

PEDIATRICIAN LIFE AND CAREER EXPERIENCE STUDY (PLACES)

MESSAGE FROM THE PLACES RESEARCH TEAM

This is the first issue of the AAP PLACES newsletter. The primary purpose is to share study findings with you. This first issue includes some initial results from the first survey that you completed in the spring or summer of 2012.

The response to the first survey was amazing – 93% of the pediatricians who were interested in PLACES completed the first annual survey. We would like to express our sincere gratitude to you for taking time from your busy schedule to complete the survey and contribute to the success of this project!

PLACES is unique because of its longitudinal design - the success of the study depends on the collection of responses over time. The second annual survey will be sent to you in the spring of 2013.



A program of the American Academy of Pediatrics

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ABOUT PLACES

PLACES is a longitudinal study that tracks the experiences and opinions of early career pediatricians over time

- There are 2 important cohorts
 - 1) Recent Residency Graduates
~ 1 to 3 years post-residency
 - 2) Early Career
~ 8 to 10 years post-residency
- There are almost 900 participants in each of the cohorts
- The strength of PLACES is the
 - ✓ longitudinal design
 - ✓ inclusion of both AAP members and non-members
 - ✓ range of content (work, satisfaction, personal dimension)

American Academy of Pediatrics

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INITIAL STUDY RESULTS

OCTOBER/2012

RESULTS FROM THE FIRST ANNUAL SURVEY

Who are the PLACES participants and how much do they work?

- Recent Residency Graduates Cohort
 - Participants graduated from residency an average of 2 years ago
 - In Training Group: 266 are in fellowship training or chief residency; 63% in this group are women
 - Post Training Group: 632 participants; 81% in this group are women
- Early Career Cohort
 - Participants graduated from residency an average of 9 years ago
 - 888 participants; 70% in this group are women
- Figure 1 shows the percentage of pediatricians who have children by gender
- Figure 2 shows the percentage of pediatricians working part-time hours
- Figure 3 shows the mean number of hours participants reported working each week

Figure 1. Percentage of PLACES Participants with Children

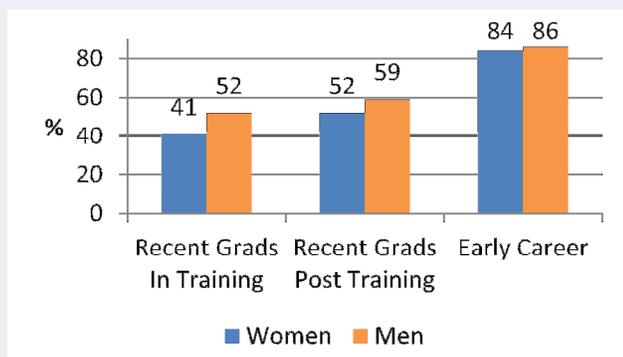


Figure 2. Percentage of PLACES Participants Working Part-Time

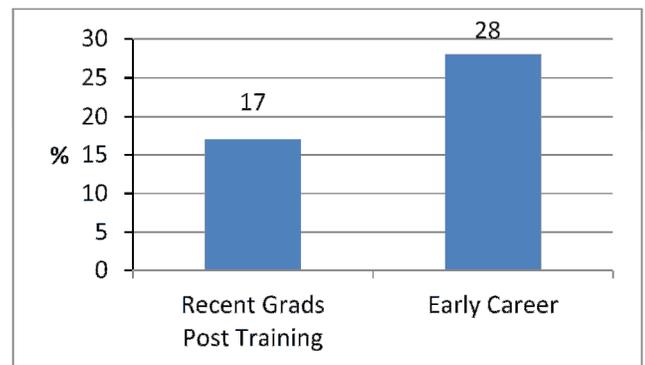
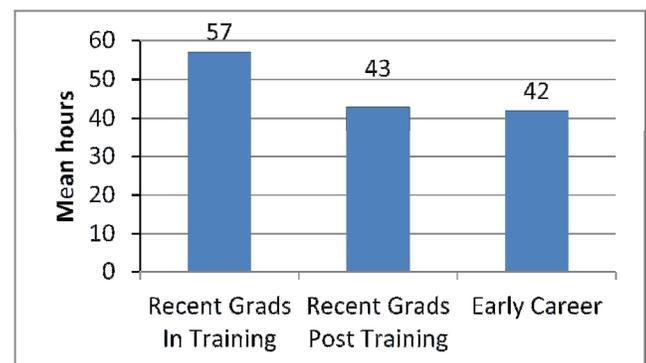


