

Connecting Families to Community Resources
Basic Needs Referral Resource Template
March 2016

Connecting Families to Community Resources

Resources and services are often available in the local community to help families with basic needs such as food, housing, utilities, and temporary financial assistance. The following template is a tool for practices to begin identifying the local resources that are available in their local community, for making family referrals.

The template includes example questions that can be asked, when discussing basic needs with families.

When completing the template, practices can prioritize which categories to complete, based on their local community and practice needs.

Links to national and state resources are provided to help assist with finding local resources. These resources may not be available in every community.

Please contact cocp@aap.org with questions, or to provide feedback about this template.

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Food Security	
Example Questions <ul style="list-style-type: none"> • Do you ever have a time when you don't have enough food? • Do you have WIC? Do you have Food stamps? • Do you need help in getting food by the end of the month? • In the last year, did the food you bought just not last and you didn't have money to get more? 	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
Project Share (meals for low income and homeless) 1515 Yale SE, Albuquerque 87106; 242-5677	State WIC contacts
East Central Health and Social Services Center (emergency food boxes, also diapers, rent, and utility assistance, referrals to other agencies) 217 San Pablo SE, Albuquerque 87108, 256-2070;	SNAP application and local office locator
Church of God NM , 4923 Prospect NE, Albuquerque 87110, 505-889-2939 -You must call to reserve a box. Food distributed the last Sunday of the month at 10:00AM. -Needed: photo ID	National School Lunch Program Application
Holy Ghost Parish , 833 Arizona SE, Albuquerque, NM 87108, 265-5957 -Food for people with an address in the 87108 or 87123 ZIP codes. Boxes given on Saturdays 9:00AM to 12:00PM	Free Summer Meals Site Locator
Queen of Heaven Parish , 5311 Phoenix Ave NE, Albuquerque 87110, 431-2076 -Food only for people with an address located: South of Osuna, North of Indian School, West of Louisiana, and East of Edith. Boxes given the 2nd Saturday of the month at 10:00AM.	Healthy Foodbank Hub/Foodbank Locator
Sacred Heart Parish , 309 Stover Ave. NW, Albuquerque 87102, 242-0561 -Needed: verification of your address (PNM bill, lease, etc.)	Child and Adult Care Food Program
The Store House (food, clothing), 106 Broadway SE, Albuquerque 87102, 505-842-6491 -Needed: Photo I.D., birth certificates of children, lease, PNM or gas bill	

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<p>La Mesa Presbyterian Church (food boxes), 7401 Copper NE, Albuquerque 87108, 255-8095 -No documents needed</p>	
<p>First Unitarian Church (food boxes), 3701 Carlisle BLVD NE, Albuquerque 87110 -No documents needed</p>	
<p>Rio Grande Food Project at Rio Grande Presbyterian Church (food boxes), 600 Coors BLVD NW, Albuquerque 87121 -Needed: Photo I.D., birth certificates for children, lease, PNM or gas bill</p>	
Health Insurance	
<p>Example Questions</p> <ul style="list-style-type: none"> • Does your health insurance cover your children’s needs? • Do you need help with the cost of prescriptions or other medical needs? • Do you have trouble getting to doctor’s appointments because of lack of transportation? 	
<p>Your Local Resources <i>(add your local resources and helpful notes/comments)</i></p>	<p>National and State Resources</p>
<p>APS Medicaid enrollment, Brian Bolding, 855-5261</p>	<p>State by State Medicaid and Children’s Health Insurance Program Information</p>
<p>Casa de Salud (low-cost care), 1608 Isleta SW, Albuquerque 87105, 907-8311</p>	<p>Healthcare.gov</p>
<p>One Hope/Centro de Vida Health Center (help navigating health care, community garden, food co-op), 123 Vermont NE, Albuquerque 87108; Lidia Regino, 507-4391</p>	
<p>Southeast Heights Family Health, 8200 Central SE, Albuquerque 87108, 272-5885</p>	
<p>First Nations Community Healthsource (primary care, WIC, behavioral health, traditional healing, case mgmt.), 5608 Zuni SE, Albuquerque 87108, 262-2481</p>	

