

State-Specific Resources

Click the hyperlinks below for resources within each state, including the state's tobacco control program, and a listing of county health departments which may be able to assist with in person cessation and support groups.



| State | State-Specific Resources |
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| Alabama | <ul style="list-style-type: none"> • Tobacco Prevention and Control Branch. Alabama Department of Public Health (ADPH). 2018. • Alabama Tobacco Quitline. Tobacco Prevention and Control Branch. Alabama Department of Public Health (ADPH). 2018. • Coalition for a Tobacco Free Alabama. 2018. |
| Alaska | <ul style="list-style-type: none"> • Alaska Tobacco Control Alliance. 2018. • Alaska Tobacco Prevention & Control Program. Alaska Division of Public Health. 2018. • Alaska's Tobacco Quitline. Alaska Department of Health and Social Services, Division of Public Health. 2018. |
| Arizona | <ul style="list-style-type: none"> • Ashline: Arizona's Smokers' Helpline. Mel and Enid Zuckerman College of Public Health at the University of Arizona. 2018. • Smoke-free Arizona. Arizona Department of Health Services. 2018. • Tobacco Free Arizona. Arizona Department of Health Services. 2018. |
| Arkansas | <ul style="list-style-type: none"> • Coalition of Tobacco Free Arkansas. 2018. • Tobacco Prevention and Cessation Program. Arkansas Department of Public Health. 2018. • Project Prevent Youth Tobacco & Nicotine Prevention. Stamp Out Smoking. Arkansas Department of Health Tobacco Prevention and Cessation Program. 2018. |
| California | <ul style="list-style-type: none"> • California Smokers' Helpline. Moores University of California San Diego (UCSD) Cancer Center. 2018. • California Tobacco Control Program. California Department of Public Health. 2018. • Smokefree Multi-Unit Housing. The Center for Tobacco Policy and Organizing. American Lung Association in California. 2018. • California Tobacco Control Program: Tobacco Free CA. California Department of Public Health. 2018. |

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| Colorado | <ul style="list-style-type: none"> • <u>MySmokeFreeHousing.org. The Group to Alleviate Smoking Pollution (GASP). Boulder, Colorado. 2018.</u> • <u>Colorado State Tobacco Education & Prevention Partnership</u> • <u>Colorado Quitline: Be Tobacco Free. Colorado Department of Public Health & Environment. 2018.</u> • <u>Tobacco Free Colorado. Colorado Department of Public Health & Environment Prevention Services Division. 2018.</u> |
| Connecticut | <ul style="list-style-type: none"> • <u>Tobacco Control Program. Connecticut Department of Public Health. 2018.</u> • <u>Tobacco Statistics, Reports and Fact Sheets. Connecticut Department of Public Health. 2018.</u> • <u>Connecticut Quitline. Connecticut Department of Public Health. 2018.</u> |
| DC | <ul style="list-style-type: none"> • <u>Smokefree Housing. SmokeFree DC. 2018.</u> • <u>DC Office of the State Superintendent of Education. Tobacco Health Education Resources. 2018.</u> |
| Delaware | <ul style="list-style-type: none"> • <u>Delaware Quitline. Delaware Health and Social Services, Division of Public Health. 2018.</u> • <u>Delaware Tobacco Prevention and Control Program. Delaware Health and Social Services. Division of Public Health. 2018.</u> |
| Florida | <ul style="list-style-type: none"> • <u>Quit Your Way. The Florida Area Health Education Center (AHEC). 2018.</u> • <u>Tobacco Free Florida. 2018.</u> • <u>Smokefree Housing - Florida. 2018.</u> • <u>Tobacco Free Florida. Florida Department of Health. 2018.</u> |
| Georgia | <ul style="list-style-type: none"> • <u>Ready to Quit: Georgia Tobacco Quitline. Georgia Department of Public Health. 2018.</u> • <u>Chronic Disease Prevention Section: Tobacco. Georgia Department of Public Health. 2018.</u> |
| Hawaii | <ul style="list-style-type: none"> • <u>Tobacco Prevention & Education Program. State of Hawaii, Department of Health. Tobacco Control – Chronic Disease Prevention & Health Promotion Division. 2018.</u> • <u>Going Smoke-Free One Step at a Time. Hale Ola Pono, Coalition for a Tobacco-Free Hawai'i. 2018.</u> |
| Idaho | <ul style="list-style-type: none"> • <u>Tobacco Prevention and Control Program. Idaho Department of Health & Welfare. 2018.</u> • <u>Project Filter. Idaho Tobacco Prevention and Control Program. Idaho Department of Health and Welfare. 2018.</u> |

