

## Screening and Ongoing Surveillance for Eating Disorders in Children and Adolescents

May 29, 2024

Start time: 11:30am End Time: 12:30pm CST

**Attendees:** Prior to the start of the activity, please review the below information to ensure successful participation in this activity.

**Activity Location:** AAP Institute for Healthy Childhood Weight  
[Obesity Education Opportunities for Healthcare Professionals \(aap.org\)](https://www.aap.org/obesity-education)

**Enduring Material content is available 5/29/2024 – 5/29/2025**

### Accreditation and Designation Statements

The American Academy of Pediatrics is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

- AAP designates this Other (Internet Live & Internet Enduring) Activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 1.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 1.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit(s)<sup>TM</sup> from organizations accredited by the ACCME or a recognized state medical society.

### MOC Statement:

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

*If you do not successfully complete all components of the activity and evaluation assessment ABP MOC Part 2 Points will not be awarded.*

Please note: your completion data will be shared with the ABP through the ACCME PARS system within 30 days of successful completion. This will include the name of the activity and provider; participant name; participant's ABP ID number; participant's DOB; date of completion of the activity; the PARS activity identifier; ABP MOC Part 2 credit statement and number of MOC points awarded. If any questions or concerns, please contact the activity manager [storres@aap.org](mailto:storres@aap.org).

### Purpose of Course

This webinar will describe eating disorder screening approaches and workflow considerations to integrate screening and monitoring in primary care and introduce equity considerations. This webinar will also discuss communication strategies regarding engaging family and patients and explain the principles of evidence-based eating disorder treatment.

### Learning Objectives

After completing this course, you should be able to:

1. Describe a screening approach for primary care providers and workflow considerations to integrate eating disorder screening and monitoring in primary care.
2. Explain the principles of evidence-based management for eating disorders and any variations based upon condition.
3. Describe communication strategies regarding engaging family and patient in formal evaluation.

**Disclosure of Commercial Support for AAP CME Activities**

The AAP gratefully acknowledges grant support for the Understanding the Medical Evaluation of Eating Disorders in Children & Adolescents Webinar from the Centers for Disease Control (CDC), supported by the Award Number: 6 NU38OT000282-05-04 and the Unique Federal Award Identification Number (FAIN): NU38OT000282.

**Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AAP CME Activities Grid**

The AAP recognizes that there are a variety of financial relationships between individuals and ineligible companies that require review to identify possible conflicts of interest in a CME activity. The "AAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AAP CME Activities" is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities by identifying and mitigating all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. AAP has taken steps to mitigate any potential conflicts of interest. The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to mitigate them prior to the CME activity are implemented in ways that are consistent with the public good. The AAP is committed to providing learners with commercially unbiased CME activities.

All AAP CME activities will strictly adhere to the Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence in Accredited Continuing Education. In accordance with these Standards, the following decisions will be made free of the control of an ineligible company: identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the CME activity.

**DISCLOSURE OF FINANCIAL RELATIONSHIPS**

All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that the individual either has no financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. An ineligible company is defined as any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients\*. Listed below are the disclosures provided by individuals in a position to influence and/or control CME activity content. **All of the relevant financial relationships listed for these individuals have been mitigated.** This activity may discuss or demonstrate pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical.

Name	Role	All Financial Relationships (Please indicate Yes or No)	Name of Ineligible Company* Please list name(s) of entity <b>AND</b> Nature of Financial Relationship(s) (Please list: Research Grant, Speaker's Bureau, Stock/Bonds excluding mutual funds, Consultant, Other - identify)
Anna Tanner, MD, FAAP	Planner	Yes	Employee/owner: Accanto Health
Kimberly Avila Edwards, MD, FAAP	Planner	NO	None
Christine Marie Peat, PhD, FAED, LP	Faculty	NO	None
Sarah Hampl, MD	Faculty	NO	None
Savanna Torres	AAP Staff	NO	None
Jeanne Lindros	AAP Staff	NO	None
Hilary Haftel, MD, MHPE, FAAP	Disclosure COI Reviewer & Mitigator	NO	None

**Product-Specific Advertising / Links to Product Websites**

No product-specific advertising of any type appears in this activity. No links to product websites appear in this activity.

