2021
Pediatric Obesity Management:
Evidence-based Strategies and Practical Approaches

Sponsored by the American Academy of Pediatrics (AAP) Section on Obesity

APRIL 10, 2021
2021 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches

COURSE DESCRIPTION
As pediatric obesity has continued to worsen nationally and during the pandemic; a need has emerged to equip clinicians with more skills to effectively manage and help their patients. Over the past several years, evidence-based obesity management strategies and treatments and impact of racism and toxic stress on pediatric obesity have emerged. This course is designed for pediatricians, family physicians and pediatric allied health professionals seeking to improve their skills in obesity assessment and management. This educational experience combines selected pre-conference readings, expert panels, workshops and didactic training sessions for an engaging and comprehensive training.

LEARNING OBJECTIVES
At the end of the course learners will be able to:
- screen for illness associated with overweight and obesity
- understand the racial and ethnic disparities in the prevalence, treatment, and pathophysiology of pediatric obesity
- discuss the impact of COVID-19 on pediatric obesity
- implement strategies to bring about positive behavior change
- refer children with severe obesity appropriately to specialized care
- provide nutrition and activity counseling

For more information contact Mala Thapar at mthapar@aap.org | 630-626-6284

REGISTRATION
Physician, Allied Health Professional, Other: $175
Trainee (Medical Student, Resident, Fellowship): $50
Register online at: shop.aap.org/live-activities

Cancellation Policy
We understand that your ability to participate in the virtual course may change even up to the day of the course. Therefore, we will offer full refunds for cancellations through 11:59pm CT, April 9, 2021. Cancellation requests must be sent to: registration@aap.org
2021 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches
Course Schedule: 8:00 a.m.—4:00 p.m. CT

8:00 am  Welcome and Introductions
Course Director: Stephanie Walsh, MD, FAAP
SOOb Chair: Natalie Digate Muth, MD, MPH, RDN, FAAP

8:10 am  The Pathophysiology of Obesity
Faculty: Valerie O’Hara, DO, FAAP
Gitanjali Srivastava, MD, MPH, FAAP

9:45 am  Disparities, Racism, and the Impact on Obesity in Pediatrics
Faculty: Fatima Cody Stanford, MD, MPH, MPA, FAAP

10:45 am  Break

10:55 am  COVID-19 and Obesity Management
Faculty: Sandra Hassink, MD, FAAP

10:55 am  Break

11:25 am  Case-based Learning: Assessment and Comorbidities of Obesity
Moderator: Christopher Bolling, MD, FAAP
Faculty: Fatima Cody Stanford, MD, MPH, MPA, FAAP
Matthew Haemer, MD, MPH, FAAP
John Rausch, MD, MPH, FAAP

12:25 pm  Lunch

12:45 pm  Counseling During a Brief Clinical Encounter:
A Workshop
Faculty: Sarah Armstrong, MD, FAAP

1:45 pm  Strategies for Severe Obesity
Faculty: Claudia Fox, MD, FAAP
Kirk Reichard, MD, MBA, FAAP, FACS

2:45 pm  Break

2:50 pm  Obesity Case Panel: Putting it all Together
Moderator: Matthew Haemer, MD, MPH, FAAP
Faculty: Claudia Fox, MD, FAAP
Valerie O’Hara, DO, FAAP
Gitanjali Srivastava, MD, MPH, FAAP

3:50 pm  Keep it Going!
Course Director: Stephanie Walsh, MD, FAAP

4:00 pm  Adjourn
CONTINUING MEDICAL EDUCATION CREDIT

- The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
- The AAP designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 7.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 7.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 7.0 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, (0 related to psychopharmacology) (0 related to controlled substances), per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

MOC PART 2 STATEMENT

- Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 7 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

DISCLOSURE OF FINANCIAL RELATIONSHIPS AND RESOLUTION OF CONFLICTS OF INTEREST

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual’s confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve “off-label” use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

The content of this CME activity (OR STATE these CME activities) does not necessarily reflect the views or policies of the AAP.
Registration Form

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Virtual Course
Saturday, April 10, 2021

PLEASE TYPE OR PRINT

NAME
FIRST NAME LAST NAME (SURNAME) MD, DO, OTHER (SPECIFY)

ADDRESS

CITY/STATE/PROVINCE

ZIP CODE/POSTAL CODE/COUNTRY CELL NUMBER

E-MAIL ADDRESS AAP ID#
(REQUIRED TO RECEIVE PRE/POST-COURSE SELF ASSESSMENT QUESTIONS)

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<th>REGISTRATION FEES (U.S. CURRENCY)</th>
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CARD NUMBER
EXPIRATION DATE

PRINT NAME AS IT APPEARS ON CARD
Or checks may be made payable to the American Academy of Pediatrics.
(United States only)

CHECK NUMBER AMOUNT

Please do not send currency.