Breakout 2B
2018 NRP Current Issues Seminar

I’m an Instructor Mentor?!
What do I Need to Know?
LEARNING OBJECTIVES

• Examine the role of the NRP Instructor
• Review the role of the NRP Instructor Mentor
• What Instructor Mentors need to know?
• Ways to develop an instructor network in your area
NRP Instructors
Importance of NRP Instructors

- NRP Instructors are the conduit for quality newborn resuscitation education
- NRP Instructor Mentors ensure that Instructor Candidates become expert Instructors
NRP Instructor Qualities

• Interested in the art and science of newborn resuscitation
• Understanding of the guidelines
• Expertise in NRP educational methodology
  – Simulation, etc.
• Able to motivate learners
7th Ed. Instructor Changes

- NRP strategic plan developed to:
  - Advance Instructor quality
  - Improved instructor education
- Input received from:
  - Instructor surveys
  - Focus groups
- Instructor Development Task Force created
**Instructors’ Top Requests**

- Standard approach to Instructor training
- More **tools** and **resources** for Provider Course planning
- **Ongoing** educational experiences
- *Networking* opportunities
**REGIONAL TRAINER ROLE**

- Wide variations in role of “Regional Trainer”
- Regional Trainer’s role impossible to define
- Many areas had few Regional Trainers
  — Challenging instructor training and networking
- So... Regional Trainer role retired...
NEW STRUCTURE

• **Instructor Candidates**
  – Standardized online training
  – Gain experience through co-teaching

• **Instructor Mentors**
  – Key to in instructor development
  – Provide individual hands-on instruction and coaching
7th Ed. NRP Instructors

- Applications to become 7th Ed NRP Instructor Candidates since launch (June 2016)?
  4,397

- NRP Instructors trained with NRP 7th Ed?
  2,877
Process for Becoming an Instructor
How To Become An NRP® Instructor

First Step
Possess a current NRP Provider Card

Apply
Submit the Online Application
ELIGIBILITY REQUIREMENTS

• Have an **NRP Provider Card** for all lessons (**required**)
• Be a **physician, registered nurse, nurse practitioner, respiratory care practitioner, or physician assistant with experience** in the care of newborns in the delivery room (**required**
• Have current maternal-child **educational or clinical responsibility** within a hospital setting (**required**
• Have ongoing **delivery room experience** (**recommended**

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®
NRP Instructor Candidate Bundle

• After approval, the Instructor Candidate has 30 days to purchase and enroll in the NRP Instructor Candidate Bundle
• This gives the Candidate access to all Course Activities
- Instructor Course
- eSim
- Instructor Exam

- Co-teach 2 courses
- Debrief the debriefer x 1
**STANDARDIZED TRAINING**

- Online training standardizes learning
  - Instructor Course
  - eSim Cases
  - Instructor Exam
INSTRUCTOR CANDIDATE ROLES & RESPONSIBILITIES

• Instructor Candidate may *choose* or be *assigned* an Instructor Mentor

• Candidates should make contact with Instructor Mentor before co-teaching
Instructor Mentors
INSTRUCTOR MENTOR

- Eligibility requirements
  - Active NRP Instructor
  - Taught at least 4 courses
- Automatically identified
  - Opted in
- Confirm or opt out within the new LMS
MENTOR ROLES & RESPONSIBILITIES

• Co-teach 2 courses with your Instructor Candidate
  – Focus on hands-on instruction, simulation, communication, and teamwork
• Conduct at least 1 “Debrief the Debriefefer” session
• Grade the Instructor Candidate as “Pass” or “Fail”
  – In LMS
CO-TEACHING

• The candidate is not an Instructor when they co-teach two courses
  – Should not be counted as an Instructor on roster
CO-TEACHING

• The learners should be aware that an Instructor Candidate is co-teaching
• The Instructor Mentor assists the Instructor Candidate by filling in the gaps and answering questions
  – Degree of help depends on the Instructor Candidate
DEBRIEF THE DEBRIEFER

• Feedback revealed instructors are not confident with their debriefing skills
• Debrief the Debriefer provides opportunities for additional help with debriefing
DEBRIEF THE DEBRIEFER

• The mentor should review the candidate’s performance as soon as possible after the simulation and debriefing
  – After NRP course
• There should be only 1 mentor + 1 candidate
• During Debrief the Debriefeefer session, the Mentor
  – Provides feedback on candidate’s debriefing skills
  – Answers questions
Debrief the Debriefer Checklist

Use this form to:
- Complete a “Debrief the Debriefer” session with your instructor mentor, following a co-teaching experience.
- Improve your instructor skills by reflecting on your simulation and debriefing performance.
- Debrief another instructor about his or her performance or to assess your own performance.

