

## Counseling Parents/Families

### Scenario 1:

Sean is an infant admitted in the hospital for his second episode of wheezing in the last three months. He is the only child and does not attend day care. Both parents smoke in the house and in the car. He has had three ear infections in the last six months and is being considered for tube placements by his pediatrician.

What do you say to Sean's parents? How would you ASK about tobacco use (especially near Sean), ASSIST them in quitting, and REFER them out to external resources to ensure they can quit, if they wish to do so?

### Scenario 2:

Sarah brings her two year old child Katie in for a well-child check. Katie is an established patient in your practice. While discussing social history with Sarah, you ask whether she smokes and she tells you that she is a nonsmoker, but that she and Katie are currently living with her parents, and that her father Steve has been a lifelong chain smoker. Sarah believes that, since her father smokes with the windows open in the room, Katie is not being exposed to secondhand smoke.

What do you say to Sarah? How do you suggest she discuss this topic with her parents?

### Scenario 3:

Jorge is in the Emergency Department with his daughter Bianca, who is 4 and is presenting with a sudden onset of wheezing. Her chart shows that she was diagnosed with asthma at age 3, and has been in the ED a few times in the last two years with similar symptoms. Bianca's chart also shows that Jorge and his ex-wife share custody of Bianca, and that the mother smokes at home. Jorge does not use tobacco products, and seems very worried that Bianca is in the ED again.

What do you say to Jorge? How could you help Jorge discuss with his ex-wife how her smoking may be harming Bianca?