"Often when you are at the end of something, you're at the beginning of something else."
- Fred Rogers

Mr. Rogers was so wise.

By the time you read this, I will be near the end of my NRP® career. Although bittersweet, I am also looking forward to changes that will keep me alive and growing for several more decades.

This year has already brought many changes. For example, my husband and I recently transitioned from a busy city lifestyle to rural island life. I have come to accept the fact that I can see better with glasses. After 30 years, I finally lost the rest of my pregnancy weight. I enrolled in Medicare! But the biggest change will be re-directing my time from NRP to several other things on my list of life goals.

Being part of the NRP® was the most satisfying facet of my nursing career and deciding to leave my position as nurse consultant and editor was not easy. Over the past 24 years, I became a better writer and editor, learned about the importance of research and publication, have had the privilege of taking NRP® to other places in the world, and was continually inspired by the brilliance of my colleagues who have dedicated their careers to saving newborn lives.

We went from lecturing about neonatal resuscitation with overhead projectors (some of you will remember those) to PowerPoint slides to simulation and debriefing to RQI for NRP. We moved from resuscitation practices based on consensus and very little science to more elegant research and evidence-based practice. The partnership between members of the NRP® Steering Committee and dedicated NRP® instructors has made all this possible and it's been my honor to be part of it.

Before I sign off, I must take this opportunity to tell you these two things, just one more time, before I begin the next chapter of my life. Mr. Rogers would back me up on this.

- No one is NRP certified. You have NRP instructor status. Your learners are NRP providers.
- Use the darn laryngeal mask. It is not the mask of shame. It means you “use all available resources” when face-mask ventilation doesn’t work, and intubation isn’t feasible for any reason.

I’ll be cheering you on,

Jeanette Zaichkin, RN, MN, NNP-BC
Associate Editor, Textbook of Neonatal Resuscitation
Editor, Instructor Toolkit
Announcement: New NRP Consultant & Editor

We are excited to announce our new NRP Consultant & Editor, Dr. Christine M. Cooper, ARNP, NNP, DNP, MBA! Dr. Cooper is an experienced Neonatal Nurse Practitioner who works in Regional Neonatology through Seattle Children's Hospital, serving throughout the Northwest and providing inpatient neonatal care. Chris has worked throughout the western U.S. for over 30 years as a NICU nurse, transport nurse, manager, educator, regional educator, supervisor, consultant, and neonatal nurse practitioner. She graduated from the Neonatal Nurse Practitioner Program at the University of Washington in 2012, then completed her Doctorate in Nursing Practice in 2013, also from the University of Washington. She holds a Master’s in Business Administration (MBA) from the University of New Mexico. In collaboration with the Council of International Neonatal Nurses (COINN), she also teaches nurses in countries who require specialized training to care for neonatal patients. Chris believes strongly in the power of the Neonatal Resuscitation Program to improve lives and outcomes for babies. Her experience at bedsides and in classrooms throughout the years working with NRP has given her perspective on the importance of the continued evolution of the NRP with advances in science and medicine. Welcome to the NRP family, Dr. Cooper! We are so excited to have you on board.

New NRP Instructor Update Editor

We are excited to announce our new NRP Instructor Update Editor, Dr. Teresa del Moral, MD, FAAP! Dr. del Moral has served on the NRP Steering Committee since 2021. She is also the Co-Chair of this year’s 2022 NCE NRP Current Issues Seminar. Dr. del Moral earned her MD and PhD from the University of Granada in Spain before coming to the United States to do basic science research at the University of Miami. She stayed at the University of Miami to complete her general pediatric and neonatal-perinatal training and joined the University’s faculty in 2007. For the last 20 years, as a neonatologist at the University of Miami/Jackson Memorial Hospital, Dr. del Moral has taught NRP provider courses. Presently, she leads NRP training for neonatologists, neonatology fellows and new residents from different programs including pediatrics, med-peds, family medicine and obstetrics. She also oversees the delivery room quality improvement team responsible for implementing new advances in neonatal resuscitation and overcoming common challenges to provide optimal care in that setting. We are very excited to have Dr. del Moral serve as the new NRP Instructor Update Editor!

