

Initial Approaches to Addressing Behavioral & Emotional Concerns in Primary Care

Reflection & Action

STEP 1: Think back to a patient you saw in clinic where there was a mental health concern.

a. What was your initial reaction (or feelings, or gut reaction) when you heard about this concern?

b. How did you handle the concern?

c. How comfortable were you in caring for this child?

STEP 2: Management of this patient.

a. What do you think was your role in caring for this child?

b. How did you manage this patient? Was there follow up?

c. How comfortable were you in caring for this child?

STEP 3:

Construct a question for your facilitator in regard to this patient.