

## PEDIATRICIAN LIFE AND CAREER EXPERIENCE STUDY (PLACES)

### MESSAGE FROM THE PLACES RESEARCH TEAM

Welcome to the second issue of the AAP PLACES newsletter. This issue provides you, PLACES participants, with a first look at more data highlights from the first year of PLACES. Thanks for your continued participation in the study! Some findings will be presented at the 2013 Pediatric Academic Societies Meeting. For more information, visit [www2.aap.org/research/places.htm](http://www2.aap.org/research/places.htm).

The second annual spring survey is currently being conducted. The survey is approximately 20% shorter than the first spring survey you completed. Thank you in advance for taking time from your busy schedule to complete the survey and contribute to the success of this project!

We will continue to send you project updates and findings by sharing the "Going PLACES" newsletter with you. We hope you find this feedback valuable. Take a look at page 4 to see the lucky PLACES participant who won an iPad3!



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### ABOUT PLACES

PLACES is a longitudinal study that tracks the experiences and opinions of early career pediatricians over time

- There are 2 important cohorts
  - 1) Recent Residency Graduates  
Most graduated in 2009-2011
  - 2) Early Career  
Most graduated in 2002-2004
- 1,804 participants responded to the first annual survey in 2012 (93% of pediatricians initially interested), and the second annual survey is currently being conducted
- The strength of PLACES is the
  - ✓ longitudinal design
  - ✓ inclusion of both AAP members and non-members
  - ✓ range of content (work, satisfaction, personal dimension)

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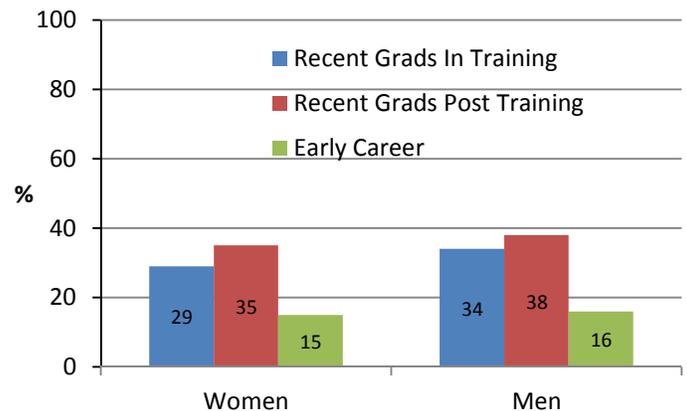
# FOCUS ON PEDIATRICIANS WHO ARE PARENTS

APRIL/2013

## RESULTS FROM THE FIRST YEAR OF PLACES (2012)

	Recent Grads In Fellowship Training	Recent Grads Post Training	Early Career
Number	268	635	901
Residency Grad Year, Mean	2010	2010	2003
Age, Mean	33	33	40
Women, %	63	81	70
Have Children, %	45	53	85
Mean # Children	1	1	2
Maternity/Paternity Leave:			
During Residency, %	23	26	20
Post Residency, %	20	30	63

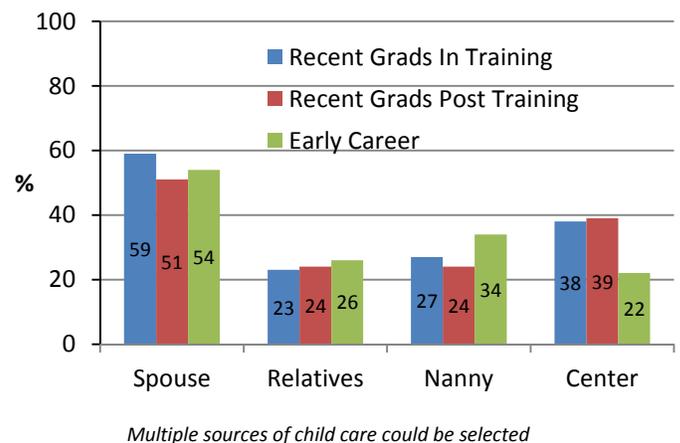
**Figure 1. Percentage of PLACES Participants who Reported Pregnancy/Adoption/Having a Baby in Past 12 Months**



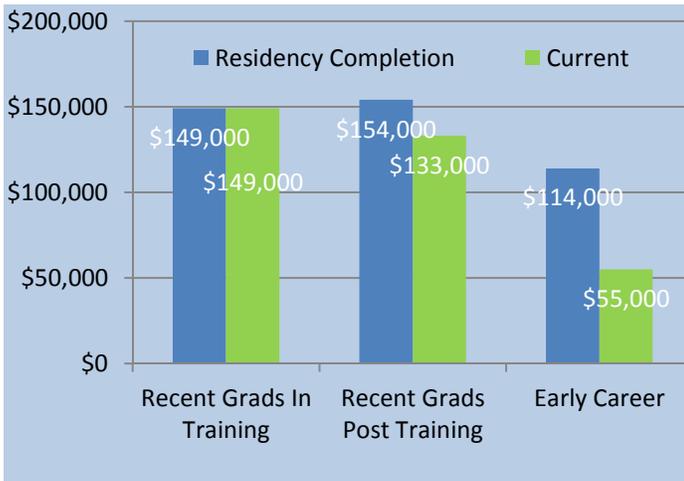
Pediatricians in the recent grads cohort are more likely than the early career group to report pregnancy, adoption or having a baby in the past 12 months (Figure 1). Men and women are equally likely to report this major life event.

