

SOURCES OF KEY MENTAL HEALTH SERVICES

Specialty Services	Sources
Psychiatric emergency services	<ul style="list-style-type: none"> Local mental health screening, triage, and referral service or another intake point for public specialty system Mobile crisis unit, if available Child psychiatrist General psychiatrist with pediatric expertise (or consultation with child psychiatrist) Emergency department
Medication consultation or treatment of patients with problems of high severity (MD or DO required)	<ul style="list-style-type: none"> Neurodevelopmental/developmental-behavioral pediatrician Child psychiatrist (in person or telepsychiatry) General psychiatrist with child expertise or child psychiatry consultation Adolescent medicine specialist Pediatric neurologist Local public mental health agency
Early Intervention services	<ul style="list-style-type: none"> Part C agency for 0–3 y; Part B agency for 3–5 y Developmental evaluation agency Neurodevelopmental/developmental-behavioral pediatrician Child psychiatrist with expertise in young children Early Intervention specialist
Child protective services	<ul style="list-style-type: none"> Department of Social Services
Grief counseling	<ul style="list-style-type: none"> Licensed mental health specialist^a Hospice agency
Substance use disorder counseling	<ul style="list-style-type: none"> Licensed substance use disorder counselor Agency specializing in substance use disorder
Psychosocial assessment	<ul style="list-style-type: none"> Licensed mental health specialist^a with pediatric expertise
Educational assessment	<ul style="list-style-type: none"> School psychologist Child psychologist or another licensed psychologist Neurodevelopmental/developmental-behavioral pediatrician Educational specialist

Specialty Services	Sources
Psychosocial treatment	<ul style="list-style-type: none"> • Licensed mental health specialist^a trained in the specific intervention (eg, cognitive behavioral therapy specific to the condition, trauma-focused therapy, parent management training, mind-body therapies, family therapy)
Specialized counseling programs (eg, domestic violence, family reunification, children of parents with alcohol use disorder, juvenile sex offender, divorce, stress management, smoking cessation)	<ul style="list-style-type: none"> • Licensed mental health specialist^a with pediatric expertise • Agency specializing in that area
Parenting education	<ul style="list-style-type: none"> • Parent educator trained in evaluated curriculum • Family services agency • Licensed mental health specialist^a • School system's social work services (Some have parenting education programs.) • Agricultural extension service (Some have parenting education programs.)
Care coordination/case management	<ul style="list-style-type: none"> • Licensed mental health specialist^a with pediatric expertise • Local public mental health agency • Peer support program
Peer support	<ul style="list-style-type: none"> • Local organization of National Alliance on Mental Illness, National Federation of Families for Children's Mental Health, Family Support Network, or Children and Adults with Attention-Deficit/Hyperactivity Disorder • Local public mental health agency • Al-Anon

^a The term *licensed mental health specialist* encompasses clinical psychologists, clinical social workers, professional counselors, and others permitted by state authority to provide the particular service.

Adapted from Appendix S1: sources of specialty services for children with mental health problems and their families. *Pediatrics*. 2010;125(suppl 3):S126–S127. http://pediatrics.aappublications.org/ content/125/Supplement_3/S126. Published June 2010. Accessed February 27, 2018.