

Initial Approaches to Addressing Behavioral & Emotional Concerns in Primary Care

Reflection & Action – Take 2

(To be completed after sessions with preceptor)

Now that you have heard about ways to integrate mental health into your continuity clinic visits and strategies for communicating this with families, go through your patient panels this month. Use the AAP's mental health toolkit or Bright Futures to answer the following questions.

- a. What types of health promotion/prevention could you have integrated into your visits? What types of anticipatory guidance can you add to the visits regarding mental health promotion?

- b. Are there screening tools you could have used for some of these visits?

- c. Did any mental health concerns come up during any of your visits? If so, how did you handle it? How would you handle them now?