If I complete my instructor renewal requirements early, will that affect my expiration date?

To maintain NRP® instructor status, instructors are required to teach two NRP instructor-led events and complete the Instructor Renewal curriculum every two years, based on expiration date. These requirements can be completed any time during the 2-year time frame. If the requirements are met early, the instructor will not be penalized by shortening their time frame. Their renewal will remain pending in the system, and their status will be renewed 60 days prior to their current expiration date. The updated card will be extended by 2 years from their previous expiration date. For example, if an instructor’s expiration date is 10/31/2022 and they complete their renewal requirements by June, their expiration date will not change at that time. On 9/1/2022, their expiration date will automatically be updated to 10/31/2024.
You Asked and We Listened: Key NRP® Learning Platform Updates

- Instructor-led Event History: instructors can now view details of their 7th Edition instructor-led events taught, including rosters. In the Events section, instructors will see a new 7th Edition Events tab next to the Current Events tab.
- Events Tab Enhancements: The Events tab has improved sorting and filtering options based on dates, times, and names.
- Instructor-led events rosters display Part 1 status: instructors can view students’ Part 1 status in the instructor-led event roster.
- 7th Edition history and renewal status reflected in all accounts: When a learner or Instructor links to 7th Edition history or has a renewal, all associated accounts will be updated.
- Completion date update: The completion date for curricula will show the date the instructor-led event was held.
- Improved student search in instructor-led events: Students can be searched using their Global ID to add them to an instructor-led event.

For additional NRP LP resources, please visit rqipartners.com/solutions/in-hospital-solutions/nrp/instructional-video-series/

Register for the AAP National Conference & Exhibition at aapexperience.org to join us live at the NRP Current Issues Seminar.

Seminar Information

Friday, October 7, 2022 | 8:00am – 4:30pm PST

Seminar Topics Include:
- Emerging science in neonatal resuscitation
- Use of laryngeal mask
- Ethics in neonatal resuscitation
- Respiratory function monitor (RFM) in the delivery room
- Breakout sessions including
  - Simulation and debriefing
  - Ethical issues in neonatal resuscitation
  - Airway management
  - QI in the delivery room

Please also join us on Friday, October 7 from 5 - 6:30pm for a reception to celebrate 35 years of NRP! This reception will be held at the Anaheim Convention Center following the NRP Current Issues Seminar. Complimentary light appetizers and beverages will be served. If you plan to attend, please RSVP here: https://form.jotform.com/22184665367058

Attend the 2022 NRP Current Issues Seminar at the AAP National Conference & Exhibition

Register for the AAP National Conference & Exhibition at aapexperience.org to join us live at the NRP Current Issues Seminar.
The Jeanette Zaichkin NRP Nursing Grant for Excellence and Innovation in NRP Education

The American Academy of Pediatrics (AAP) Neonatal Resuscitation Program is pleased to announce that we are now accepting applications for the inaugural Jeanette Zaichkin NRP Nursing Grant for Excellence and Innovation in NRP Education.

This grant was created in recognition of the significant contributions to the Neonatal Resuscitation Program made by Jeanette Zaichkin, RN, MN, NNP-BC during her tenure as NRP Consultant from 1998-2022. Jeanette also served as Associate Editor of the Textbook of Neonatal Resuscitation, Editions 4th through 8th and Editor of the NRP Instructor Toolkit.

Overview
The Jeanette Zaichkin NRP Nursing Grant for Excellence and Innovation in NRP Education recognizes nurses who are champions of NRP and committed to most effectively training NRP learners. This award is dedicated to enhancing NRP instructor or provider training in neonatal resuscitation. Initiatives can address improvements to the NRP Instructor course, opportunities to enhance NRP Instructor or provider skills training, teaching, or debriefing, or how to best evaluate training. Nurses who meet the below criteria are eligible to apply for up to $10,000 in funding for projects that focus on neonatal resuscitation research, evidence-based practice, or quality improvement initiatives.

