



Anxiety Coding Fact Sheet for Primary Care Pediatrics

Current Procedural Terminology (CPT®) Codes

Initial assessment usually involves a lot of time determining the differential diagnosis, a diagnostic plan, and potential treatment options. Therefore, most pediatricians will report either an office/outpatient evaluation and management (E/M) code using time as the key factor or a consultation code for the initial assessment:

Physician Evaluation & Management Services

- ★**99202** Office or other outpatient visit, *new patient*; straightforward medical decision making (MDM), 15-29 min.
- ★**99203** low MDM, 30-44 min.
- ★**99204** moderate MDM, 45-59 min.
- ★**99205** high MDM, 60-74 min.

A new patient is one who has not received any professional services face-to-face services rendered by physicians and other qualified health care professionals (QHP) who may report evaluation and management services reported by a specific CPT code(s) from the physician/QHP or another physician/QHP of the exact same specialty and subspecialty who belongs to the same group practice, within the past three years.

- ★**99211** Office or other outpatient visit, *established patient*; minimal problem, 5 min.
- ★**99212** straightforward MDM, 10-19 min.
- ★**99213** low MDM, 20-29 min.
- ★**99214** moderate MDM, 30-39 min.
- ★**99215** high MDM, 40-54 min.

★**+99417** Prolonged physician services in office or other outpatient setting, with direct patient contact; first hour (*use in conjunction with codes 99205, 99215 only*)

- Used only with the highest level E/M services (99205, 99215)
- Time spent does not have to be continuous but must occur on the same day as the face-to-face encounter
- Prolonged service begins at 75 minutes for new patients (99205 and 99417) and 55 minutes for established patients (99215 and 99417)
- Prolonged time can include non-direct services on the same day as the encounter

Reporting E/M services using “Time” vs MDM

- A physician will report their level of E/M service using time or MDM
- If reporting based on “time” count all time on the encounter date, including pre- and post service time spent on that patient, even if the patient is not present
- You do not have to meet “time” requirements in the code descriptor to meet a code level if billing based on MDM

Example: A physician sees an established patient in the office to discuss the progress being made on the anti-anxiety medication and using anxiety support apps. The patient’s chronic medical condition is not stable and is being managed by medication (moderate level MDM). The total face-to-face time was 35 minutes, with an additional 10 minutes of documented time after the patient left. The physician would report a **99215** instead of a 99214 because the total time met the criteria for the 99215 (25 mins) which was higher than the MDM level (moderate) for the 99214.

+ Codes are *add-on* codes, meaning they are reported separately in addition to the appropriate code for the service provided

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- ★99241 Office or other outpatient consultation, new or established patient; self-limited or minor problem, 15 min.
- ★99242 low severity problem, 30 min.
- ★99243 moderate severity problem, 45 min.
- ★99244 moderate to high severity problem, 60 min.
- ★99245 moderate to high severity problem, 80 min.

NOTE: Use of these codes (99241-99245) requires the following:

- a) Written or verbal request for consultation is documented in the patient chart;
- b) Consultant's opinion as well as any services ordered or performed are documented in the patient chart; and
- c) Consultant's opinion and any services that are performed are prepared in a written report, which is sent to the requesting physician or other appropriate source (*Note: Patients/Parents may not initiate a consultation*)

- ★+99354 Prolonged services in office or other outpatient setting, with direct patient contact; first hour (*use in conjunction with time-based codes 99241-99245, 99324-99337, 99341-99350, 90837*)
- ★+99355 each additional 30 min. (*use in conjunction with 99354*)

- Used when a physician or other QHP provides prolonged services beyond the usual service (ie, beyond the typical time).
 - Time spent does not have to be continuous.
 - Prolonged service of less than 15 minutes beyond the first hour or less than 15 minutes beyond the final 30 minutes is not reported separately.
- If reporting your E/M service based on time and not key factors (hx, exam, medical decision making), the physician must reach the typical time in the highest code in the code set being reported (eg, 99245) before face-to-face prolonged services can be reported

Physician Non-Face-to-Face Services

*For more information on reporting these and other non-face-to-face services see the [Care Management](#) fact sheet.

