AAP INFECTION CONTROL ACTIVITIES: PROJECT FIRSTLINE

The AAP is committed to supporting pediatricians and the continued care for children. This reminder of basic infection prevention and control (IPC) practices from Project Firstline will continue to keep you, your practice team, and families safe.

- **Wash hands and use hand sanitizer:** Hand hygiene is important to reduce infectious disease transmission.
- **Disinfect equipment and physical facilities:** Pay special attention to high-touch areas and surfaces.
- **Promote optimal physical distancing:** Depending on the types of clinical interactions and procedures.
- **Wear masks:** During periods of higher levels of community respiratory virus transmission, consider broader use of source control for everyone 2 and older, particularly for children and youth with special health care needs.

See the reverse side for copy-ready checklists, or use them as samples to adapt for your specific pediatric setting.

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**ENGAGEMENT**  
**RESOURCE DEVELOPMENT**  
**PROJECT ECHO**  
**EDUCATION**  
**COLLABORATION**  
**MENTORSHIP**

#WEAREFIRSTLINE  
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WWW.CDC.GOV/PROJECTFIRSTLINE

Project Firstline is a national collaborative led by the US Centers for Disease Control and Prevention (CDC) to provide infection control training and education to frontline healthcare workers and public health personnel. AAP is proud to partner with Project Firstline, as supported through Cooperative Agreement CDC-RFA-OT18-1802. CDC is an agency within the Department of Health and Human Services (HHS). The contents of this program do not necessarily represent the policies of CDC or HHS and should not be considered an endorsement by the Federal Government.
Cleaning and disinfection are important in health care because they keep germs away from people and keep infections from spreading.

**Cleaning vs. Disinfecting – What’s the Difference?**

**Cleaning** removes the visible dirt, dust, spills, smears, and grime, as well as some germs, from surfaces. This is accomplished by washing the surface using a cleaning product and water. Cleaning products include liquid soap, enzymatic cleaners, and detergents. High-touch surfaces should be cleaned regularly. Some examples of high-touch surfaces include tables, door handles, and keyboards.

**Disinfecting** kills germs on surfaces or objects. This is accomplished by cleaning an area with soap, water, or any additional detergent; then using an EPA-registered household disinfectant. Disinfectants are only for disinfecting after cleaning and are not substitutes for cleaning unless they are a combined detergent-disinfectant product. For effective use of the disinfecting product, follow the instructions on the label.

**PPE** should be worn while cleaning or disinfecting, such as wearing disposable gloves. Additional personal protective equipment might be required based on the cleaning/disinfectant products being used and whether there is a risk of splash.

Please note, these checklists are intended to be samples.

### Daily Cleaning Procedures

<table>
<thead>
<tr>
<th>Area</th>
<th>Frequency</th>
<th>Process</th>
<th>Initials</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Toys</strong></td>
<td>After each use and at least daily or when a toy or equipment becomes soiled with dirt or bodily fluid, including saliva. <strong>Note:</strong> Any toys that cannot be properly cleaned and disinfected (e.g., books, stuffed animals) should be removed.</td>
<td>Clean and disinfect</td>
<td></td>
</tr>
<tr>
<td><strong>Exam rooms</strong></td>
<td>After each patient/case and at least twice per day</td>
<td>Clean and disinfect: • high-touch and low-touch surfaces and floors</td>
<td></td>
</tr>
<tr>
<td><strong>Waiting/Admission</strong></td>
<td>Daily and as needed</td>
<td>Clean and disinfect: • high-touch and low-touch surfaces and floors</td>
<td></td>
</tr>
<tr>
<td><strong>Medication Preparation Area</strong></td>
<td>Between uses</td>
<td>Clean and disinfect: • countertops • portable carts used to transport or prepare medications</td>
<td></td>
</tr>
<tr>
<td><strong>Minor operative procedure rooms</strong></td>
<td>Before and after every procedure</td>
<td>Clean and disinfect: • any surface visibly soiled with blood or bodily fluids • high-touch surfaces in the procedure room • floors in the procedure room</td>
<td></td>
</tr>
</tbody>
</table>

### End of Day Cleaning Procedures

<table>
<thead>
<tr>
<th>Area</th>
<th>Process</th>
<th>Initials</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Toys</strong></td>
<td>Clean and disinfect</td>
<td></td>
</tr>
<tr>
<td><strong>Exam rooms</strong></td>
<td>Clean and disinfect entire floor and low touch surfaces</td>
<td></td>
</tr>
<tr>
<td><strong>Waiting/Admission</strong></td>
<td>Clean and disinfect: • high-touch and low-touch surfaces and floors</td>
<td></td>
</tr>
<tr>
<td><strong>Medication Preparation Area</strong></td>
<td>Clean and disinfect: • countertops • portable carts used to transport or prepare medications</td>
<td></td>
</tr>
<tr>
<td><strong>Minor operative procedure rooms</strong></td>
<td>Clean and disinfect: • high-touch and low-touch surfaces • handwashing sinks</td>
<td>• scrub sluice areas • the entire floor</td>
</tr>
</tbody>
</table>

### Cleaning Procedure Summaries for Spills of Blood or Body Fluids

1. Wear appropriate PPE
2. **Confine the spill** and wipe it up immediately with absorbent (paper) towels, cloths, or absorbent granules (if available) that are spread over the spill to solidify the blood or body fluid (all should then be disposed as infectious waste).
3. **Clean** (neutral detergent and water)
4. **Disinfect** using a facility-approved intermediate-level disinfectant.
5. Immediately **clean/disinfect all reusable supplies and equipment** (e.g., cleaning cloths, mops) after the spill is cleaned up.

To learn more about healthcare environmental infection prevention and control, visit [cdc.gov/hai/prevent/environment](http://cdc.gov/hai/prevent/environment)

To learn more about disinfection and sterilization, visit [cdc.gov/infectioncontrol/guidelines/disinfection](http://cdc.gov/infectioncontrol/guidelines/disinfection)