Name of scenario/main objective: _______________________________ Date: ________
Name of scenario facilitator and debrief: _________________________
Name of instructor mentor: ___________________ or NRP colleague: _______________________
Scenario start time: ______ Scenario end time: ______ Length of scenario: ______ min
Debrief start time: ______ Debrief end time: ______ Length of debrief: ______ min
This scenario and the debriefing were filmed to help with the reflection and analysis. ______ Yes ______ No

<table>
<thead>
<tr>
<th>Component</th>
<th>Yes</th>
<th>Notes About Variance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scenario Development</td>
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<tr>
<td>The scenario is based on learning objectives tailored to meet learners’ needs.</td>
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<tr>
<td>The scenario is plausible.</td>
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<td>Supplies and equipment are present and functional.</td>
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<td>During learner orientation, the instructor</td>
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<td>Allows learners to introduce themselves and describe their roles, if necessary</td>
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<td>Orient learners to the manikin’s capabilities</td>
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<tr>
<td>Orient learners to location and operation of supplies, if necessary</td>
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<tr>
<td>and equipment before beginning</td>
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<td>Tells learners the cue for beginning the scenario and reminds learners that the instructor will end the scenario</td>
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<td>Offers to conduct a short “warm-up” scenario, during which novice learners may ask questions</td>
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<tr>
<td>During the scenario, the instructor</td>
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<tr>
<td>Films the scenario for likely use during debriefing</td>
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<td>Does not interrupt, coach, or prompt learners</td>
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<td>Notes cognitive, technical, and behavioral skills</td>
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<td>Ends the scenario without judgment or feedback</td>
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DEBRIEF THE DEBRIEFER

1. Scenario development
2. Learner orientation
3. Scenario facilitation
4. Debriefing
**Instructor Mentors** take a strong leadership role in the instructor training process. A Mentor is an active NRP Instructor who has taught four courses since becoming an instructor.

## Approve an Instructor Candidate Who Is Enrolled in Your Instructor-led Event

To approve an Instructor Candidate who is enrolled in your Instructor-led Event, follow the steps below.

<table>
<thead>
<tr>
<th>Step</th>
<th>From This Screen</th>
<th>Do These Actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>2A</td>
<td>Sign In</td>
<td>Enter User ID &amp; Password. Click LOGIN.</td>
</tr>
<tr>
<td>2B</td>
<td>Select Affiliation</td>
<td>Select radio button under Administrator. Click PROCEED WITH LOGIN. Then CONTINUE if prompted.</td>
</tr>
<tr>
<td>2C</td>
<td>NRP 7th Edition Instructor-led Event Management</td>
<td>Click <a href="#">NRP 7th Edition Instructor-led Events</a>.</td>
</tr>
</tbody>
</table>
| 2D   | My Events        | • Locate the specific event from your list of scheduled Instructor-led Events.  
• Click Options (to the right of the Event). Choose Manage Event from the drop-down menu. |
| 2E   | My Events        | • You should see the name of your Event at the top of the screen in the blue bar.  
• Select Roster (tab on left side).  
• Locate the Instructor Candidate who is registered for your Event. Status will show “Approval Required.”  
• Click the down-arrow under the Actions heading:  
• Choose Approve from the drop-down menu.  
• Click SAVE when finished. |
Strategies for Being a Successful Mentor
MAKE SURE YOU ARE UP TO DATE

• Ensure your provider course format fits the current NRP educational methodology
  – *No PowerPoint slides*
  – No longer than 3-4 hours
  – Includes multidisciplinary teams
  – Includes simulation + debriefing
BE CONFIDENT IN YOUR KNOWLEDGE

- 7th Edition science changes
  - CPR & ECC Guidelines
  - Pediatric Supplements for Neonatal Resuscitation
  - NRP Guidelines
Be Prepared

• Your Instructor Candidates will have successfully completed
  – NRP Instructor Course
  – eSim Cases
  – Instructor Exam
• Are you prepared to answer Instructor Candidate questions?
PREPARED—NOT EXPERT

• Instructor Candidates must be *prepared*
  – *Not an expert*

• Some Instructor Candidates may not be ready to teach independently after 2 co-teaching experiences
  – They may need more time and co-teaching
Engage and Create a Network

• Engage with your Instructor Candidates after they become Instructors
• Serve as a resource on an ongoing basis to build a network
• Provide guidance
• Encourage ongoing professional development
Questions?