Principal Care Management

1. A single (1) chronic condition expected to last at least 3 months, and that places the patient at significant risk of hospitalization, acute exacerbation/decompensation, functional decline, or death
2. A condition that requires development, monitoring, or revision of disease-specific care plan,
3. A condition that requires frequent adjustments in the medication regimen and/or the management of the condition is unusually complex due to comorbidities
4. Ongoing communication and care coordination between relevant practitioners furnishing care may be reported by different physicians or QHPs in the same calendar month for the same patient
5. Documentation in the patient's medical record should reflect coordination among relevant managing clinicians
6. Principal care management services are disease-specific management services. Even if a patient may have multiple chronic conditions they may receive principal care management if the reporting physician or other QHP is providing single disease rather than comprehensive care management

- 99424** Principal care management services, for a single high-risk disease, with the following required elements:
- one complex chronic condition expected to last at least 3 months, and that places the patient at significant risk of hospitalization, acute exacerbation/decompensation, functional decline, or death,
 - the condition requires development, monitoring, or revision of disease-specific care plan,
 - the condition requires frequent adjustments in the medication regimen and/or the management of the condition is unusually complex due to comorbidities,
 - ongoing communication and care coordination between relevant practitioners furnishing care;

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first 30 minutes provided personally by a physician or other QHP, per calendar month.

- + **99425** each additional 30 minutes provided personally by a physician or other qualified health care professional, per calendar month (List separately in addition to 99424)

Chronic Care Management

Codes are selected based on the amount of time spent by the physician or qualified health care professional providing care coordination activities. CPT clearly defines what is defined as care coordination activities. In order to report chronic care or complex chronic care management codes, you must

1. provide 24/7 access to physicians or other qualified health care professionals or clinical staff;
2. use a standardized methodology to identify patients who require chronic complex care coordination services
3. have an internal care coordination process/function whereby a patient identified as meeting the requirements for these services starts receiving them in a timely manner
4. use a form and format in the medical record that is standardized within the practice
5. be able to engage and educate patients and caregivers as well as coordinate care among all service professionals, as appropriate for each patient.

99491 Chronic care management services, provided personally by a physician or other qualified health care professional, at least 30 minutes of physician or other qualified health care professional time, per calendar month, with the following required elements:

- Multiple (two or more) chronic conditions expected to last at least 12 months, or until the death of the patient;
- Chronic conditions place the patient at significant risk of death, acute exacerbation or decompensation, or functional decline;
- Comprehensive care plan established, implemented, revised, or monitored.

(For time spent by the physician directing clinical staff, refer to codes **99490**, **99487**, **99489** below)

Online Digital Evaluation and Management Service

These are patient-initiated services with physicians or other qualified health care professionals (QHPs) who are allowed to report E/M services. Online digital E/M services require physician or other QHP's evaluation, assessment, and management of the patient and are not for the nonevaluative electronic communication of test results, scheduling of appointments, or other communication that does not include E/M. These are more appropriate when dealing with a more minor issue or during a month when you are not coding or providing more robust care thus this time would be reported under another service like care management.

- Patient must be established (problem can be new)
- Services must be initiated through Health Insurance Portability and Accountability Act (HIPAA)-compliant secure platforms
- Reported once for the physician's or other QHP's (including all in the same group practice) cumulative time during a seven-day period
- The seven-day period begins with the physician's or other QHP's initial, personal review of the patient-generated inquiry.
- Online digital E/M services require permanent documentation storage (electronic or hard copy) of the encounter.
- Do not report these codes separately if the patient is seen within 7 days of the service for an issue related to the encounter.

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- Your *date of service* will be the date the initiation of the e-visit began or the range of dates it took place because this service is cumulative time over 7 days.

99421 Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes

99422 11-20 minutes

99423 21 or more minutes

Telephone Care Services

Telephone care must be initiated by the parent, patient or the guardian. The telephone call cannot be related to an E/M service within the previous 7 days nor can they lead to an appointment within the next 24 hours or soonest available. This is not telehealth or telemedicine. Your *date of service* will be date the phone call takes place.

99441 Telephone evaluation and management to patient, parent or guardian not originating from a related E/M service within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion

99442 11-20 minutes of medical discussion

99443 21-30 minutes of medical discussion

Medical Team Conference

99367 Medical team conference by physician with interdisciplinary team of healthcare professionals, patient and/or family not present, 30 minutes or more

Care Plan Oversight

99339 Care Plan Oversight - Individual physician supervision of a patient (patient not present) in home, domiciliary or rest home (e.g., assisted living facility) requiring complex and multidisciplinary care modalities involving regular physician development and/or revision of care plans, review of subsequent reports of patient status, review of related laboratory and other studies, communication (including telephone calls) for purposes of assessment or care decisions with health care professional(s), family member(s), surrogate decision maker(s) (e.g., legal guardian) and/or key caregiver(s) involved in patient's care, integration of new information into the medical treatment plan and/or adjustment of medical therapy, within a calendar month; 15-29 minutes

99340 30 minutes or more

Prolonged Services

99358 Prolonged services without direct patient contact; first hour

+99359 each additional 30 min. (+ *designated add-on code, use in conjunction with 99358*)

[B]Physician-Directed Non-Face-to-Face Services

Behavioral health integration care management, chronic care management, psychiatric collaborative care management services and transition care management are reported under the directing physician or other qualified health care professional, however, the time requirement can be met by clinical staff working under the direction of the reporting physician or other qualified health care professional. See each code set for details.

