

SOURCES OF KEY MENTAL HEALTH SERVICES

Specialty Services	Sources
Psychiatric emergency services	<ul style="list-style-type: none"> • Local mental health screening, triage, and referral service or another intake point for public specialty system • Mobile crisis unit, if available • Child psychiatrist • General psychiatrist with pediatric expertise (or consultation with child psychiatrist) • Emergency department
Medication consultation or treatment of patients with problems of high severity (MD or DO required)	<ul style="list-style-type: none"> • Neurodevelopmental/developmental-behavioral pediatrician • Child psychiatrist (in person or telepsychiatry) • General psychiatrist with child expertise or child psychiatry consultation • Adolescent medicine specialist • Pediatric neurologist • Local public mental health agency
Early Intervention services	<ul style="list-style-type: none"> • Part C agency for 0–3 y; Part B agency for 3–5 y • Developmental evaluation agency • Neurodevelopmental/developmental-behavioral pediatrician • Child psychiatrist with expertise in young children • Early Intervention specialist
Child protective services	<ul style="list-style-type: none"> • Department of Social Services
Grief counseling	<ul style="list-style-type: none"> • Licensed mental health specialist^a • Hospice agency
Substance use disorder counseling	<ul style="list-style-type: none"> • Licensed substance use disorder counselor • Agency specializing in substance use disorder
Psychosocial assessment	<ul style="list-style-type: none"> • Licensed mental health specialist^a with pediatric expertise
Educational assessment	<ul style="list-style-type: none"> • School psychologist • Child psychologist or another licensed psychologist • Neurodevelopmental/developmental-behavioral pediatrician • Educational specialist

Specialty Services	Sources
Psychosocial treatment	<ul style="list-style-type: none"> • Licensed mental health specialist^a trained in the specific intervention (eg, cognitive behavioral therapy specific to the condition, trauma-focused therapy, parent management training, mind-body therapies, family therapy)
Specialized counseling programs (eg, domestic violence, family reunification, children of parents with alcohol use disorder, juvenile sex offender, divorce, stress management, smoking cessation)	<ul style="list-style-type: none"> • Licensed mental health specialist^a with pediatric expertise • Agency specializing in that area
Parenting education	<ul style="list-style-type: none"> • Parent educator trained in evaluated curriculum • Family services agency • Licensed mental health specialist^a • School system's social work services (Some have parenting education programs.) • Agricultural extension service (Some have parenting education programs.)
Care coordination/case management	<ul style="list-style-type: none"> • Licensed mental health specialist^a with pediatric expertise • Local public mental health agency • Peer support program
Peer support	<ul style="list-style-type: none"> • Local organization of National Alliance on Mental Illness, National Federation of Families for Children's Mental Health, Family Support Network, or Children and Adults with Attention-Deficit/Hyperactivity Disorder • Local public mental health agency • Al-Anon

^a The term *licensed mental health specialist* encompasses clinical psychologists, clinical social workers, professional counselors, and others permitted by state authority to provide the particular service.

Adapted from Appendix S1: sources of specialty services for children with mental health problems and their families. *Pediatrics*. 2010;125(suppl 3):S126–S127. http://pediatrics.aappublications.org/content/125/Supplement_3/S126. Published June 2010. Accessed February 27, 2018.

