

# **AAP Anxiety and Depression ECHO**

In partnership with the National Training and Technical Assistance Center for Child, Youth and Family Mental Health (NTTAC), the American Academy of Pediatrics is recruiting up to 40 primary care providers to join a 6-month learning collaborative. The goal of this ECHO is to build the capacity of primary care providers to provide quality behavioral and mental health care within the medical home setting, with a focus on anxiety and depression.

Pediatric providers will engage in the ECHO (Extension for Community Healthcare Outcomes) model<sup>™</sup>, a telementoring platform that leverages video conference technology to connect experts with primary care teams in local communities, fostering an "**all teach, all learn**" approach. This program differs from a traditional webinar in that all attendees actively participate and learn from each other.

#### Benefits of participating:

- ✓ Improve access to quality care for patients affected by childhood anxiety and depression
- ✓ Increase knowledge regarding best practices for identifying and treating children to manage anxiety and depression
- ✓ Network and problem solve with others
- ✓ Participating pediatricians will have the opportunity to earn American Board of Pediatrics Part 2 Maintenance of Certification (MOC) credit) as well as continuing education credits

### Who should apply:

- ✓ Pediatricians
- ✓ Physician Assistants
- ✓ Nurse Practitioners
- ✓ Nurses
- ✓ Social Workers

#### August 2021

- Submit online registration
- Receive onboarding materials

#### August 2021 -February 2022

- Attend monthly ECHO sessions
- Prepare a case review form
- Complete post session surveys

## February 2022

 Complete post ECHO evaluation survey

ECHO sessions will be held on the 2  $^{nd}$  and 4  $^{th}$  Wednesday of each month from 12:00pm - 1:00pm CT.

The first ECHO session will be held on Wednesday, August 25, 2021

#### **Interested?**

Register online by **August 20, 2021,** by clicking <u>here.</u>
For more information, contact Lisa Brock at <u>lbrock@aap.org</u>



This event is being provided by the National Training and Technical Assistance Center for Child, Youth, and Family Mental Health (NTTAC) and is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). For more info about NTTAC, visit <a href="https://www.nttacmentalhealth.org">www.nttacmentalhealth.org</a>.