



# Mom! Dad!

## Ask the doctor about my emotional development, too.

When it comes to caring for children and teens, checking their social and emotional development—such as how they build relationships and respond to stress—is just as important as checking their height and weight. Talk with your child’s pediatrician about promoting his or her social and emotional health. These conversations can be a source of support and information, and your doctor can work with you to address concerns about your child’s emotions, fears, and behaviors. Be sure to talk about this at your next visit.

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