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Behavioral Health Integration Care Management

99484 Care management services for behavioral health conditions, at least 20 minutes of clinical staff time, directed by a physician or other qualified health care professional, per calendar month, with the following required elements:

- initial assessment or follow-up monitoring, including the use of applicable validated rating scales;
- behavioral health care planning in relation to behavioral/psychiatric health problems, including revision for patients who are not progressing or whose status changes;
- facilitating and coordinating treatment such as psychotherapy, pharmacotherapy, counseling and/or psychiatric consultation; and
- continuity of care with a designated member of the care team.

Tips:

- Reported by the supervising physician or other qualified health care professional.
- The assessment and treatment plan is not required to be comprehensive and the office/practice is not required to have all the functions of chronic care management (99487, 99489, 99490).
- May be used in any outpatient setting, as long as the reporting professional has an ongoing relationship with the patient and clinical staff and as long as the clinical staff is available for face-to-face services with the patient.
- Behavioral integration care management (99484) and chronic care management services may be reported by the same professional in the same month, as long as distinct care management services are performed.

Principal Care Management

99426 Principal care management services, for a single high-risk disease, with the following required elements:

- one complex chronic condition expected to last at least 3 months, and that places the patient at significant risk of hospitalization, acute exacerbation/decompensation, functional decline, or death,
- the condition requires development, monitoring, or revision of disease-specific care plan,
- the condition requires frequent adjustments in the medication regimen and/or the management of the condition is unusually complex due to comorbidities,
- ongoing communication and care coordination between relevant practitioners furnishing care; first 30 minutes of clinical staff time directed by physician or other qualified health care professional, per calendar month.

+ **99427** each additional 30 minutes of clinical staff time directed by a physician or other QHP, per calendar month

(List separately in addition to code **99426**)

Psychiatric Collaborative Care Management Services

99492 Initial psychiatric collaborative care management, first 70 minutes in the first calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements:

- outreach to and engagement in treatment of a patient directed by the treating physician or other qualified health care professional;
- initial assessment of the patient, including administration of validated rating scales, with the development of an individualized treatment plan;
- review by the psychiatric consultant with modifications of the plan if recommended;

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- entering patient in a registry and tracking patient follow-up and progress using the registry, with appropriate documentation, and participation in weekly caseload consultation with the psychiatric consultant; and
- provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies.

99493 Subsequent psychiatric collaborative care management, first 60 minutes in a subsequent month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements:

- tracking patient follow-up and progress using the registry, with appropriate documentation;
- participation in weekly caseload consultation with the psychiatric consultant;
- ongoing collaboration with and coordination of the patient's mental health care with the treating physician or other qualified health care professional and any other treating mental health providers;
- additional review of progress and recommendations for changes in treatment, as indicated, including medications, based on recommendations provided by the psychiatric consultant;
- provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies;
- monitoring of patient outcomes using validated rating scales; and
- relapse prevention planning with patients as they achieve remission of symptoms and/or other treatment goals and are prepared for discharge from active treatment.

+ **99494** Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional (List separately in addition to code for primary procedure)

Care Management Services

Codes are selected based on the amount of time spent by clinical staff providing care coordination activities. CPT clearly defines what is defined as care coordination activities. In order to report chronic care or complex chronic care management codes, you must

1. provide 24/7 access to physicians or other qualified health care professionals or clinical staff;
2. use a standardized methodology to identify patients who require chronic complex care coordination services
3. have an internal care coordination process/function whereby a patient identified as meeting the requirements for these services starts receiving them in a timely manner
4. use a form and format in the medical record that is standardized within the practice
5. be able to engage and educate patients and caregivers as well as coordinate care among all service professionals, as appropriate for each patient.

99490 Chronic care management services, at least 20 minutes of clinical staff time directed by a physician or other qualified health care professional, per calendar month, with the following required elements:

- multiple (two or more) chronic conditions expected to last at least 12 months, or until the death of the patient;
- chronic conditions place the patient at significant risk of death, acute exacerbation/decompensation, or functional decline;
- comprehensive care plan established, implemented, revised, or monitored.

Do not report **99490** for chronic care management services that do not take a minimum of 20 minutes in a calendar month.

