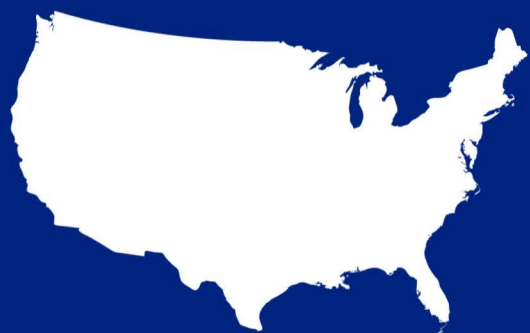


Suicide Among Youth and Young Adults: What Pediatricians Should Know

Suicide is the 2nd leading cause of death among US youth and young adults, ages 15-24



Heron, M. Deaths: Leading Causes for 2017. National Vital Statistics Reports, Vol. 68(6). Hyattsville, MD. National Center for Health Statistics, 2019.

Teen Suicide Rates Differ by Gender

17.9

5.4

*deaths per 100,000 youth ages 15-19, 2017



Young Men



Young Women

CDC National Center for Injury Prevention and Control. WISQARS Fatal Injury Reports. Accessed from: <https://webappa.cdc.gov/sasweb/ncipc/mortrate.html>

41%

Increase in suicide rates among US youth and young adults ages 15-24, 2000-2017



Hedegaard H, Curtin SC, Warner M. Suicide rates in the United States continue to increase. NCHS Data Brief. 2018;(309):1-8

Common Risk Factors



Mental Health Conditions (eg, depression, substance use)

Stressful Events (eg, bullying, trauma)



Personal History (eg, previous attempts, ideation)

Family History (eg, suicide, abuse, neglect)



Access to Lethal Means (eg, firearms, drugs)

Bilsen, J. Suicide and Youth: Risk Factors. (2018) *Frontiers in Psychiatry* 9: 540. doi: 10.3389/fpyst.2018.00540

