WE'VE LEARNED FROM THE BEST

Our moms and grandmas taught us how to raise our babies. But one thing is different these days - African American babies are at higher risk for Sudden Infant Death Syndrome (SIDS). **That's why more of us are putting babies to sleep on their backs, not their tummies.** It keeps them safe and gives us peace of mind.

Help baby sleep safely so you can sleep soundly.
healthychildren.org/safesleep

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