

Access Pediatric Patient Education handouts

1. Go to <https://patiented.solutions.aap.org/>
2. Click on the Sign In icon on the upper right corner

The screenshot shows the top navigation bar with the AAP Point-of-Care Solutions logo, the American Academy of Pediatrics logo, and a 'Sign In' button circled in red. Below the navigation bar are three tabs: 'Pediatric Care Online™', 'Red Book® Online', and 'AAP Pediatric Coding Newsletter™'. The main header features the 'Pediatric Patient Education™' logo and a search bar. Below the header is a navigation menu with four items: 'Home', 'All Handouts', 'Well Child Visit Handouts', and 'Handouts by Collection'. A dark banner below the menu contains the text 'DID YOU KNOW? Pediatric Care Online™ subscribers get FULL ACCESS to Red Book® Online and Pediatric Patient Education™?' with a 'Learn More' button. The main content area is divided into two columns. The left column features a large purple banner for 'Pediatric Patient Handouts' with a 'View All Handouts' button and a 'Download a FREE Sample Handout!' section with a 'Download Now' button. The right column contains a 'Customize your handouts by entering your practice information' section with a 'GO »' button. Below these are three sections of updates: 'December 2016 Update' with links for 'Back to Sleep, Tummy to Play' and 'A Parent's Guide to Head Lice'; 'Temper Tantrums: A Normal Part of Growing Up'; and 'November 2016 Update' with a link for 'Beyond Screen Time: A Parent's Guide to Media Use (formerly "Digital Media and Your Family")'. At the bottom of the main content area is a 'Browse All Handouts' section with a grid of letters from A to Z.

3. Enter your AAP login credentials and click the Sign In button.

Sign In

AAP Login

Password

Sign In

Forgot password or AAP Login?

Create account

Why create an account?

Sign in via: OpenAthens

entering your practice

4. Your name will appear in the upper right corner to verify that you are logged in

AAP Point-of-Care Solutions™ American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

Pediatric Care Online™ Red Book® Online AAP Pediatric Coding Newsletter™

Your Name

Pediatric Patient Education™

Search

Expert advice from the American Academy of Pediatrics

Home All Handouts Well Child Visit Handouts Handouts by Collection

5. Once logged in, you will have access to all the handouts.



Pediatric Patient Handouts

Pediatric patient education handouts from established American Academy of Pediatrics programs or publications

[View All Handouts](#)

Download a **FREE** Sample Handout!



[Download Now](#)



Browse All Handouts

A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q |
R | S | T | U | V | W | X | Y | Z


6. Click on the title of a handout you would like to view.

All Handouts

A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z


- Acne** >
- ADHD
- Adolescents
- Adoption
- Air Bag Safety
- Alcohol
- Allergies
- Anaphylaxis
- Anemia
- Anesthesia
- Anorexia
- Antibiotics
- Anxiety

Acne

 Patient Education Handouts

Acne—How to Treat and Control It

 English |  Spanish

 A Minute for Kids

Teen Acne and Diet

7. You will be able to see the full contents of the handout.

Patient Education Handouts

Acne—How to Treat and Control It

 SPANISH

 PRINT

 SHARE

 PDF

 CUSTOM HANDOUT

 Request Permissions

Related Handouts

[Diaper Rash](#)

[Fun in the Sun: Keep Your Family Safe
Hand-Foot-and-Mouth Disease](#)

[+ See More](#)

Got ZITS? You're not alone.



Almost all teens get zits at one time or another. It's called *acne*. Whether your case is mild or severe, there are things you can do to keep it under control. Read on to find out how.

What causes acne?

During puberty, your skin gets oilier. This can cause pimples. There are many myths about what causes acne, but there are really only 3 main causes.

1. **Hormones.** You get more of them during puberty. Certain hormones, called *androgens*, trigger the oil glands on the face, back, shoulders, and upper chest to begin producing more oil. This can cause acne in some people. Some girls get more pimples before and during their periods. This is caused by changes in the levels of

8. You can also view the handout in PDF format by clicking on the PDF link.

Patient Education Handouts

Acne—How to Treat and Control It

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If these steps were used to correct an issue but the issue persists, please contact the Customer Service Center at 800.433.9016 or email us at csc@aap.org for further assistance