99487 Complex chronic care management services;

- multiple (two or more) chronic conditions expected to last at least 12 months, or until the death of the patient;

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- chronic conditions place the patient at significant risk of death, acute exacerbation/decompensation, or functional decline;
- establishment or substantial revision of a comprehensive care plan;
- moderate or high complexity medical decision making;
- 60 minutes of clinical staff time directed by a physician or other qualified health care professional, per calendar month.

Do not report **99487** for chronic care management services that do not take a minimum of 60 minutes in a calendar month.

+99489 each additional 30 minutes of clinical staff time directed by a physician or other qualified health care professional, per calendar month

Complex chronic care management is reported by the physician or qualified health care professional who provides or oversees the management and coordination of all of the medical, psychosocial, and daily living needs of a patient with a chronic medical condition. Typical pediatric patients

1. receive three or more therapeutic interventions (eg, medications, nutritional support, respiratory therapy)
2. have two or more chronic continuous or episodic health conditions expected to last at least 12 months (or until death of the patient) and places the patient at significant risk of death, acute exacerbation or decompensation, or functional decline
3. commonly require the coordination of a number of specialties and services.

Transition Care Management

★**99495** Transitional care management (TCM) services with the following required elements:

- Communication (direct contact, telephone, electronic) with the patient and/or caregiver within 2 business days of discharge
- Medical decision-making of at least moderate complexity during the service period
- Face-to-face visit, within 14 calendar days of discharge

★**99496** Transitional care management services with the following required elements:

- Communication (direct contact, telephone, electronic) with the patient and/or caregiver within 2 business days of discharge
- Medical decision-making of high complexity during the service period
- Face-to-face visit, within 7 calendar days of discharge

These services are for a patient whose medical and/or psychosocial problems require moderate or high complexity medical decision-making during transitions in care from an inpatient hospital setting (including acute hospital, rehabilitation hospital, long-term acute care hospital), partial hospital, observation status in a hospital, or skilled nursing facility/nursing facility to the patient's community setting (home, domiciliary, rest home, or assisted living). TCM commences on the date of discharge and continues for the next 29 days and requires a face-to-face visit, initial patient contact, and medication reconciliation within specified timeframes. Any additional E/M services provided after the initial may be reported separately.

Refer to the *CPT* manual for complete details on reporting care management and TCM services.

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Psychiatric Diagnostic or Evaluative Interview Procedures

★**90791** Psychiatric diagnostic interview examination evaluation

★**90792** Psychiatric diagnostic evaluation with medical services

Psychotherapy

★**90832** Psychotherapy, 30 min with patient and/or family;

★**+90833** with medical evaluation and management (Use in conjunction with **99201–99255, 99304–99337, 99341–99350**)

★**90834** Psychotherapy, 45 min with patient and/or family;

★**+90836** with medical evaluation and management services (Use in conjunction with **99201–99255, 99304–99337, 99341–99350**)

★**90837** Psychotherapy, 60 min with patient and/or family;

★**+90838** with medical evaluation and management services (Use in conjunction with **99201–99255, 99304–99337, 99341–99350**)

+90785 Interactive complexity (Use in conjunction with codes for diagnostic psychiatric evaluation [90791, 90792], psychotherapy [90832, 90834, 90837], psychotherapy when performed with an evaluation and management service [90833, 90836, 90838, 99201–99255, 99304–99337, 99341–99350], and group psychotherapy [90853])

- Refers to specific communication factors that complicate the delivery of a psychiatric procedure. Common factors include more difficult communication with discordant or emotional family members and engagement of young and verbally undeveloped or impaired patients. Typical encounters include:
 - Patients who have other individuals legally responsible for their care
 - Patients who request others to be present or involved in their care such as translators, interpreters or additional family members
 - Patients who require the involvement of other third parties such as child welfare agencies, schools or probation officers

★**90846** Family psychotherapy (without patient present), 50 min

★**90847** Family psychotherapy (conjoint psychotherapy) (with patient present), 50 min

90849 Multiple-family group psychotherapy

90853 Group psychotherapy (other than of a multiple family group)

- For interactive group psychotherapy use code **90785** in conjunction with code **90853**

Other Psychiatric Services/Procedures

★**+90863** Pharmacologic management, including prescription and review of medication, when performed with psychotherapy services (Use in conjunction with **90832, 90834, 90837**)

- For pharmacologic management with psychotherapy services performed by a physician or other qualified health care professional who may report E/M codes, use the appropriate E/M codes **99201–99255, 99281–99285, 99304–99337, 99341–99350** and the appropriate psychotherapy with E/M service **90833, 90836, 90838**).

