

## NRP 8th Edition Busy People Update #2—May 2021

In June 2021, the American Academy of Pediatrics (AAP) and American Heart Association (AHA) will release the 8th edition of the Neonatal Resuscitation Program® (NRP®).

See the Busy People Update #1 on the [NRP web page](#) for this information:

- NRP 8th edition practice changes
- Revised content of the *Textbook of Neonatal Resuscitation*, 8th edition
- The NRP 8th edition Algorithm
- The NRP 8th edition curriculum and the 2 categories of NRP provider (Essentials and Advanced)
- Two learning methodologies (instructor-led courses and RQI® for NRP®)
- Two recommended instructor-led course formats

Busy People Update #2 includes the following information:

- NRP 8th edition pricing information
- How the transition from the NRP Learning Management System from HealthStream to RQI Partners will occur, including information about what customers should do with 7th edition licenses
- Revised NRP 8th edition instructor eligibility requirements
- Revised NRP 8th edition instructor maintenance requirements
- How NRP 8th edition learners attain and maintain Essentials and Advanced provider status in hospitals that use instructor-led courses and in hospitals that use RQI for NRP

### NRP 8th Edition Pricing Information

The AAP now offers special introductory pricing for the NRP 8th edition. The NRP 8th edition licenses are available only through RQI Partners, and customers may request quotes and submit preorders for 8th edition instructor-led course licenses from RQI Partners. For detailed pricing information, go to *Pricing and Pre-Order Information* (<https://downloads.aap.org/DOICH/NRP%20Pricing%20and%20Pre-Order%20Information.pdf>)

### The Transition from 7th Edition to 8th Edition NRP

The new NRP Learning Platform™ with 8th Edition content will go live in June. The platform will be powered by the company, RQI Partners.

The current NRP Learning Management System (LMS) hosted by HealthStream and 7th edition content will remain active until December 31, 2021. HealthStream will continue to support, service, and sell 7th edition licenses for NRP until December 31, 2021. Any unused 7th edition licenses that customers may have will become 8th edition licenses, at no cost, on January 1, 2022. All 7th edition completion data and eCards will be imported into the new learning platform.

For more information about this transition, click here ([https://downloads.aap.org/DOICH/Joint%20Statement%20NRP%20Transition\\_3-17-21\\_AC.pdf](https://downloads.aap.org/DOICH/Joint%20Statement%20NRP%20Transition_3-17-21_AC.pdf))

## NRP 8th Edition Instructor Eligibility Requirements

Eligibility criteria for becoming an NRP 8th edition instructor have changed in one important way. Note that eligible instructor candidates must have experience in hospital care of the newborn in the hospital setting, but that experience no longer needs to be in the delivery room. In particular, this change was made so that children's hospitals have a means to access NRP instructors for their setting. The NRP is designed for hospital delivery room resuscitation and instructor eligibility requirements continue to reflect that construct:

- Instructor candidates must have a current NRP 7th edition Provider Card or NRP 8th edition Advanced Provider status.
- An NRP instructor candidate must be a physician, registered nurse/nurse practitioner, respiratory therapist, or physician assistant with experience in the hospital care of newborns.
- The NRP instructor candidate must have current maternal-child educational or clinical responsibility within a hospital setting.
- It is recommended that NRP instructors and instructor candidates have ongoing delivery room experience.

### NRP Advanced providers who wish to become NRP instructors follow this path:

- Apply to be an instructor candidate by submitting an application to the AAP.
- Within 30 days of your application approval, log into your NRP account and enroll in the NRP 8th edition Instructor Candidate Curriculum.
- Complete the NRP Instructor Course.
- Review the NRP Instructor Toolkit content.
- Successfully complete the 3-part NRP Instructor exam.
- Complete the course evaluation.
- Choose an Instructor Mentor and co-teach 3 NRP provider courses under the mentor's guidance. At least one of the 3 courses should include a discussion using the "Debrief the Debrief" form.

## NRP 8th edition Instructor Maintenance Requirements

An NRP instructor in good standing remains an NRP instructor if the requirements to maintain instructor status are met before the instructor renewal date, which is every 2 years. NRP Instructors at an RQI for NRP hospital should maintain their Essentials eCredential.

