



## Your Donor Impact

Because you give for child health

### **Your AAP donations help children in foster care address early trauma.**

Your gifts empowered the CATCH Resident project “The Crucial Role of Foster Parents” to address the huge public health threat of adverse childhood experiences (ACEs) and childhood trauma for youth in foster care. The negative consequences of ACEs and other childhood trauma can potentially be mitigated by a Trauma-Informed Care (TIC) model.

Project creator Keenia Tappin, MD, FAAP used the TIC model to educate foster families by helping them understand children’s behaviors from a trauma perspective. This project built a strong collaboration among community-based organizations and foster families by providing helpful resources regarding trauma-informed care.

A presentation was created for foster families and pediatricians that discussed childhood trauma, its effects on development and behavior, and why children in foster care are particularly vulnerable. It gave specific ways, using the caregiving relationship, to help children find a path toward a healthy

future. The content was delivered in multiple interactive workshops in the California Fresno County area.

“It truly takes a village and change doesn’t happen in silos,” said Dr. Tappin. “Many parents found this very valuable. It helped them understand the origins of some of their past difficulties with youth in their care. Foster caregivers grew in understanding that children in care have difficulty trusting new adults in their lives and opening up because they fear abandonment. By foster parents staying engaged and nurturing children's trust, the children eventually realized it was safe to open up to their foster families. Thanks to (AAP donors) for providing this great opportunity. It was a pleasure to work on the project, make connections, and see a dream come to life.”

**CATCH projects like these can change a child's future.** Your gifts create long-lasting positive changes for children, just as this project did for children in foster care. Your contributions make the crucial difference that means so much.

I am delighted to connect again with another story of how giving to the AAP make things better for children, their families, and pediatric professionals. There are so many more stories of lives changed for the better because our members support the AAP's mission to optimize the health and wellbeing of all children. Thank you for your support.

Warm regards,

Moira A. Szilagyi, MD, PhD, FAAP  
President