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<p>Midtown Public Health Center (substance abuse, HIV, STD, TB testing and treatment) [soon to move back to 7525 Zuni SE 87108, 841-8928], 2400 Wellesley NE, Albuquerque 87107, 841-4100</p>	
<p>Celebration Dental and Braces, 1625 Rio Bravo SW, Albuquerque 87105, 431-4260</p>	
<p>First Choice Community Dental , 200 North Centro Familiar, Albuquerque 87105, 505-873-7423 - Several other centers in Albuquerque, Belen, Los Lunas</p>	
Housing and Utilities	
<p>Example Questions</p> <ul style="list-style-type: none"> • Is your housing ever a problem for you? • Do you think you are at risk of being homeless? • Do you ever have trouble paying your electric/ heat/ telephone bill? 	
<p>Your local resources <i>(add your local resources and helpful notes/comments)</i></p>	<p>National and State Resources</p>
<p>Albuquerque Public Schools Title I Homeless Project (family support), Patrick Scott at APS, 256-83239, ext. 1</p>	<p>US Department of Housing and Urban Development Resource Locator Includes information to apply for public housing, affordable housing and identify state homeless resources.</p>
<p>Albuquerque Housing Services (public housing, help with rent) 1840 University SE, Albuquerque 87106, 764-3920</p>	<p>National Coalition for the Homeless Directory of state homeless advocacy and service organizations</p>
<p>Bernalillo County Housing (apply for public housing) 1900 Bridge SW, Albuquerque 87105, 314-0200 - Needed: Photo I.D., birth certificates of children, lease, PNM or gas bill</p>	<p>The Low Income Home Energy Assistance Program Application Federal energy assistance program assists low-income households with heating/energy assistance.</p>

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Catholic Charities (rent assistance), 3301 Candelaria NE, Albuquerque 87107, 724-4370	
Family Promise (temporary housing, day center for homeless, job counseling), 808 Edith NE, Albuquerque 87102, 505-268-0331	
Community Housing Resources Inc. (transitional housing) 445 Alcazar SE, Albuquerque 87108	
Education	
Example Questions <ul style="list-style-type: none"> • How is your child doing in school? • Is he/she getting the help to learn what he/she needs? • Is your child in Head Start, preschool, or other early childhood enrichment? • Does your child have a learning disability or trouble in school? 	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
Therapeutic Inclusive Recreation Program (services for children and adults with disabilities), Maggie Silva, 764-1525	Early Head Start and Head Start Program Locator
LULAC Upward Bound (tutoring), 400 Gold SW, Albuquerque 87102, 243-3787	National Center for Homeless Education Helpline Assistance for homeless families with issues including school enrollment, transportation and other school-related issues.
Truancy Prevention and Intervention , APS: Magaly Thompson, 382-7920	YMCA (out of school education programs may be available)
YDI Headstart (Headstart and Early Headstart; also GED), 8000 Mountain Rd. NE (and other locations), 212-7335 - Needed: birth certificate, proof of immunizations, income for the past 12 months.	Healthy Child Care America

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<p>Native American Professional Parent Resources, Inc.(NAPPR) (Headstart and early Headstart) esp. for Native American children 5407 4th NW, Albuquerque 87107, 341-9013</p>	<p>Family Voices (special health care needs/disabilities)</p>
<p>Albuquerque GED 419 Pennsylvania St SE, Albuquerque 87108, (505) 907-9957</p>	<p>National Center for Learning Disabilities (Includes parent advocacy and support resources)</p>
<p>Educational Opportunity Center, UNM (College prep, GED, college financial aid), Jenny Quiñonez, 277-0350</p>	<p>Federal Student Aid (College Planning)</p>
<p>Albuquerque Business Education Compact (ABEC; child literacy), call Paula Delap-Padilla, 767-5849 (abec2001ATyahoo.com)</p>	
<p>Literacy New Mexico (literacy resources and lists from NM Public Education Dept.)</p>	
<p>New Mexico Coalition for Literacy (adult literacy), 3209 Mercantile Ct., Santa Fe 87507, 505-982-3997</p>	
<p>Cuidando Los Niños (daycare and support for homeless families w/ children): 1500 Walter SE, Albuquerque 87102, 843-6899</p>	
<p>Southwest Childcare (24 hour daycare, takes CYFD) 11802 Wyoming NE 296-3121; 2626 Texas St NE, 293-2626</p>	
<p>CYFD Child Care Assistance, 3401 Pan American FWY NE, Albuquerque 87107, 505-841-4802</p>	
<p>Hispano Chamber of Commerce (Classes on computing, resume writing, interviewing) ,1309 4th Street SW, Albuquerque 87102, 842-9003 - call Nancy for classes, 842-9003</p>	