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| Illinois | <ul style="list-style-type: none"> • <u>Illinois Tobacco Quitline. Illinois Department of Public Health and American Lung Association of Illinois. 2018.</u> • <u>Illinois Smokefree Housing Directory. American Lung Association. 2018.</u> • <u>Respiratory Health Association. 2018.</u> |
| Indiana | <ul style="list-style-type: none"> • <u>Tobacco Prevention & Cessation. Indiana State Department of Health. 2018.</u> • <u>Smoke Free Multi-Unit Housing. Indiana Tobacco Prevention & Cessation. Indiana State Department of Health. 2010.</u> • <u>Indiana Tobacco Quitline 1-800-QUIT-NOW. Indiana State Department of Health. 2018.</u> |
| Iowa | <ul style="list-style-type: none"> • <u>Division of Tobacco Use & Prevention Control. Iowa Department of Public Health. 2018.</u> • <u>Quitline Iowa. National Jewish Health. 2018.</u> |
| Kansas | <ul style="list-style-type: none"> • <u>Kansas Tobacco Quitline. Kansas Department of Health and Environment. 2018.</u> • <u>Kansas Tobacco Use Prevention Program. Kansas Department of Health and Environment. 2018.</u> • <u>Tobacco Facts and Reports. Kansas Department of Health and Environment. 2018.</u> |
| Kentucky | <ul style="list-style-type: none"> • <u>Kentucky Tobacco Prevention and Cessation Program. Kentucky Department of Health Cabinet for Health and Family Services. 2018.</u> • <u>Kentucky Center for Smoke-free Policy. University of Kentucky College of Nursing. 2018.</u> • <u>Kentucky Tobacco Use Prevention & Cessation Status Reports. University of Kentucky College of Nursing. 2018.</u> • <u>QuitNow Kentucky. (On QuitNow Web site). 2018.</u> |
| Louisiana | <ul style="list-style-type: none"> • <u>Own Your Own Health: Quitting Tobacco Use. Louisiana Department of Health. 2018</u> |
| Maine | <ul style="list-style-type: none"> • <u>Smokefreeforme.org. Smoke Free Housing. The Breathe Easy Coalition. Maine. 2018.</u> • <u>Partnership for a Tobacco-Free Maine. Maine Center for Disease Control and Prevention. Maine Department of Health and Human Services. 2018.</u> • <u>The Maine Tobacco HelpLine. Partnership for a Tobacco-Free Maine. Maine Center for Disease Control and Prevention. Maine Department of Health and Human Services. 2018.</u> |

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| Maryland | <ul style="list-style-type: none"> • <u>Maryland Department of Public Health. The Center for Tobacco Prevention and Control. 2018.</u> • <u>Maryland's 1800QuitNow. Smoking Stops Here. Maryland Department of Health. 2018.</u> • <u>Maryland Smokefree Apartments. University of Maryland Carey School of Law's Legal Resource Center for Public Health Policy. 2018.</u> |
| Massachusetts | <ul style="list-style-type: none"> • <u>Make Smoking History. Massachusetts Smoker's Helpline. Massachusetts Department of Public Health. 2018.</u> • <u>Massachusetts Tobacco Cessation & Prevention Program. Massachusetts Department of Health and Human Services. 2018.</u> |
| Michigan | <ul style="list-style-type: none"> • <u>Improving Health by Reducing Tobacco Use. Michigan Department of Health and Human Services. 2018.</u> • <u>MI Smoke-Free Apartment. Smoke Free Environments Law Project. The Center for Social Gerontology, Inc. Ann Arbor, Michigan. 2018.</u> • <u>The Michigan Tobacco Quitline. National Jewish Health. 2018.</u> |
| Minnesota | <ul style="list-style-type: none"> • <u>Minnesota Comprehensive Tobacco Control Framework, 2016-2021. Tobacco Prevention and Control. Minnesota Department of Health. 2018.</u> • <u>Tobacco Prevention and Control: Data and Reports. Minnesota Department of Health 2018.</u> • <u>Live Smoke Free. Smoke-Free Housing Directory. Association for Nonsmokers-Minnesota (ANSR). 2018.</u> |
| Mississippi | <ul style="list-style-type: none"> • <u>Mississippi State Department of Health-Office of Tobacco Control. 2018.</u> • <u>The Partnership for a Healthy Mississippi. 2018.</u> • <u>Mississippi Tobacco Quitline. Mississippi State Department of Health. 2018.</u> |
| Missouri | <ul style="list-style-type: none"> • <u>Tobacco Free Missouri. 2018.</u> • <u>Smoking and Tobacco. Missouri Department of Health and Senior Services. 2018.</u> • <u>The Missouri Tobacco Quitline. (On QuitNow Web site) 2018.</u> |
| Montana | <ul style="list-style-type: none"> • <u>Montana Tobacco Quit Line. Montana Department of Public Health and Human Services: Montana Tobacco Use Prevention Program. 2018.</u> • <u>Montana Smokefree Housing. Montana Department of Public Health and Human Services: Montana Tobacco Use Prevention Program. 2018.</u> • <u>Montana Tobacco Use Prevention Program (MTUPP). Montana Department of Public Health and Human Services. 2018.</u> |