- Maintain current knowledge and skills of neonatal resuscitation. For example, participate in NRP activities such as reading the *Instructor Update* newsletter, serving as an instructor mentor, reviewing materials in the Instructor Toolkit, viewing NRP Live webinars, etc.
- Teach or co-teach at least 2 instructor-led events during the 2-year renewal period.
- Renew purchase of the Instructor Renewal Curriculum.
- Review the NRP 8th edition Instructor Course.
- Pass the NRP Instructor Exam (3 parts).
  - Online Learning Assessment
  - NRP Advanced Exam (35 questions) with 80% passing score
  - Instructor-specific questions (20 questions) with 85% passing score

If an instructor's status expires prior to meeting these maintenance requirements, they must meet the current in-

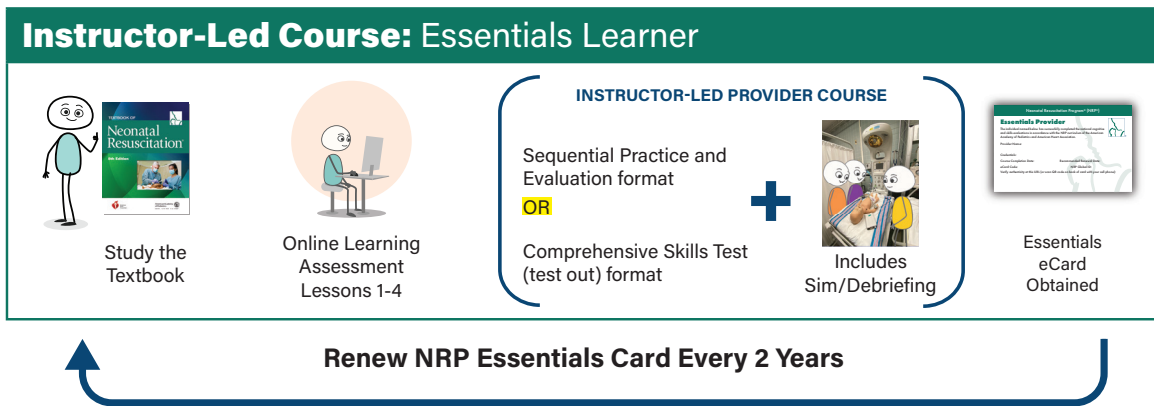
structor eligibility requirements, apply to be an instructor candidate, and complete all NRP current edition requirements to attain instructor status.

### How NRP Learners Attain Essentials or Advanced Provider Status

Most hospitals use instructor-led courses to teach NRP. Some hospitals already use RQI quality improvement programs, offered by the company RQI Partners, for life support education and may add the RQI for NRP to their RQI offerings. However, no hospital is required to use the RQI for NRP program to conduct NRP training, and may continue the instructor-led (traditional) delivery method for the 8th edition.

#### Instructor-led Course: Attaining NRP Essentials Provider Status

This is how an NRP Essentials learner proceeds through the learning process using an Instructor-led course:

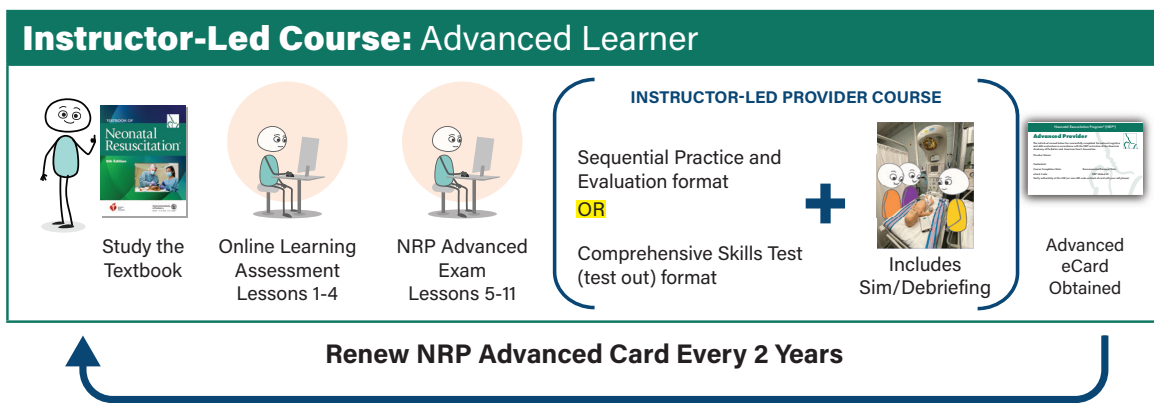


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- The learner studies the textbook Lessons 1 through 4 and completes the Online Learning Assessment. Within 90 days of completing the Learning Assessment, the learner attends an instructor-led Essentials course, either in the sequential practice and evaluation format or, if the learner is an expert, they may opt to test out (if the hospital's NRP offers that option).
- After learners successfully complete their skills assessment, they proceed to simulation and debriefing, and receive their Essentials eCard. The Essentials Provider status is renewed every 2 years.

#### Instructor-led Course: Attaining NRP Advanced Provider Status

This is how an Advanced learner proceeds through the learning process using an Instructor-led course:



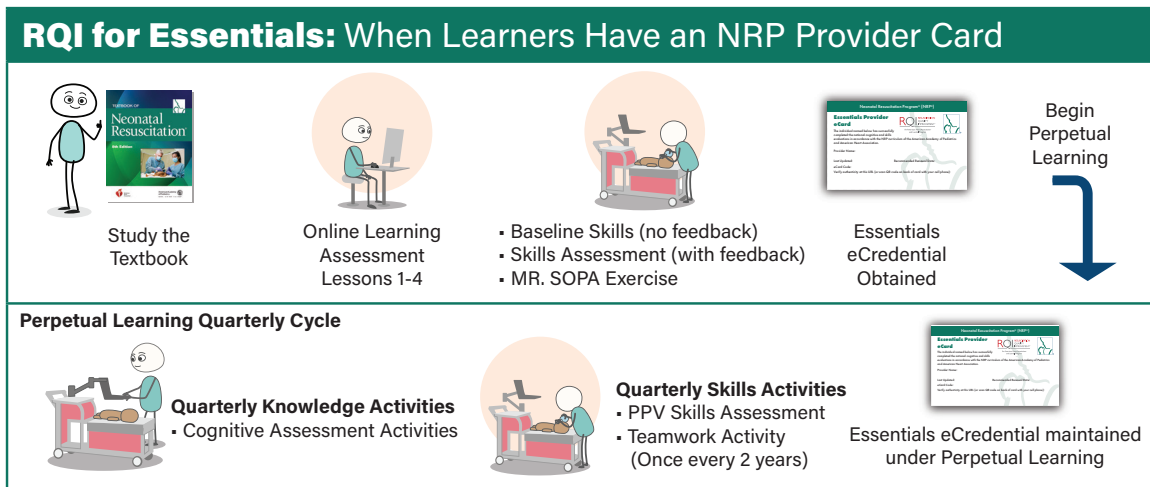
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- The NRP Advanced learner follows the same track as the Essentials learner, with one exception. After completing the Online Learning Assessment, the NRP Advanced learner is required to take the NRP Advanced Exam (35

questions relevant to material in Lessons 5 through 11). Then, within 90 days, the learner completes an Instructor-led Advanced course and attains an Advanced eCard. The Advanced Provider status is renewed every 2 years.

### RQI for NRP: Attaining NRP Essentials Provider Status—the Learner Has an NRP Card (RQI Entry)

If the learner already has an NRP Provider card, this is how the learner enters RQI for NRP in institutions that use RQI for NRP to attain and maintain status as an NRP Essentials provider. This process is called RQI for NRP Entry.