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Violence Prevention/Bullying/Personal Safety	
Example Questions <ul style="list-style-type: none"> • Are there persons in your family dealing with mental health issues? • Do you (and all family members) feel safe in your home? • Is your child subject to bullying at school because s/he can't afford what other children have? • Do you sometimes find you need to hit/spank your child? 	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
NM Children, Youth and Family Department (foster care, probation, child abuse, elder abuse), 1031 Lambertson Pl. NE, Albuquerque , 841-7800 (usual) 855-333-7233 (abuse hotline)	National Domestic Violence Hotline 1-800-799-SAFE (7233)
NM Coalition against Domestic Violence (support for those subject to domestic violence), 201 Coal SW, Albuquerque 87102	PACER's National Bullying Prevention Center
New Mexico Suicide Prevention Coalition (Suicide Counseling, Crisis hotline, support group information), 401-932 SUICIDE CRISIS HOTLIINE: 1-800-273-8255	National School Climate Center
Legal Issues	
Example Questions <ul style="list-style-type: none"> • Does your family need a lawyer to help with problems with your landlord, taxes, loans, immigration, or guardianship? 	
Your Local resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
Family Legal Assistance Group (legal help for low-income people), 301 Gold SW, Albuquerque 87102, 505-256-0417	American Bar Association Consumers' Guide to Legal Help
New Mexico Legal Aid , 301 Gold SW, Albuquerque 87102, 243-7871	National Center for Medical Legal Partnership
Pegasus Legal Services for Children , 3201 4th NW, Albuquerque 87107, 244-1101	

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Immigration	
Example Questions <ul style="list-style-type: none"> Does your family have any legal concerns related to immigration, such as fear of being deported or difficulty getting the services your family needs? 	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
NM Asian Family Center (family services, legal support for Asian families), 128 Quincy NE, Albuquerque 8710, 717-2877	State Legal Resources for Immigrant Children and Families State by state directory of organizations that provide legal assistance to immigrant families.
Immigrant Resource Center, Encuentro 714 4th SW, Albuquerque 87102, 247-0463	National Immigration Law Center education resources for immigrants about public benefits and immigration status issues
Immigrant and Refugee Village of Abq. (immigrant family support), Lungile Sinandile, 303-306-8822	
Women's Global Pathways , Nkazi Sinandile at La Mesa Presbyterian Church, 7401 Copper NE, Albuquerque 87108, 255-8095	
Literacy	
Example Questions <ul style="list-style-type: none"> Do you have a high school degree? Do you read to your child every night? How happy are you with how you read? 	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
Albuquerque Public Library (books, computers, reference librarians, homework help); closest is San Pedro Library 5600 Trumbull SE, Albuquerque 87108, 256-2067	Reach Out and Read Program Finder
Reach Out and Read at UNM Hospital and Young Children's Health Center , 306 San Pablo SE, Albuquerque 87108, 272-9242	YMCA (literacy programs may be available for children and adults)

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	Community Action Agencies Across America (state by state agencies may provide support with Adult Basic Education, job training and employment)
Substance Abuse and Mental Health	
<p>Example Questions</p> <p>Do you often feel under extreme stress?</p> <p>In the past month, have you often felt down, depressed, or hopeless?</p> <p>In the past month, have you felt very little interest or pleasure in things you used to enjoy?</p> <p>Do you or does anyone else in your home have a problem with alcohol?</p> <p>In the past year, have you felt the need to cut back on drinking or drug use?</p>	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
ENLACE Los Compañeros , Evelyn Bonilla Martinez, 277-9632	SAMHSA Behavioral Health Treatment Services Locator 1-800-662-HELP (4357) Free 24/7 hotline for individuals and family members facing substance abuse and mental health issues. English and Spanish language.
Love Inc. (resource referral; also money management), 8011 Central NE, Albuquerque 87108, 255-5683	National Alliance for the Mentally Ill (NAMI)
NM Veterans' Integration Center (mental health services for veterans, help for homelessness), 13140 Central SE, Albuquerque 87123, 296-0800	National Disability Rights Network
Centro Savila (Spanish language family therapy, case mgmt., help signing p for Medicaid, substance abuse treatment), 1317 Isleta SW, Albuquerque 87105	
UNM Albuquerque Metropolitan Central Intake (substance abuse assessment and referral), 3121 Amherst NE, Albuquerque 87107, 272-9033	