Participants reported various sources of child care while they are at work, with the majority reporting their spouse and over 1/4 reporting child care centers, nannies, and/or relatives (Figure 2). Men were more likely than women to have their spouse or partner care for their children, and women were more likely than men to have a relative, nanny, or child care center as their source of care (data not shown).

**Figure 2. Sources of Child Care Used While Participants with Children ≤ 13 years are at Work**



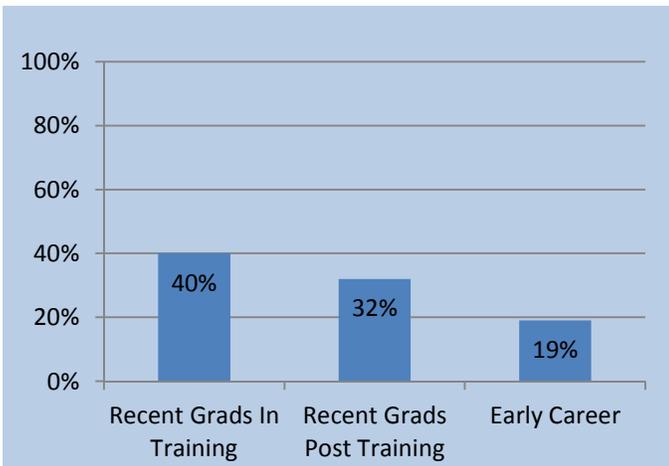
**Figure 3. Mean Educational Debt at Residency Training Completion and Currently Among Participants with Debt\***



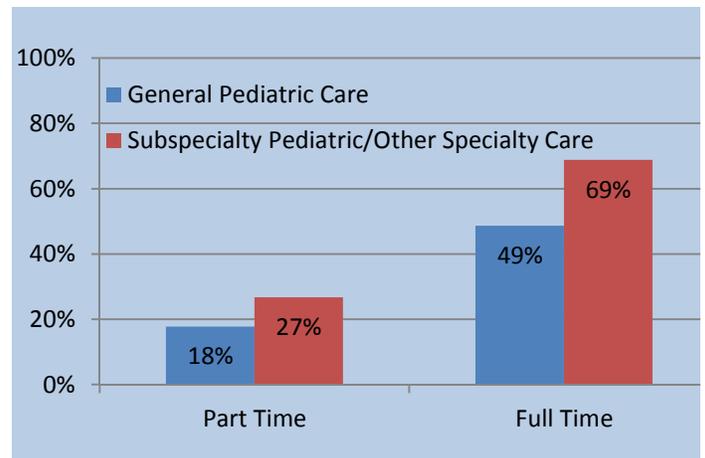
\* Includes only the subgroup of participants who report having debt at the completion of residency; does not include spouse or partner debt or consumer debt

- Participants who are in fellowship training are more likely to report higher current educational debt (Figure 3) and be very concerned about debt (Figure 4).
- The majority of participants report having educational debt at residency completion: 76% of the recent grads in training, 82% of the recent grads post training, and 72% of the early career. Figure 3 shows that the post training recent grad group's debt decreased by 14% and the early career group by 52% since residency training completion.
- One-third of the recent grad post training group and nearly 3/4 of the older group who are working full-time report \$150,000 or more a year including salary, bonus and profit sharing contributions (data not shown). Figure 5 shows that participants spending the majority of their time providing pediatric subspecialty or other specialty care are more likely to report higher income than those spending the majority of their time providing general pediatric care.

**Figure 4. Percentage of Participants Very Concerned about Their Educational Debt**



**Figure 5. Post Training Participants with Income ≥ \$150,000 by Position Type**



*I filled out a similar survey last year. Why do I need to complete it again?*

We want to examine changes over time in the careers and lives of pediatricians. This provides a much more powerful analysis of trends in pediatrics.

*I received more than one copy of the 2013 spring survey. Do I need to complete it more than once?*

We only need you to complete one 2013 spring survey. We most likely sent you another copy because we had not yet received your completed survey. If you are not sure if you returned a survey, please contact us.

*These questions do not seem to assess my job. I am an anesthesiologist, and my work load varies depending on whether I am on service or not.*

While this survey might not be the perfect fit for you, please complete it as best you can. If some questions seem inappropriate to your particular position you could add clarifying comments at the end of the survey, but please answer as much as you can.

*Whom do I contact if I have questions about PLACES, didn't receive a gift card for completing the spring survey, or have a new email or mailing address?*

Mary Pat Frintner: [mfrintner@aap.org](mailto:mfrintner@aap.org); 1-800-433-9016, ext. 7664

**A Special Thanks to the PLACES Project Advisory Committee: Bobbi Byrne, MD; Gary Freed, MD, MPH; Shesha Kalyan Katakam, MD, MPH; Laurel Leslie, MD, MPH; Ashley Miller, MD; Amy Starmer, MD, MPH**

## Fall Survey and Congratulations to Dr. Amador Loya

Over 80% of participants completed the first fall survey with only 2 requests – thank you! Participants who returned the survey by December 28, 2012 were included in a drawing for an iPad3. Dr. Amador Loya, who practices in El Paso, Texas was randomly selected from the 1,460 participants who completed the survey, and he won an iPad 3!

The fall survey, much shorter than the annual survey, provides an opportunity to make sure we have your current contact information and to share results via the first *GOING PLACES* newsletter. Most participants told us that they want to receive PLACES data and updates via an emailed or mailed newsletter; a small percentage wish to hear about publications and presentations so we'll include notifications or links within the newsletters.

### WINNER OF THE IPAD3

