

Atopic Dermatitis Treatment Tool

This interactive treatment tool is designed to support clinicians when treating atopic dermatitis. This dynamic tool contains treatment strategies addressing the following 4 aspects of the disease simultaneously:

- Moisturizing the skin
- Reducing itch
- Treating inflammation
- Preventing and managing skin infections

Initial treatment and maintenance therapy

Emollient (daily) + Avoid triggers + Address pruritus

Treating flares in patients with mild atopic dermatitis

Emollient (daily) + Avoid triggers + Address pruritus

+ 1 or more of the following:

- Topical corticosteroid (TCS)
- Topical calcineurin inhibitor (TCI)

Treating patients with moderate atopic dermatitis

Emollient (daily) + Avoid triggers + Address pruritus

+ 1 or more of the following:

- Topical corticosteroid (TCS)
- Topical calcineurin inhibitor (TCI)

+ 1 or more of the following:

- Wet wraps
- Proactive TCS or TCI to prevent flares

Consider referral to a pediatric dermatologist if patient is not improving.

Treating patients with severe atopic dermatitis*

Emollient (daily) + Avoid triggers + Address pruritus

+ 1 or more of the following:

- Topical corticosteroid (TCS)
- Topical calcineurin inhibitor (TCI)

+ 1 or more of the following:

- Wet wraps
- Proactive TCS or TCI to prevent flares

Refer to a pediatric dermatologist.

Treatment options include the following:

- Phototherapy*
- Cyclosporine (off-label)
- Dupilumab (>6 months)
- Methotrexate (off-label)
- Upadacitinib (>12 years)

* Patients requiring phototherapy or with severe atopic dermatitis should be referred to a pediatric dermatologist or pediatric allergy-immunology specialist.