



## TIP SHEET

These tips are intended to help ensure **SUSTAINABILITY** for your community-based program. Even if you only implement a few, you will make a difference!



These tips were gathered by Healthy Tomorrows staff. Visit [www.aap.org/compeds/htpcp](http://www.aap.org/compeds/htpcp), e-mail [healthyt@aap.org](mailto:healthyt@aap.org), or call 847/434-4279 for more information.

- S** Start thinking and working on sustainability at the beginning of your project.
- U** Utilize and maximize existing program resources.
- S** Start small and build on successes.
- T** Track data and collect individual stories to strengthen program support.
- A** Advocate to create community awareness about your program.
- I** Involve your advisory board to connect you to your community.
- N** Network with those who may benefit from what you do and vice versa.
- A** Ask yourself the following question: How can we make the program better?
- B** Build strong relationships with key stakeholders.
- I** Involve families and community members at every step.
- L** Look for resources and funding opportunities continuously.
- I** Implement your evaluation plan by developing a logic model with measurable outcomes.
- T** Thank your funders and supporters regularly.
- Y** You are on your way to helping change your community!

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