90885 Psychiatric evaluation of hospital records, other psychiatric reports, and psychometric and/or projective tests, and other accumulated data for medical diagnostic purposes

90887 Interpretation or explanation of results of psychiatric, other medical exams, or other accumulated data to

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family or other responsible persons, or advising them how to assist patient

90889 Preparation of reports on patient's psychiatric status, history, treatment, or progress (other than for legal or consultative purposes) for other individuals, agencies, or insurance carriers

Assessment and Testing

Psychological Testing

96130 Psychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report, and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour

+ **96131** each additional hour (List separately in addition to code **96130**)

96136 Psychological or neuropsychological test administration and scoring by physician or other qualified health care professional, two or more tests, any method; first 30 minutes

+ **96137** each additional 30 minutes (List separately in addition to **96136**)

96146 Psychological or neuropsychological test administration, with single automated, standardized instrument via electronic platform, with automated result only

Assessment of Aphasia

96105 Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, e.g., Boston Diagnostic Aphasia Examination) with interpretation and report, per hour

Emotional/Behavioral Assessment

96127 Brief emotional/behavioral assessment (eg, depression inventory, attention-deficit/hyperactivity disorder [ADHD] scale), with scoring and documentation, per standardized instrument

Other Qualified Nonphysician Healthcare Professional Services

CPT defines a *qualified nonphysician health care professional* is a professional who may independently report services but may not report the physician or other qualified health care professional E/M services. These include but not limited to speech-language pathologists, physical therapists, occupational therapists, social workers, or dietitians.

Medical Team Conference

99366 Medical team conference with interdisciplinary team of healthcare professionals, face-to-face with patient and/or family, 30 minutes or more, participation by a nonphysician qualified healthcare professional

99368 Medical team conference with interdisciplinary team of healthcare professionals, patient and/or family not present, 30 minutes or more, participation by a nonphysician qualified healthcare professional

Telephone Assessment: Nonphysician Healthcare Professional

98966 Telephone assessment and management service provided by a qualified nonphysician healthcare professional to an

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established patient, parent or guardian not originating from a related assessment and management service provided within the previous seven days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion

98967 11-20 minutes of medical discussion

98968 21-30 minutes of medical discussion

Online Digital Evaluation and Management Service

Refer to codes **99421-99423** for more details.

The following codes are reported by nonphysician providers who may independently bill such as physical therapists and psychologists, but are not reported for clinical staff (eg, RN) unless noted in writing by your payer.

98970 Qualified nonphysician health care professional online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes

98971 11-20 minutes

98972 21 or more minutes

Health Behavior Assessment and Intervention

96156 Health behavior assessment, or re-assessment (ie, health-focused clinical interview, behavioral observations, clinical decision making)

96158 Health behavior intervention (HBI), individual, face-to-face; initial 30 minutes

96159 each additional 15 minutes (Report with 96158)

96164 HBI, group (2 or more patients), face-to-face; initial 30 minutes

96165 each additional 15 minutes (Report with 96164)

96167 HBI, family (with the patient present), face-to-face; initial 30 minutes

96168 each additional 15 minutes (Report with 96167)

96170 HBI, family (without the patient present), face-to-face; initial 30 minutes

96171 each additional 15 minutes (Report with 96170)

*Report the family HBI codes only when the intervention is centered around the family. Do not report if the parent is present because of the age of the patient, but they not involved in the intervention. Refer to the individual or group codes instead.

Prolonged Clinical Staff Services with Physician or Other Qualified Health Care Professional Supervision

Codes **99415**, **99416** are used when a prolonged E/M service is provided in the office or outpatient setting that involves prolonged clinical staff face-to-face time beyond the typical face-to-face time of the E/M service, as stated in the code description.

+ **99415** Prolonged clinical staff service (the service beyond the typical service time) during an evaluation and management service in the office or outpatient setting, direct patient contact with physician supervision; first hour

+ **99416** each additional 30 minutes

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Codes 99415-99416

- Must always be reported in addition to an appropriate office/outpatient E/M service (ie, 99201-99215)
- Require that the physician or qualified health care professional is present to provide direct supervision of the clinical staff.
- Are used to report the total duration of face-to-face time spent by clinical staff on a given date providing prolonged services, even if the time spent by the clinical staff on that date is not continuous.
- Are not reported for time spent performing separately reported services other than the E/M service is not counted toward the prolonged services time.
- Requires a minimum of 45 minutes spent beyond the typical time of the E/M service code being reported. May require that the clinical staff spend more time if the physician does not meet the time criteria of the E/M service being reported
- May not be reported in addition to 99354 or 99355.

