Module 2

Preventing Infectious Diseases

Controlling Spread

• Tools
• Vaccines
• Reducing Germs
• Sanitation
• Food Handling
• Policies and Procedures
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People

Places

Germs
Overview of Tools to Control Infection: People

- Nutrition
- Exercise
- Safe activities
- Healthful practices
- Immunization
- Manage risk of those with special needs
Overview of Tools to Control Infection: Places/Environment

- Facility Design
- Program Plan
Overview of Tools to Control Infection: Germs

- Wash hands
- Clean & sanitize surfaces
- Follow standard precautions
- Proper disposal of materials
- Exclude ill people from the group when it matters
Vaccines

Where can you find current recommended adult and child vaccine schedules?
Seasonal Flu

Why should adults and children get vaccinated against the flu?
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Checking Vaccine Records

- How do you keep track of immunization records?
- Why should early childhood programs check vaccine records?
- Why are so many people overdue for vaccines?
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Handwashing

- Make sinks, soap, and towels available
- Wash hands at routine times
- Use good technique
- Have fun washing
- Soap and water are best
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Other Issues

- Gloves
- Hand sanitizers
- Antibacterial soap
What does “clean” mean?
Sanitizing & Disinfecting

• What is the difference between sanitizing and disinfecting?
How does your program clean these things?

• Toys
• Bedding
• Soft toys
• Soft surfaces and furniture
• Carpets and hard surface floors
• Tables, door, and cabinet handles
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Evaluate This Diapering Set-Up

Courtesy of Cheryl Frank and Andrea Miller
Sanitary Food Handling

- Prevent food-borne illness with sanitary food handling practices
- Keep perishable foods at safe temperatures
- Prevent contamination of food during handling
- Examine foods brought from home
Informing Parents and Child Care Staff

- Daily health check
- Talking with parents about health policies
- Notification when children are ill
- Children with special needs
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Policies and Procedures

• *Caring for Our Children, National Health and Safety Performance Standards*, fourth edition, kept updated online at [http://nrckids.org](http://nrckids.org)

• *Model Child Care Health Policies* at [www.ecels-healthychildcarepa.org](http://www.ecels-healthychildcarepa.org)
Policies and Procedures

- Does your program have clearly written policies to minimize infectious illnesses?
- Do you share these policies with families and child care staff?
- Do the policies need updating?
- What can you do to review and revise your program policies to minimize infectious illness?
Look-up Exercise:
• Staff exclusion for illness
• Staff modeling of healthy behavior
• Space for an ill child
What are the infectious disease issues for each of these?

- Pets
- Storage of gear and bedding
- Separation of groups
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Review: Focus of Tools to Control Infection

- People
- Places/environment
- Germs
Acknowledgements

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- Listing of resources does not imply an endorsement by the AAP. The AAP is not responsible for the content of resources mentioned in this curriculum.
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