Now you're brushing for two

WHEN YOU'RE PREGNANT
YOU MAY BE MORE PRONE TO
GUM DISEASE AND CAVITIES

After your baby is born, you could pass the bacteria that contributes to cavities from your mouth to hers.

THAT'S WHY
EVERY PREGNANT WOMAN
NEEDS TO GET A DENTAL CHECK-UP

MAKE YOUR APPOINTMENT
BEFORE THE BABY COMES

ONCE SHE COMES,
WE'RE GUESSING YOU'LL
BE PRETTY BUSY

Tips to keep your mouth healthy

IF YOU HAVE
MORNING SICKNESS,
RINSE YOUR MOUTH WITH ONE TSP OF BAKING SODA IN A GLASS OF WATER
AFTER YOU GET SICK.

BE SURE TO
BRUSH TWICE A DAY AND FLOSS DAILY

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