

### PEDIATRICIAN LIFE AND CAREER EXPERIENCE STUDY

#### MESSAGE FROM THE PLACES RESEARCH TEAM

Welcome to the fall 2015 issue of the AAP PLACES newsletter. This issue provides you with a first look at data highlights from the fourth year of PLACES. **Thanks to your continued participation in PLACES and all the important data that you have been giving us, the first 2 manuscripts using PLACES data have been published in *Pediatrics*!** Check out page 4 for details.

We continue to be thrilled by the high participation rates of the PLACES pediatricians. Almost nine of ten PLACES participants completed the fourth annual spring survey (2015 survey). Thank you to all of you who took time from your busy lives to complete the survey and contribute to the success of this project!

For more information on PLACES and data that have been presented in previous newsletters and at conferences, visit [www2.aap.org/research/places.htm](http://www2.aap.org/research/places.htm).



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- **First PLACES manuscripts published in *Pediatrics*!**

#### ABOUT PLACES

PLACES is a longitudinal study that was launched in 2012 and tracks the experiences and opinions of 1,803 early career pediatricians over time:

- There are 2 important cohorts
  - 1) 2009-2011 Residency Graduates Cohort, n=902  
Most graduated residency in 2009-2011
  - 2) 2002-2004 Residency Graduates Cohort, n=901  
Most graduated residency in 2002-2004
- Almost 90% of PLACES participants completed the 4<sup>th</sup> annual survey (2015)
- Strengths of PLACES
  - ✓ Longitudinal design
  - ✓ Inclusion of both AAP members and non-members
  - ✓ Range of content (work, satisfaction, personal dimension)
  - ✓ **YOU** and other pediatricians who complete the PLACES surveys each year!

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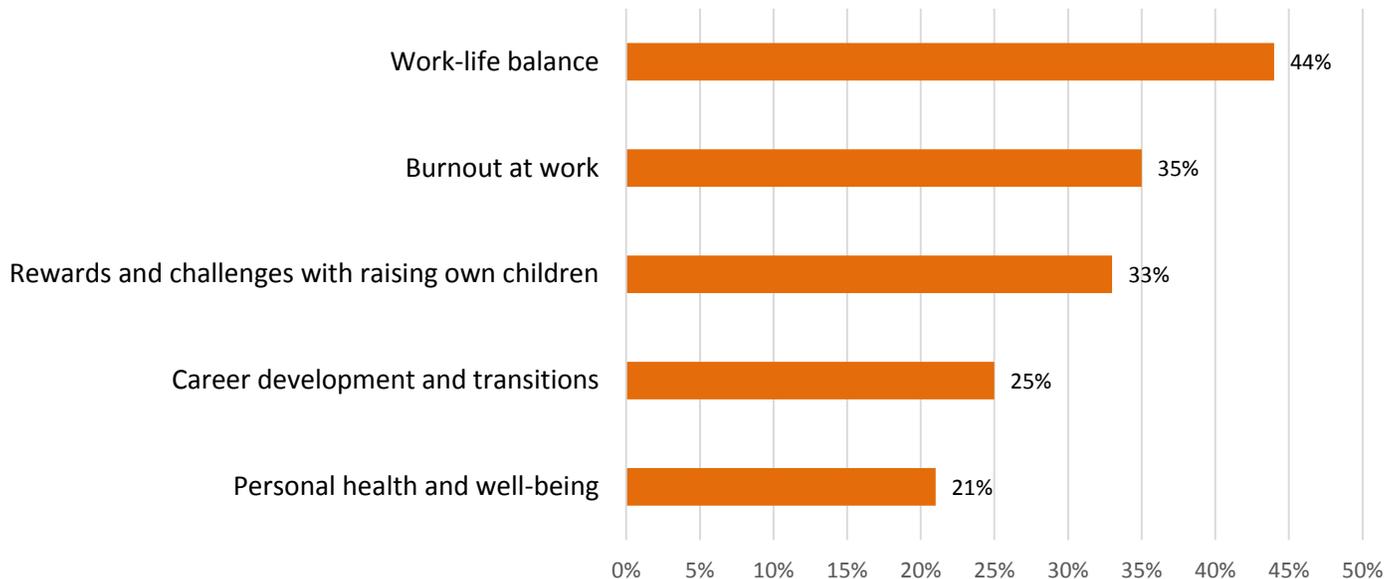