[B]Miscellaneous Services

99071 Educational supplies, such as books, tapes or pamphlets, provided by the physician for the patient's education at cost to the physician

International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM) Codes

- Use as many diagnosis codes that apply to document the patient's complexity and report the patient's symptoms and/or adverse environmental circumstances.
- Once a definitive diagnosis is established, report the appropriate definitive diagnosis code(s) as the primary code, plus any other symptoms that the patient is exhibiting as secondary diagnoses that are not part of the usual disease course or are considered incidental.

Anxiety Related Disorders

- F06.4** Anxiety disorder due to known physiological condition
- F30.8** Other manic episodes
- F39** Unspecified mood [affective] disorder
- F40.00** Agoraphobia, unspecified
- F40.01** Agoraphobia with panic disorder
- F40.02** Agoraphobia without panic disorder
- F40.10** Social phobia, unspecified
- F40.11** Social phobia, generalized
- F40.8** Phobic anxiety disorders, other (phobic anxiety disorder of childhood)
- F40.9** Phobic anxiety disorder, unspecified
- F41.0** Panic disorder [episodic paroxysmal anxiety] without agoraphobia (panic attack)
- F41.1** Generalized anxiety disorder (Anxiety reaction)
- F41.8** Anxiety depression (mild or not persistent)
- F41.9** Anxiety disorder, unspecified
- F93.0** Separation anxiety disorder of childhood

Substance Induced Anxiety Disorders

- F10.280** Alcohol dependence with alcohol-induced anxiety disorder
- F10.980** Alcohol use, unspecified with alcohol-induced anxiety disorder
- F12.180** Cannabis abuse with cannabis-induced anxiety disorder
- F12.280** Cannabis dependence with cannabis-induced anxiety disorder

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- F12.980** Cannabis use, unspecified with anxiety disorder
- F13.180** Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced anxiety disorder
- F13.280** Sedative, hypnotic or anxiolytic dependence with sedative, hypnotic or anxiolytic-induced anxiety disorder
- F13.980** Sedative, hypnotic or anxiolytic use, unspecified with sedative, hypnotic or anxiolytic-induced anxiety disorder
- F14.180** Cocaine abuse with cocaine-induced anxiety disorder
- F14.280** Cocaine dependence with cocaine-induced anxiety disorder
- F14.980** Cocaine use, unspecified with cocaine-induced anxiety disorder
- F15.180** Other stimulant abuse with stimulant-induced anxiety disorder
- F15.280** Other stimulant dependence with stimulant-induced anxiety disorder
- F16.180** Hallucinogen abuse with hallucinogen-induced anxiety disorder
- F16.280** Hallucinogen dependence with hallucinogen-induced anxiety disorder
- F16.980** Hallucinogen use, unspecified with hallucinogen-induced anxiety disorder
- F18.180** Inhalant abuse with inhalant-induced anxiety disorder
- F18.280** Inhalant dependence with inhalant-induced anxiety disorder
- F18.980** Inhalant use, unspecified with inhalant-induced anxiety disorder
- F19.280** Other psychoactive substance dependence with psychoactive substance-induced anxiety disorder
- F19.980** Other psychoactive substance use, unspecified with psychoactive substance-induced anxiety disorder

Depression/Depressive Disorders

- F34.1** Dysthymic disorder (depressive personality disorder, dysthymia neurotic depression)
- F32.9** Major depressive disorder, single episode, unspecified
- F32.A** Depression, unspecified

Feeding and Eating Disorders/Elimination Disorders

- F50.89** Eating disorders, other (psychogenic vomiting)
- F50.9** Eating disorder, unspecified
- F98.0** Enuresis not due to a substance or known physiological condition
- F98.1** Encopresis not due to a substance or known physiological condition
- F98.3** Pica (infancy or childhood)

Impulse Disorders

- F63.9** Impulse disorder, unspecified

Neurodevelopmental Disorders

- F70** Mild intellectual disabilities
- F71** Moderate intellectual disabilities
- F72** Severe intellectual disabilities
- F73** Profound intellectual disabilities
- F79** Unspecified intellectual disabilities
- F80.4** Speech and language developmental delay due to hearing loss (code also hearing loss)
- F80.89** Other developmental disorders of speech and language
- F80.9** Developmental disorder of speech and language, unspecified
- F95.0** Transient tic disorder
- F95.1** Chronic motor or vocal tic disorder
- F95.2** Tourette's disorder
- F95.9** Tic disorder, unspecified

Obsessive-Compulsive and Related Disorders

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- F63.3** Trichotillomania/hair plucking
- F63.9** Impulse disorder, unspecified
- F98.8** Other specified behavioral and emotional disorders with onset usually occurring in childhood and adolescence (nail-biting, nose-picking, thumb-sucking)

