Steps for School Based ADHD Screening Process

Step 1: Source of referral to school nurse

Parent, teacher, physician, other: Refer children with symptoms of inattention, hyperactive, impulsive behavior, academic underachievement, and/or behavior problems.

Parent/Teacher Conference held

Step 2: Student Study Team receives referral and convenes meeting

Strategies and recommendations and intervention plan developed

Classroom Intervention Plan is implemented

Step 3: Reconvening of SST

If improvement, no further assessment

If problems continue or ADHD suspected continue to step 4

Step 4: Collect Data

Obtain parent consent for screening and release of information

Screenings:

- Vanderbilt (parent and teacher)
  - Parent completed Student Information form
- Teacher Report
- Academic Progress Report
- Any appropriate academic testing that has been completed

Data compiled and mailed to physician

- Physician Packet includes:
  - Release of Information signed by parent
  - SBAR from school nurse
  - School diagnostic information included in screening (as above)

Step 5: Convene SST for review of physician's findings and results of classroom interventions.

If diagnosed with ADHD:

- School nurse will develop Individual Health Care Plan which will include treatments prescribed (medications, behavior therapy, family support).
- 504 Plan developed based on Other Health Impaired criteria (OHI)

If not diagnosed with ADHD: recommendations may include:

- Continue with classroom intervention and modify as needed
- 504 Plan developed
- Referral to community providers for behavioral therapy counseling/parenting classes

Step 6: Communication and follow up with physician by school nurse

Inform physician of SST recommendations implemented at school

If medications are prescribed, regular reports to physician on student to include:

- Student response to medication
- Weight check
- Sleep hygiene
- Educational progress

Step 7: Evaluation of Outcomes

If targeted outcomes met:

- Evaluation and communication with PCP at least every semester

If targeted outcomes not achieved:

- Notify PCP
- Assess compliance of care plan
- Reassess initial diagnosis
- Rule out co-morbidities
- Refer for special education learning disabilities assessment
- Continue monitoring

School Nurse Responsibilities:

- Explain screening and referral process to parents, teachers, and other referral sources
- Be primary contact for communication between school and physician and other community health care providers
- Collect and disseminate data used in referral and screening process as well as follow information
- Assist parent in making doctor appointments/follow ups, as needed
- Follow up with parent after appointments
- Request convening of SST for review of physician findings
- Ongoing monitor of medications, classroom and

Adapted from: School Health Alliance For Forsyth County and Winston-Salem/Forsyth County Schools, N.C.: ADHD Referral and Screening Process for Elementary Schools

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