## WHAT DO PLACES PEDIATRICIANS WANT ON THE NEXT SURVEY?

Almost 90% of PLACES pediatricians completed the 2015 spring survey

We want to make sure that we include topics relevant to pediatricians on our surveys so we asked PLACES participants to tell us the topics most important to them in their lives (Figure 1)

**Figure 1. Frequency that PLACES pediatricians endorsed topic as most important to them in their life (Participants selected up to 3 topics) N=1562**



Many PLACES pediatricians (44%) indicated that work-life balance was important to them. We ask several questions on work-life balance on the spring survey but in response to participants' preferences, we included additional questions on home responsibilities on the 2015 fall survey

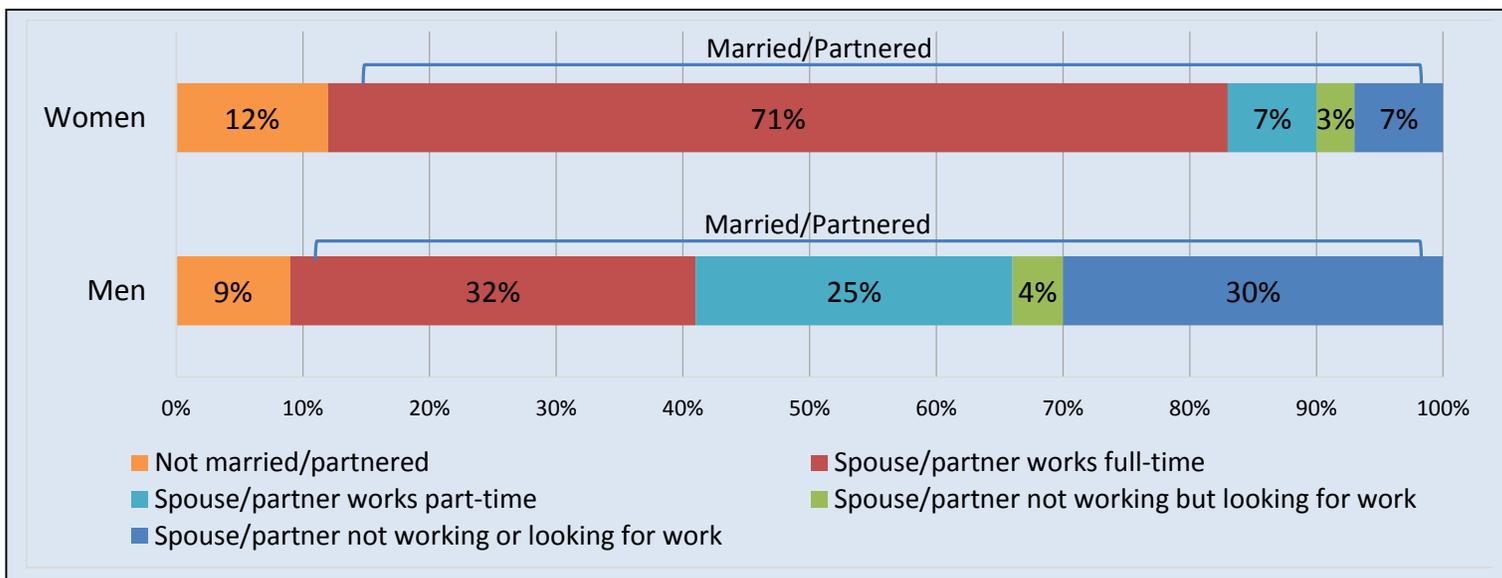
**Please share your thoughts and experiences with us on how you manage your busy life by completing the fall survey!**

We will share the data on home responsibilities with you in a future newsletter so you can see how other PLACES pediatricians are juggling their home and work responsibilities

# GENDER AND WORK-LIFE BALANCE

OCTOBER/2015

Figure 2. PLACES pediatricians' marital status and work status of spouse/partner by gender (n=1563)