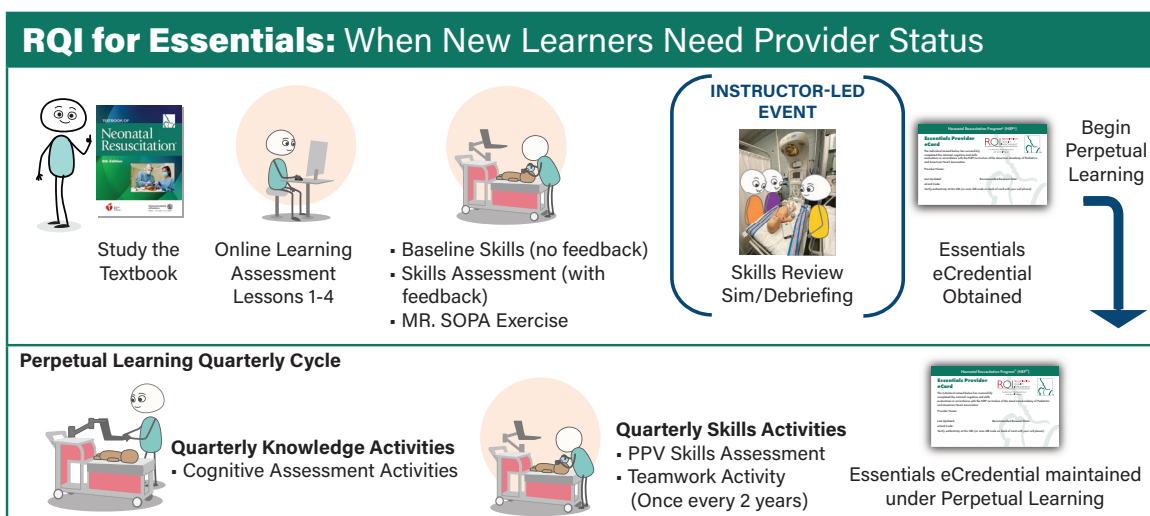


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- The learner studies the textbook lessons 1 through 4 and completes the Online Learning Assessment. Then the learner completes the tasks with the manikin at the simulation station.
- After successfully completing those tasks, the learner receives their eCredential as an Essentials provider.
- An RQI for NRP learner is required to engage in cognitive and skills activities quarterly to maintain a current eCredential. With each quarterly activity, learner skills are reinforced, and the expiration of the learner’s eCredential is extended by 3 months. An RQI learner current in all activities can also request an eCard. The eCard is valid for 2 years from the last completed quarterly engagement activity. The eCard is useful if the NRP provider changes jobs or also works at a hospital that uses instructor-led courses.

### RQI for NRP: Attaining NRP Essentials Provider Status—the New NRP Learner (RQI Prep)

This is the process for learners who are new to NRP and want to achieve their NRP Essentials eCredential. This process is called RQI for NRP Prep:



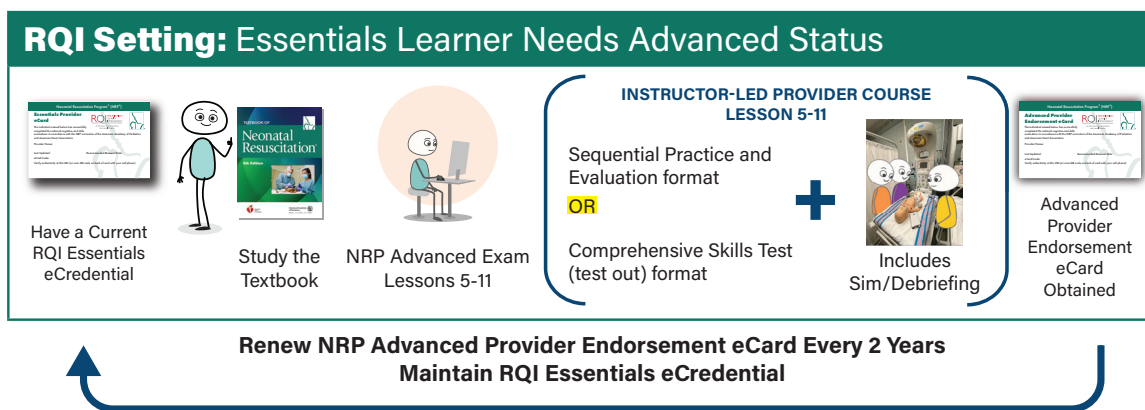
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- The learner studies the textbook lessons 1 through 4 and completes the Online Learning Assessment. Then the learner completes the tasks with the manikin at the simulation station.
- After successfully completing those tasks, the new NRP learner is required to attend an RQI for NRP Prep Instructor-led event where an instructor can provide institution-specific guidance for the learner and “walk through” or ask learners to perform in Practice Scenarios of increasing complexity (through laryngeal mask insertion). The simulation and debriefing course component helps ensure that learners can initiate resuscitation in the hospital birth setting and use the hospital protocol for getting additional help if unanticipated resuscitation occurs.
- After completing the Instructor-led event, the learner receives their eCredential and they enter the perpetual learning cycle of quarterly activities.