Nominees must meet the following criteria:
• The recipient must be a nurse who works in the delivery room or NICU in the United States or Canada
• The recipient must be a current NRP Instructor in good standing

Topics of Interest:
• How to optimize and innovate NRP Instructor or provider training
• Evaluation of NRP Instructor performance when teaching provider courses
• How to best teach NRP providers the basics of neonatal resuscitation
• How to effectively reinforce NRP skills throughout the two-year renewal cycle
• Methods for enhancing learning through innovative techniques such as AI, simulation, etc.
• How to enhance training through debriefing

Process
If interested, please submit your application at https://form.jotform.com/221244342818149 by July 1, 2022, at 11:59pm CT. The NRP Steering Committee will review all intent applications and will select applicants who will be requested to submit full proposals. Those selected will receive a full application form from the NRP Administrative Team on or before July 15, 2022. Please contact the NRP Administrative Team at nrp@aap.org with any questions.

8th Edition NRP® Textbook Evaluation

Have you read the Textbook of Neonatal Resuscitation, 8th Edition? If yes, please provide your feedback at form.jotform.com/211296252039150. Please let us know what you liked about the textbook and areas that could be improved. We appreciate your collaboration in ensuring we provide a textbook that best meets everyone’s needs.
Are you an NRP® instructor with:
- An innovative method for conducting NRP® instructor-led events?
- A novel idea that improved the quality of an NRP provider course?
- An interesting quality improvement initiative pertaining to some aspect of NRP?

In early 2018, many NRP instructors answered a call for abstracts that described their “bright idea” related to NRP. The brightest ideas were selected by NRP Steering Committee members and posters were displayed by their authors during a special time slot at the 2018 Current Issues Seminar in Orlando, Florida. Conference attendees agreed that this Bright Ideas session resulted in highly successful networking and an interesting exchange of ideas among conference attendees.

Now, NRP Bright Ideas returns in a continuous submission format, which allows NRP instructors to submit their Bright Ideas anytime. A Bright Idea is not an academic research project or scientific study, but the description of an original idea that resulted in improvements or insights into anything NRP. Bright Ideas selected by NRP Steering Committee members will be posted in the NRP Instructor Toolkit and considered by the NRP Administrative Team for presentation at NRP Live webinars.

Get more information by going to the Bright Ideas information page at [aap.org/nrp](http://aap.org/nrp).

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**NRP By the Numbers**

5,730,000
Providers trained since NRP inception in 1987

18,500
Current Active Instructors

80
Organizations Using RQI for NRP

397,000
Current Active Providers
Helping You Succeed in Neonatal Resuscitation

The American Academy of Pediatrics’ Neonatal Resuscitation Program has strived to support the latest science and best practices to better prepare clinicians in handling neonatal emergencies. For that reason, the AAP has partnered with Laerdal Medical to deliver cutting edge training technology towards meeting that goal.

Premature Anne™

Available as a task trainer and simulator, Premature Anne is a realistically proportioned 25-week preterm infant developed in collaboration with the American Academy of Pediatrics. Premature Anne is designed to facilitate the training of healthcare professionals in proper care and resuscitation techniques for preterm infants. Visit Laerdal.com/PrematureAnne for more information.

SimNewB®

SimNewB is a newborn tetherless simulator developed in collaboration with the American Academy of Pediatrics to meet the specific learning objectives of NRP®.

Focusing on the first 10 minutes of life, SimNewB provides realistic training for resuscitation and stabilization techniques, allowing learners to master the necessary skills of airway management and team communication to effectively manage critical events. Visit Laerdal.com/SimNewB for more information.

Laerdal Scenario Cloud

Laerdal Scenario Cloud is a content delivery platform providing added value to your neonatal simulations with AAP authored, validated NRP® 8th Edition scenarios for learners of all levels at all levels and disciplines.

With Laerdal Scenario Cloud, you can improve outcomes with pre-programmed content mapped to clinical guidelines. Visit Laerdal.com/ScenarioCloud for more information.

ACKNOWLEDGEMENTS

The Neonatal Resuscitation Program (NRP) Steering Committee offers the NRP Instructor Update to all AAP/AHA NRP Instructors.

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Statements and opinions expressed in this publication are those of the authors and are not necessarily those of the American Academy of Pediatrics or American Heart Association.

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