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| Nebraska | <ul style="list-style-type: none"> • <u>Tobacco Free Nebraska. Nebraska Department of Health & Human Services. 2018.</u> • <u>Tobacco Free Nebraska: Nebraska Tobacco Quitline: 1-800-QUIT-NOW. Nebraska Department of Health & Human Services. 2018.</u> • <u>Smokefree Nebraska. Nebraska Department of Health and Human Services. 2018.</u> |
| Nevada | <ul style="list-style-type: none"> • <u>Nevada Tobacco Quitline. Nevada Wellness. National Jewish Health. 2018.</u> • <u>Smoke-Free Apartments. Nevada State Apartment Association. 2018.</u> |
| New Hampshire | <ul style="list-style-type: none"> • <u>New Hampshire Tobacco Helpline. New Hampshire's Tobacco Prevention & Cessation Program (TPCP). New Hampshire Department of Health and Human Services. 2018.</u> • <u>Breathe New Hampshire. 2018.</u> • <u>Tobacco Prevention & Cessation Program. New Hampshire Department of Health and Human Services. 2018.</u> |
| New Jersey | <ul style="list-style-type: none"> • <u>Global Advisors on Smokefree Policy. Tobacco Control Policy and Legal Resource Center of New Jersey. 2018.</u> • <u>New Jersey Quitline. New Jersey Department of Health, Office of Tobacco Control. 2018.</u> • <u>Office of Tobacco Control. State of New Jersey Department of Health. 2018.</u> |
| New Mexico | <ul style="list-style-type: none"> • <u>Smoke-Free@Home. American Lung Association in New Mexico. 2018.</u> • <u>Smoke Free New Mexico. New Mexicans Concerned About Tobacco c/o American Cancer Society. 2018</u> • <u>Tobacco Use Prevention & Control. New Mexico Department of Health. 2018</u> |
| New York | <ul style="list-style-type: none"> • <u>Smoking and Tobacco Use - Cigarettes and Other Tobacco Products. New York State Department of Health. 2018.</u> • <u>New York State Smokers' Quitline. New York State Department of Health Tobacco Control Program.2018.</u> • <u>Smoke-Free Housing NY. New York State Department of Housing (DOH) Tobacco Control Program. 2018.</u> |