## RQI for NRP: Attaining NRP Advanced Provider Status

Learners who hold a current NRP 7th edition card may retain the renewal date on their 7th edition NRP card. When this learner’s hospital begins to use RQI for NRP, the learner should attain and maintain their RQI eCredential as an Essentials provider. To renew as an Advanced provider, the learner passes the NRP Advanced Exam Lessons 5-11 and takes an RQI for NRP Advanced Endorsement instructor-led course, specific for lessons 5-11.

Learners who need NRP Advanced status and do not have current NRP 7th edition provider status follow a slightly different track. The RQI learner achieves their NRP Essentials eCredential first, then completes the Advanced Exam and attends an Instructor-led course to achieve NRP Advanced provider status.



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- First, the learner completes the tasks necessary to become an RQI Essentials provider.
- The learner must be current in their quarterly learning sessions before proceeding through the tasks necessary to attain Advanced provider status.
- The learner must pass the NRP Advanced Exam (35 questions) and attend an instructor-led Provider Course that covers Lessons 5 through 11.
- After successful completion of the RQI for NRP Advanced Endorsement instructor-led course, they receive their eCard as an NRP Advanced provider. In the RQI for NRP system, this is called an Advanced Provider Endorsement.
- The Advanced provider maintains their Essentials Provider e-Credential status by attending the quarterly activities at the simulation station and renews their NRP Advanced Provider Endorsement eCard every 2 years via an Instructor-led course.

## Additional Resources

- NRP Instructor Update newsletter: 29(2) ([https://downloads.aap.org/AAP/PDF/NRP Instructor Update Fall Winter 2020.pdf](https://downloads.aap.org/AAP/PDF/NRP%20Instructor%20Update%20Fall%20Winter%202020.pdf))
- NRP 8th Edition Busy People Update #1 (December 2020) ([https://downloads.aap.org/AAP/PDF/NRP%208th%20Edition%20Busy%20People%20Update%20\(1\).pdf](https://downloads.aap.org/AAP/PDF/NRP%208th%20Edition%20Busy%20People%20Update%20(1).pdf))

- Watch a recording of Innov8te NRP: An Introduction to the NRP 8th Edition: Three webinars hosted by RQI Partners to discuss changes to the 8th edition NRP and the new RQI for NRP (posted 2/19/21)
  - [https://www.youtube.com/watch?v=P4RtFF2Z\\_DE](https://www.youtube.com/watch?v=P4RtFF2Z_DE)
  - <https://www.youtube.com/watch?v=nC0oh5VYj-Y>
- Aziz K, Lee HC, Escobedo MB, et al. Part 5: Neonatal Resuscitation 2020 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. Pediatrics. 2020; doi: 10.1542/peds.2020-038505E ([https://pediatrics.aappublications.org/content/147/Supplement\\_1/e2020038505E](https://pediatrics.aappublications.org/content/147/Supplement_1/e2020038505E))

## Key terms:

**Advanced Provider Endorsement:** The term used within the RQI system for NRP providers who have NRP Advanced provider status.

**RQI for NRP:** An alternative delivery for the NRP Essentials course. RQI for NRP is a quality improvement program utilizing self-directed learning in a low-dose, high-frequency model.

**RQI Partners:** The company that will host the new NRP Learning Platform (8th edition).

**RQI entry:** The term used to denote the process when a learner who has current NRP provider status enters the RQI for NRP system. This learner does not need to attend an instructor-led event. The learner studies the textbook, takes the Online Learning Assessment, and completes the skills at the simulation station. This entitles the learner to an Essentials eCredential, which is maintained by completing quarterly cognitive and skills sessions at the simulation station.

**RQI prep:** The term used to denote the process when a new NRP learner (or a learner who has no current NRP card) enters the RQI for NRP system. For RQI prep, the learner also attends an instructor-led event to review unit-specific information and skills as needed, participate in simulation and debriefing, and learn the hospital protocol for mobilizing additional help for resuscitation.