Somatoform Disorders

- F45.41** Pain disorder exclusively related to psychological factors
- F45.42** Pain disorder with related psychological factors (code also associated acute or chronic pain (G89.-))
- F45.8** Other somatoform disorders (psychogenic hyperventilation, teeth grinding)

Trauma and Stressor-Related Disorders

- F43.0** Acute stress reaction
- F43.20** Adjustment disorder, unspecified
- F43.22** Adjustment disorder with anxiety
- F43.23** Adjustment disorder with mixed anxiety and depressed mood
- F43.29** Adjustment disorder with other symptoms
- F43.8** Other reactions to severe stress
- F43.9** Reaction to severe stress, unspecified

Substance-Related and Addictive Disorders:

If a provider documents multiple patterns of use, only one should be reported. Use the following hierarchy: use–abuse–dependence (eg, if use and dependence are documented, only code for dependence).

When a minus symbol (-) is included in codes **F10–F17**, a last digit is required. Be sure to include the last digit from the following list:

- 0 anxiety disorder
- 2 sleep disorder
- 8 other disorder
- 9 unspecified disorder

Alcohol

- F10.10** Alcohol abuse, uncomplicated (alcohol use disorder, mild)
- F10.20** Alcohol dependence, uncomplicated
- F10.21** Alcohol dependence, in remission

Cannabis

- F12.10** Cannabis abuse, uncomplicated (cannabis use disorder, mild)
- F12.18-** Cannabis abuse with cannabis-induced
- F12.19** Cannabis abuse with unspecified cannabis-induced disorder
- F12.20** Cannabis dependence, uncomplicated
- F12.21** Cannabis dependence, in remission
- F12.90** Cannabis use, unspecified, uncomplicated

Sedatives

- F13.10** Sedative, hypnotic or anxiolytic abuse, uncomplicated (use disorder, mild)
- F13.129** Sedative, hypnotic or anxiolytic abuse with intoxication, unspecified
- F13.14** Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced mood disorder
- F13.18-** Sedative, hypnotic or anxiolytic abuse with sedative, hypnotic or anxiolytic-induced

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- F13.21** Sedative, hypnotic or anxiolytic dependence, in remission
- F13.90** Sedative, hypnotic, or anxiolytic use, unspecified, uncomplicated

Stimulants (eg, Caffeine, Amphetamines)

- F15.10** Other stimulant (amphetamine-related disorders or caffeine) abuse, uncomplicated (use disorder, mild)
- F15.14** Other stimulant (amphetamine-related disorders or caffeine) abuse with stimulant-induced mood disorder
- F15.19** Other stimulant (amphetamine-related disorders or caffeine) abuse with unspecified stimulant-induced disorder
- F15.20** Other stimulant (amphetamine-related disorders or caffeine) dependence, uncomplicated
- F15.21** Other stimulant (amphetamine-related disorders or caffeine) dependence, in remission
- F15.90** Other stimulant (amphetamine-related disorders or caffeine) use, unspecified, uncomplicated

Nicotine (eg, Cigarettes)

- F17.200** Nicotine dependence, unspecified, uncomplicated (tobacco use disorder, mild, moderate or severe)
- F17.201** Nicotine dependence, unspecified, in remission
- F17.203** Nicotine dependence unspecified, with withdrawal
- F17.210** Nicotine dependence, cigarettes, uncomplicated
- F17.211** Nicotine dependence, cigarettes, in remission
- F17.213** Nicotine dependence, cigarettes, with withdrawal

Trauma- and Stressor-Related Disorders

- F43.22** Adjustment disorder with anxiety
- F43.23** Adjustment disorder with mixed anxiety and depressed mood
- F43.25** Adjustment disorder with mixed disturbance of emotions and conduct
- F43.29** Adjustment disorder with other symptoms
- F43.0** Acute stress reaction
- F43.8** Other reactions to severe stress
- F43.9** Reaction to severe stress, unspecified

Other

- F07.81** Postconcussional syndrome
- F07.89** Personality and behavioral disorders due to known physiological condition, other
- F07.9** Personality and behavioral disorder due to known physiological condition, unspecified
- F45.41** Pain disorder exclusively related to psychological factors
- F45.42** Pain disorder with related psychological factors (code also associated acute or chronic pain (**G89.-**))
- F48.8** Other specified nonpsychotic mental disorders (Neurasthenia)
- F48.9** Nonpsychotic mental disorder, unspecified
- F93.8** Childhood emotional disorders, other

Symptoms, Signs, and Ill-Defined Conditions

Use these codes in absence of a definitive mental diagnosis or when the sign or symptom is not part of the disease course or considered incidental.