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| North Carolina | <ul style="list-style-type: none"> • <u>Quitline NC. North Carolina Tobacco Prevention and Control Branch. North Carolina Health and Human Services. 2018.</u> • <u>North Carolina Tobacco Prevention and Control Branch. North Carolina Health and Human Services. 2018.</u> • <u>Research and Data. North Carolina Tobacco Prevention and Control Branch. North Carolina Health and Human Services. 2018.</u> • <u>Smoke-free Places: N.C. Counties and Municipalities. North Carolina Tobacco Prevention and Control Branch. North Carolina Health and Human Services. 2018.</u> |
| North Dakota | <ul style="list-style-type: none"> • <u>ND Quits: North Dakota Tobacco Quitline. North Dakota Department of Health Division of Chronic Disease. 2018.</u> • <u>Tobacco Prevention and Control. North Dakota Department of Health Tobacco Prevention and Control Program. 2018</u> |
| Ohio | <ul style="list-style-type: none"> • <u>The Ohio Department of Health Tobacco Use Prevention and Cessation Program. Ohio Department of Health. 2018.</u> • <u>Ohio Tobacco Quit Line. Ohio Department of Health. 2018.</u> |
| Oklahoma | <ul style="list-style-type: none"> • <u>Tobacco Cessation. Oklahoma Department of Mental Health and Substance Abuse Services. 2018.</u> • <u>Oklahoma Tobacco Helpline. Oklahoma Tobacco Settlement Endowment Trust. 2018.</u> |
| Oregon | <ul style="list-style-type: none"> • <u>Tobacco Prevention. Oregon Public Health Division. Oregon Health Authority. 2018.</u> • <u>Smokefree Oregon. Oregon Health Authority Public Health Division: Health Promotion and Chronic Disease Prevention. Oregon Tobacco Prevention and Education Program (TPEP) 2018.</u> • <u>The Oregon Tobacco Quit Line. (On QuitNow Web site) 2018.</u> |
| Pennsylvania | <ul style="list-style-type: none"> • <u>PA Free Quitline. Pennsylvania Department of Health. 2018.</u> • <u>Tobacco Prevention and Control. Pennsylvania Department of Health. 2018.</u> |
| Rhode Island | <ul style="list-style-type: none"> • <u>Tobacco Health Risks. State of Rhode Island Department of Health. 2018.</u> • <u>Quit Now Rhode Island. Rhode Island Tobacco Control Program. Rhode Island Department of Health. 2018.</u> |
| South Carolina | <ul style="list-style-type: none"> • <u>Tobacco Cessation. South Carolina Department of Health and Environmental Control. 2018.</u> • <u>Tobacco Quitline. Tobacco Cessation. South Carolina Department of Health and Environmental Control. 2018.</u> • <u>South Carolina Tobacco-Free Collaborative. 2018.</u> |

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| South Dakota | <ul style="list-style-type: none"> • <u>Be Tobacco Free South Dakota. South Dakota Department of Health. 2018.</u> • <u>Tobacco Prevention and Control Program. South Dakota Department of Health. 2018.</u> |
| Tennessee | <ul style="list-style-type: none"> • <u>Tennessee Tobacco Quitline. Tennessee Department of Health. 2018.</u> |
| Texas | <ul style="list-style-type: none"> • <u>YesQuit. Texas Department of State Health Services. 2018.</u> |
| Utah | <ul style="list-style-type: none"> • <u>Utah Tobacco Prevention and Control Program: TobaccoFreeUtah.org. Utah Department of Health. 2018.</u> • <u>Utah Tobacco Quit Line. Utah Tobacco Prevention and Control Program: TobaccoFreeUtah.org. Utah Department of Health. 2018.</u> • <u>Smoke-Free Communities: Utah Statewide Smoke-Free Housing Directory. Utah Tobacco Prevention and Control Program: TobaccoFreeUtah.org. Utah Department of Health. 2018.</u> |
| Vermont | <ul style="list-style-type: none"> • <u>802Quits. Vermont Department of Health Quitline. 2018.</u> • <u>Tobacco Control: 802Quits. Vermont Department of Health. 2018.</u> • <u>Local Air Quality Forecasts. Vermont Agency of Natural Resources. State of Vermont. 2018.</u> • <u>Smokefree Housing Vermont. American Lung Association in Vermont. 2018.</u> |
| Virginia | <ul style="list-style-type: none"> • <u>Tobacco Control Project (TCP). Virginia Department of Health. 2018.</u> • <u>QuitNow Virginia. (On QuitNow Web site). 2018.</u> |
| Washington | <ul style="list-style-type: none"> • <u>Tobacco Resources. Washington State Department of Public Health. 2018.</u> • <u>Smoke-Free Housing. Washington State Department of Public Health. 2018.</u> |
| West Virginia | <ul style="list-style-type: none"> • <u>West Virginia Tobacco Quitline. West Virginia Department of Health & Human Resources Division of Tobacco Prevention. 2018.</u> • <u>Coalition for a Tobacco-Free West Virginia. 2018.</u> • <u>Division of Tobacco Prevention. West Virginia Department of Health & Human Resources. 2018.</u> • <u>Smoke-Free Initiative of West Virginia. West Virginia Division of Tobacco Prevention of the West Virginia Bureau of Public Health. 2018.</u> |

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| Wisconsin | <ul style="list-style-type: none"> • <u>Tobacco Prevention and Control Program. Wisconsin Department of Health Services. 2018.</u> • <u>Wisconsin Tobacco Quitline. University of Wisconsin Center for Tobacco Research and Intervention (UW-CTRI). 2018.</u> |
| Wyoming | <ul style="list-style-type: none"> • <u>Wyoming Quit Tobacco Program. National Jewish Health. 2018.</u> • <u>Wyoming Department of Health. 2018.</u> |