**List of Principal Faculty and Credentials**

Christine Marie Peat, PhD, FAED, LP  
Sarah Hampl, MD

**Method of Participation, Minimum Performance Level, and Credit Claiming**

Learners will participate in the webinar via an internet connection and phone line. Upon completion of the webinar, participants will complete a 5-question quiz based on the content of the webinar. Participants must successfully complete the post activity quiz with a minimum passing score of 75% or higher in order to receive CME credit for this activity. Upon submission of the quiz and verification of the 75% minimum passing score requirement, participants will be able to log onto PediaLink to claim/record their CME credit or print a CME certificate.

**Name of Medium or Combination of Media Used**

Enduring material will be available to access via AAP Institute for Healthy Childhood Weight. [Obesity Education Opportunities for Healthcare Professionals \(aap.org\)](https://www.aap.org/obesity-education-opportunities-for-healthcare-professionals)

**Estimated Time to Complete the Educational Activity**

You should be able to complete this activity in 1 hour.

**Date of Original Release**

This course was launched on **May 29, 2024**.

**Termination Date**

This course will remain online until **May 29, 2025**. It will no longer be certified for credit after **May 29, 2025**.

**List of hardware/software requirements**

Our Technical Support team would like to ensure that you have a great experience with our streaming media services. Due to variations in PC and network security configurations, we recommend that you test the ability to receive streaming media before the day of this event on the computer you will be using to view the event. To do this, click the "Test Your Computer Now" button below. You will hear a short announcement and see slide information.

If you are unable to open and play the presentation, the test has failed. In this case, you may either need to try another computer or consult with your network administrator to obtain privileges required to view streaming media. This process could take some time, so please conduct this test as soon as possible.

**System requirements**

The system requirements for viewing a streaming media event are:

**Windows**

- Windows XP, Windows 2003 or Windows Vista
- Display resolution of 800x600 pixels or greater
- Microsoft Internet Explorer 6.0 SP1 or later, Firefox 2.0 or later, or Google Chrome 1.0
- For Firefox and Chrome, [Silverlight](#) 1.0 or later
- Windows Media Player 9.0 or later
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

**Mac**

- Mac OS X 10.4.8 or later
- Safari 2.0.4 or later (or Firefox 2.0 or later)
- [Silverlight](#) 1.0
- Broadband Internet connection (256 Kbps & above)
- No network blocks or filters that disable streaming media

**Need more help?**

If you need further assistance, please call Savanna Torres at 630-626-6549 or email [storres@aap.org](mailto:storres@aap.org).

**Provider Contact Information**

If you have questions about this course or encounter technical problems, please contact [storres@aap.org](mailto:storres@aap.org).

**Privacy and Confidentiality Statement**

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The AAP may use "cookie" technology to obtain non-personal information from its online visitors. We do not extract personal information in this process nor do we provide this information to third parties. We also do not contact you based on the information in your cookie file. The AAP has taken steps to make all information received from our online visitors as secure as possible against unauthorized access and use. All information is protected by our security measures, which are periodically reviewed.

## **CLAIMING YOUR CREDITS AND PRINTING CERTIFICATES**

The online AAP Transcript System is the official way to claim credit and print certificates for all AAP CME Activities and access transcripts. Credits must be claimed within one (1) year of the CME activity's end-date.

All participants must claim their credit online by completing the easy to follow steps below. You also have the option to print a copy of your certificate. Individual or paper certificates will not be distributed to you post-activity. Please Note: If you need additional assistance a detailed instructional document can be found on the transcript homepage.

### *Claim Credit:*

1. Log on to <http://transcript.aap.org> with your Email and Password.
  - a. *Note: If you are already logged into PediaLink ([www.pedialink.org](http://www.pedialink.org)), click on the Continuing Education tab then the CME Transcript button to access the transcript site and continue to step 2.*
2. Next to the activity, click the Claim CME or Claim AAP Credit Only link and enter the total number of credits you are claiming, commensurate with the extent of your participation in the activity .
3. Click the Confirm Claiming box to complete claiming process – after you have claimed your credit, you can click the print certificate link or go back to your list of activities.

*Non-AAP Members:* Please follow the above steps to claim your credits and print a certificate. If you do not have a PediaLink account, you may create one by going to [www.pedialink.org](http://www.pedialink.org), click the link Don't Know Your Login?, click the link Create an Account, and follow the instructions to setup an account.