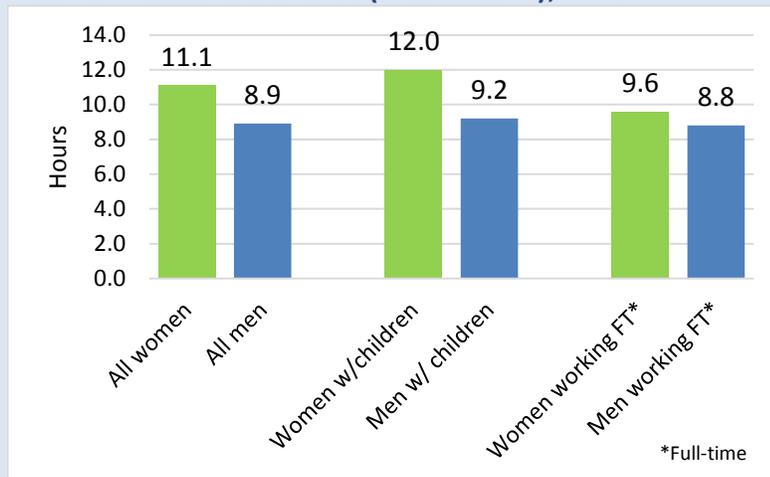


## Personal and work characteristics

- Most PLACES pediatricians are married/partnered (Figure 2)
  - Women are more likely to have a spouse/partner who is working
- Men are more likely than women to have children (84% and 78%, respectively)
- Women are more likely than men to report:
  - Working in general pediatrics positions (50% and 33%, respectively)
  - Working part-time (32% and 3%)
  - Working too much (39% and 33%), especially women who are working full-time (50% said they work too much)
- Women and men are equally likely to say:
  - Work responsibilities interfere with personal responsibilities (51% and 48%)
  - Their schedules allow flexibility to lead balanced lifestyles (54% and 57%)

PLACES participants who are currently working report they spend a mean of 10.5 hours per week doing chores around the house. Women generally spend more time on chores than men (Figure 3)

Figure 3. PLACES pediatrician report of hours spent per week on household chores (Mean hours); n=1514



**As a PLACES participant, how many surveys do I need to complete each year?**

**Each year, we ask you to complete two surveys:**

- 1) Main, longer survey in the spring so we can examine changes over time in the careers and lives of pediatricians
- 2) Shorter survey (usually two pages) in the fall on a topic prioritized as important by PLACES pediatricians

**Where can I see data from the project?**

- At least twice a year, we send PLACES participants a newsletter to give you and the other participants a first look at the interesting results:
  - We recently sent you an update on the data on PLACES pediatricians' experiences with Maintenance of Certification. If you did not receive this update, please contact us
- You can find the *GOING PLACES* newsletters, conference presentations, and other PLACES information on the project website: [www2.aap.org/research/places.htm](http://www2.aap.org/research/places.htm)

Whom do I contact if I have questions about PLACES or would like to update my email or mailing address? Mary Pat Frintner: [places@aap.org](mailto:places@aap.org); 1-800-433-9016, ext. 7664

A Special Thanks to the PLACES Project Advisory Committee: Bobbi Byrne, MD, FAAP; Gary Freed, MD, MPH, FAAP; Shesha Kalyan Katakam, MD, MPH, FAAP; Laurel Leslie, MD, MPH, FAAP; Ashley Miller, MD, FAAP; Amy Starmer, MD, MPH, FAAP

## PLACES FIRST ACADEMIC PRODUCTS PUBLISHED IN *PEDIATRICS*

**PLACES data were recently published in *Pediatrics***

**“A Longitudinal Study of Pediatricians Early in their Careers: PLACES” ([www.pediatrics.org/cgi/doi/10.1542/peds.2014-3972](http://www.pediatrics.org/cgi/doi/10.1542/peds.2014-3972))**

- This paper introduces PLACES and describes in detail our methodology and participant characteristics

**“Early Career Experiences of Pediatricians Pursuing or Not Pursuing Fellowship Training” ([www.pediatrics.org/cgi/doi/10.1542/peds.2014-3973](http://www.pediatrics.org/cgi/doi/10.1542/peds.2014-3973))**

- This manuscript provides insight into the lifestyle and workplace environments for those pediatric residents that choose fellowship training compared to those that do not



AAP PLACES Project Advisory Committee, researchers, and staff at summer, 2015 PLACES meeting