- G44.201** Tension-type headache, unspecified, intractable
- G44.209** Tension-type headache, unspecified, not intractable
- G44.221** Chronic tension-type headache, intractable
- G44.229** Chronic tension-type headache, not intractable
- G47.9** Sleep disorder, unspecified

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K59.00	Constipation, unspecified
N39.44	Nocturnal enuresis
R00.0	Tachycardia, unspecified
R03.0	Elevated blood-pressure reading, without diagnosis of hypertension
R06.02	Shortness of breath
R06.4	Hyperventilation
R07.9	Chest pain, unspecified
R10.0	Acute abdomen pain
R11.0	Nausea
R11.11	Vomiting without nausea
R11.2	Nausea with vomiting, unspecified
R12	Heartburn
R14.1	Gas pain
R14.2	Eructation
R14.3	Flatulence
R19.7	Diarrhea, unspecified
R19.8	Other specified symptoms and signs involving the digestive system and abdomen
R45.0	Nervousness
R45.82	Worries
R45.83	Excessive crying of child, adolescent or adult
R45.89	Other symptoms and signs involving emotional state
R51	Headache
R63.3	Feeding difficulties
R63.4	Abnormal weight loss
R63.5	Abnormal weight gain
R68.89	Other general symptoms and signs

T56.0X1- Toxic effect of lead and its compounds, accidental (unintentional), initial encounter (requires a 7th digit –refer to the ICD manual)

Z Codes

Z codes represent reasons for encounters. Categories **Z00–Z99** are provided for occasions when circumstances other than a disease, injury, or external cause classifiable to categories **A00–Y89** are recorded as 'diagnoses' or 'problems'. This can arise in 2 main ways.

- When a person who may or may not be sick encounters the health services for some specific purpose, such as to receive limited care or service for a current condition, to donate an organ or tissue, to receive prophylactic vaccination (immunization), or to discuss a problem is in itself not a disease or injury.
- When some circumstance or problem is present which influences the person's health status but is not in itself a current illness or injury.
- When a social determinant of health is identified during an encounter and it is either addressed or shown to complicate the encounter, it should be coded.

Z13.4	Encounter for screening for certain developmental disorders in childhood (not for routine screen)
Z13.89	Encounter for screening for other disorder (anxiety)
Z59.00	Homelessness unspecified
Z59.5	Extreme poverty
Z59.6	Low income

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Z59.7	Insufficient social insurance and welfare support
Z59.8	Other problems related to housing and economic circumstances
Z60.3	Acculturation difficulty
Z60.4	Social exclusion and rejection
Z60.5	Target of (perceived) adverse discrimination and persecution
Z60.9	Problem related to social environment, unspecified
Z62.21	Foster care status (child welfare)
Z62.6	Inappropriate (excessive) parental pressure
Z62.810	Personal history of physical and sexual abuse in childhood
Z62.811	Personal history of psychological abuse in childhood
Z62.812	Personal history of neglect in childhood
Z62.819	Personal history of unspecified abuse in childhood
Z62.820	Parent-biological child conflict
Z62.821	Parent-adopted child conflict
Z62.822	Parent-foster child conflict
Z63.31	Absence of family member due to military deployment
Z63.32	Other absence of family member
Z63.4	Disappearance and death of family member
Z63.5	Disruption of family by separation and divorce
Z63.72	Alcoholism and drug addiction in family
Z63.8	Other specified problems related to primary support group
Z65.3	Problems related to other legal circumstances
Z71.89	Counseling, other specified
Z71.9	Counseling, unspecified
Z72.0	Tobacco use
Z81.0	Family history of intellectual disabilities (conditions classifiable to F70–F79)
Z81.8	Family history of other mental and behavioral disorders
Z86.2	Personal history of diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism
Z86.39	Personal history of other endocrine, nutritional and metabolic disease
Z86.59	Personal history of other mental and behavioral disorders
Z86.69	Personal history of other diseases of the nervous system and sense organs
Z87.09	Personal history of other diseases of the respiratory system
Z87.19	Personal history of other diseases of the digestive system
Z87.798	Personal history of other (corrected) congenital malformations
Z87.820	Personal history of traumatic brain injury
Z88.9	Allergy status to unspecified drugs, medicaments and biological substances status
Z91.010	Allergy to peanuts
Z91.013	Allergy to seafood
Z91.030	Bee allergy status
Z91.038	Other insect allergy status
Z91.09	Other allergy status, other than to drugs and biological substances
Z91.14	Patient's other noncompliance with medication regimen
Z91.19	Patient's noncompliance with other medical treatment and regimen

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