Figure 3. Number of Hours Worked Per Week in a Typical Week



MORE STUDY RESULTS

OCTOBER/2012

Figure 4. Percentage of PLACES Participants Who Reported that they Work Too Much

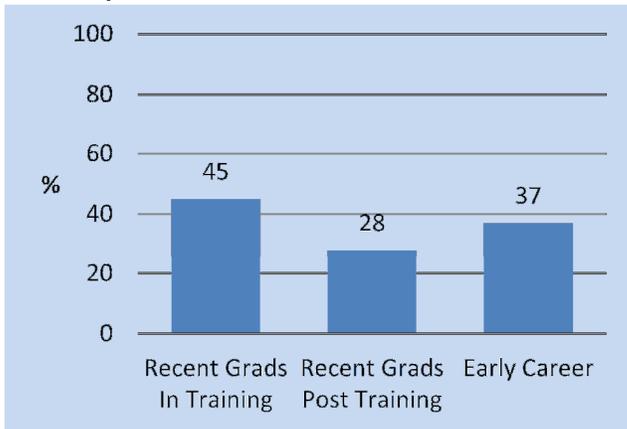
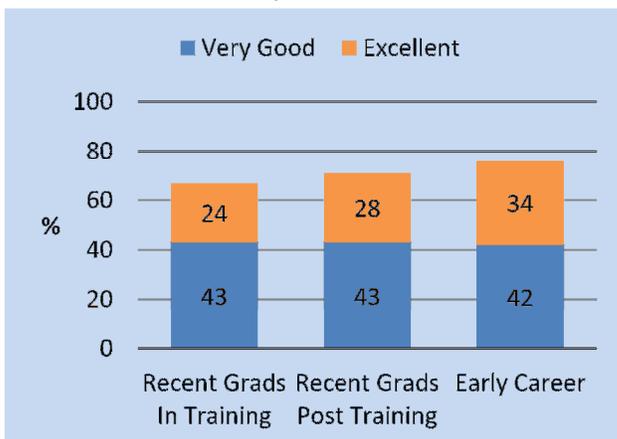


Figure 5. Percentage of PLACES Participants Satisfied with their Career as a Physician (Reported "Strongly Agree" or "Agree")



Figure 6. Percentage of PLACES Participants who Self-Rated their Own Health as "Very Good" or "Excellent"



- Figure 4 shows that less than half of participants report that they work too much; only about 1 in 4 of the recent graduates post training group thought they worked too much
- Figure 5 shows that most participants are satisfied with their career choice
- Figure 6 shows that the majority of participants self-report very good/excellent health. Recent National Health Interview Survey data found 64% of 18-64 year olds reported very good-excellent health

WHERE CAN I SEE MORE DATA?

- The results in this newsletter focus on only a few questions asked on the first survey
- Further analyses of PLACES data are underway and we expect to present some of the data at the 2013 Pediatric Academic Societies Meeting
- We will continue to share data with you via this newsletter, accepted conference abstracts, publications, and our website: <http://www.aap.org/research/places.htm>



PLACES researchers, Alicia Merline, PhD and Liz Schott, MA working on a survey mailing. They are happy to hear from you!

PLACES RESEARCH TEAM



PLACES Project Advisory Committee and AAP Staff. Front row: Laurel Leslie, MD, MPH; Bobbi Byrne, MD; Lynn Olson, PhD; Middle row: Ashley Brunelle, MD; Amy Starmer, MD, MPH; Danielle Laraque, MD; Karen O'Connor; Back row: William Cull, PhD; Mary Pat Frintner, MSPH; Gary Freed, MD, MPH; Shesha Kalyan Katakam, MD, MPH; Holly Mulvey, MA

“So many young pediatricians are busy balancing work and family. Participating in PLACES is a practical way they can volunteer and provide direction to the AAP and the pediatric community.”

–Ashley M. Brunelle, MD
General Pediatrician, Mother

“The idea that we can begin to learn about the wide variety of factors that shape the lives of young pediatricians as they embark upon and navigate their careers is very exciting.”

–Amy J. Starmer, MD, MPH
Academic Pediatrician, Mother

“PLACES is a great opportunity for young pediatricians. It gives us a voice and a chance to contribute to our specialty.”

–Shesha K. Katakam, MD, MPH
Pediatric Cardiology Fellow

“This is such a unique project. It is a privilege to be in a profession like pediatrics where the AAP is committed to understanding the careers and perspectives of both its members and nonmembers.”

–Bobbi J. Byrne, MD
Neonatologist, Mother

“We are so grateful for the enthusiastic response among early career pediatricians in joining this important study. AAP leaders are firmly committed to using the data collected in PLACES to help understand and address the needs and experiences of our next generation of pediatricians.”

–Danielle Laraque, MD, FAAP
Member, AAP Board of Directors
Academic Pediatrician, Mother