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<p>Samaritan Counseling Center of Albuquerque (abuse counseling, family counseling, divorce counseling, mental health counseling, sexual abuse counseling, etc.), 1101 Medical Arts Ave. NE Bldg. #3 87102, 842-5300 -Fees are on sliding scale and vary with each service</p>	
<p>National Alliance on Mental Illness New Mexico, 8015 Mountain Rd NE Albuquerque 87110, General Mental Health Information/Education, Mental Health hotlines, Mental Health Information/Education, Mental Health Support Services), 260-0154 -Memberships available, Free Meetings, Spanish available</p>	
<p>New Mexico Family Network (self-help and advocacy for children with behavioral differences, behavior modification), 1101 Cardenas NE Suite 101 87110, 265-0430 -Parent-run, services free</p>	
<p>Outcomes, INC. (Abuse Counseling, Early Intervention for Mental Illness, Family Counseling, Group Counseling, Individual Counseling, Mental Illness/Emotional Disabilities, Parent Counseling, Parenting Education, Psychiatric Disorder Counseling.), 1503 University Blvd. NE 87102 243-2551 -sliding scale</p>	
Injury and Illness Prevention	
<p>Your Local Resources <i>(add your local resources and helpful notes/comments)</i></p>	<p>National and State Resources</p>
	<p>Healthy Child Care America Safe Sleep Campaign information and materials for families.</p>
	<p>American Lung Association State Tobacco Cessation Coverage information and national quit line.</p>
	<p>Safe Kids Coalition State coalitions hold safety events including car seat checkups community events, educational workshops and sport safety clinics.</p>

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	Cribs For Kids State partner network provide safe sleep education and many provide portable cribs to those who qualify.
Additional Resources	
Your Local Resources <i>(add your local resources and helpful notes/comments)</i>	National and State Resources
Salvation Army , 4501 Silver SE, Albuquerque 87108 (substance abuse treatment, food assistance, family advocacy, clothes), 881-4293	Benefits.gov Official benefits website of the U.S. government includes information for citizens to identify benefits that they may be eligible to receive, and application information.
Catholic Charities (rent assistance, tutoring, refugee assistance), 3301 Candelaria NE, Albuquerque 87107, 724-4370	United Way 211 Free national telephone service that helps identify health and human services.
Central New Mexico Community College (ESL classes, library, GED, low cost college classes), 900 University SE, Albuquerque 87106, 224-3000	Community Action Agencies Across America (State by state network of Community Agencies that serve low-income and poor. Services may include help with emergency assistance, food and nutrition, Adult Basic education and employment, housing, money management, and transportation.
International District Healthy Communities Coalition (community education, networking, community health), Enrique Cardiel, 925-7303 - email Enrique Cardiel ecardielATberncogov	US Department of Labor State Unemployment Insurance Benefits
New Mexico Human Services Dept. (Income support, TANF, SNAP, LIHEAP, etc., 1711 Randolph Rd. SE, Albuquerque 87106, 383-2600	State Public Health Departments
Albuquerque city community centers (22 in all, closest listed: exercise, children's summer programs, referrals, etc.): Whittier CC, 1100 Quincy SE, 87108, 256-2093; Cesar Chavez CC, 7505 Kathryn SE 87108, 256-2680; Loma Linda CC, 1700 Yale SE 87106, 764-1525; Heights CC, 823 Buena Vista SE 87106, 848-1334; Highland Senior Citizen Center, 131 Monroe NE 87108, 256-2000.	National Diaper Bank Network

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Computer labs available at city libraries, Senior Centers, YCHC	
The Assistance League (clothing assistance, aid for abuse and assault victims, women's employment), 5211 Lomas NE, Albuquerque 87110, 265-0619	
St. Vincent de Paul Society , 4120 Menaul Blvd NE, Albuquerque 87110, 346-1500 ex. 4	
Noonday Ministries (services for the homeless), 2400 2nd NW, Albuquerque 87102, 246-8001	
Home Education Livelihood Program (HELP-NM; help with rent, utilities; child care assistance, special needs housing, job and on-the-job training, financial literacy, etc.), 5101 Copper NE, Albuquerque, 505-265-3717	