Onset	Site	Pain	Temp	Symptom
A _____	Sudden	Unilateral	Intense, local	<38.4 C	Feels well
B _____	Gradual	Bilateral	Generalized	<38.4 C (101F)	Feels well
C _____	Gradual	Unilateral	Mild, local	<38.4 C	Feels well
D _____	Sudden	Unilateral	Intense, local	>38.4 C	Flu-like
E _____	Gradual	Unilateral	Intense, local	>38.4 C	Flu-like



Conditions that may cause breast pain-ANSWERS

Categorize the following causes of breast pain with their symptoms into the table: breast abscess, cracked nipples, engorgement, mastitis, plugged duct

	Onset	Site	Pain	Temp	Symptom
Cracked nipples	Sudden	Unilateral	Intense, local	<38.4 C	Feels well
Engorgement	Gradual	Bilateral	Generalized	<38.4 C (101F)	Feels well
Plugged duct	Gradual	Unilateral	Mild, local	<38.4 C	Feels well
Mastitis	Sudden	Unilateral	Intense, local	>38.4 C	Flu-like
Breast Abscess	Gradual	Unilateral	Intense, local	>38.4 C	Flu-like



Acknowledgement Slide

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