

PEDIATRICIAN LIFE AND CAREER EXPERIENCE STUDY

MESSAGE FROM KAREN REMLEY, AAP CEO



Dear PLACES Participants,

Thank you! Your contributions in PLACES are so very valuable. At the American Academy of Pediatrics our focus is the future, and how we can effectively support pediatricians to provide the best care for children. Through PLACES I want you to know the voice of pediatricians in their 30s and 40s are at the table as we develop and refine policy and programs.

In our current program year, the Board of the Academy has prioritized Physician Health and Wellness on our [Agenda for Children](#). This year PLACES participants have also identified burnout as one of the top topics on which you would like us to ask for more information. You are now receiving the fall 2017 PLACES survey asking about burnout and what strategies might enhance wellness and reduce burnout. The information you provide will go directly into our discussions about how we can best promote health and wellness in the profession.

I look forward to hearing what we learn from you – it will make a difference!

Karen Remley, MD, MBA, MPH, FAAP
CEO/Executive Director



A program of the American Academy of Pediatrics

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ABOUT PLACES

PLACES is a longitudinal study that was launched in 2012 and tracks the experiences and opinions of 1,800 early to mid-career pediatricians over time:

- There are 2 important cohorts
 - 1) 2009-2011 Residency Graduates Cohort, n=901
Most graduated residency in 2009-2011
 - 2) 2002-2004 Residency Graduates Cohort, n=899
Most graduated residency in 2002-2004
- 83% of PLACES participants completed the 6th annual survey (2017)
- Strengths of PLACES
 - ✓ Longitudinal design
 - ✓ Inclusion of both AAP members and non-members
 - ✓ Range of content (work, satisfaction, personal dimension)
 - ✓ **YOU** and other pediatricians who complete the PLACES surveys each year!

American Academy of Pediatrics

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TOPICS IMPORTANT TO PLACES PEDIATRICIANS

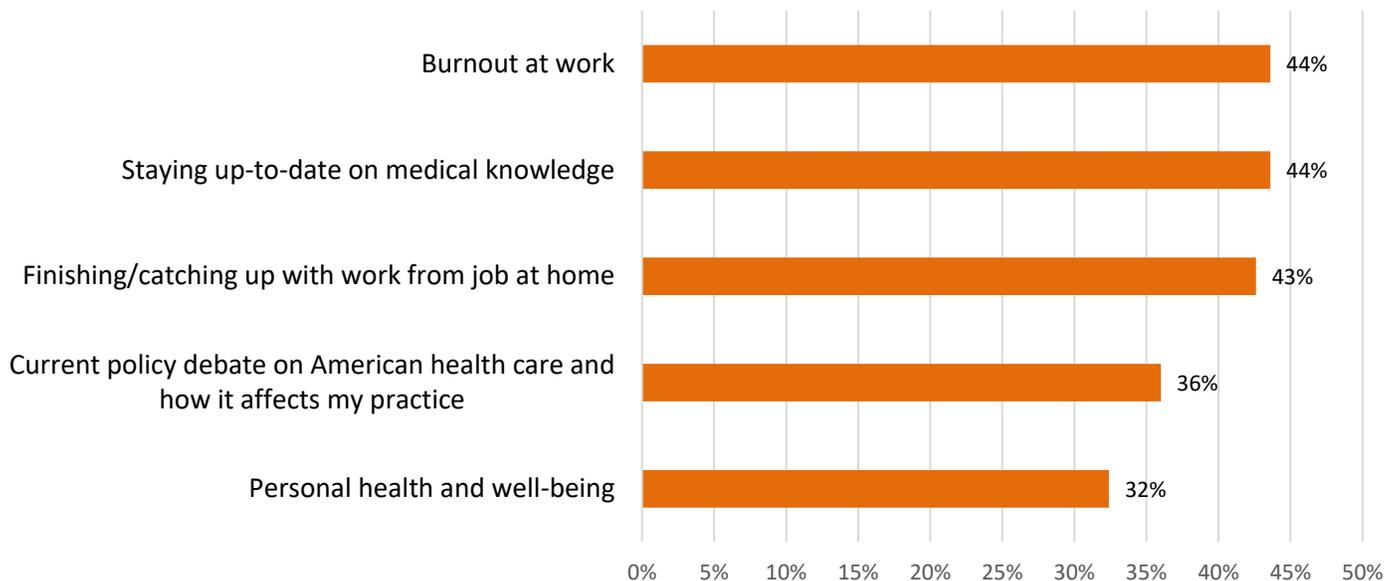
OCTOBER/2017

WHAT DO PLACES PEDIATRICIANS WANT ON THE NEXT SURVEY?

83% of PLACES pediatricians completed the 2017 spring survey

We want to make sure that we include topics relevant to pediatricians on our surveys so we asked PLACES participants to tell us the topics that are a high priority (Figure 1)

Figure 1. Frequency that PLACES pediatricians endorsed topic as being a high priority to ask on future surveys (Participants selected up to 3 topics) N=1466



Source: 2017 PLACES Annual Survey

Four in 10 PLACES pediatricians indicated that burnout, staying up-to-date, and finishing and/or catching up with work from their job at home were high priority topics. The Academy recently released the Agenda for Children 2017-2018, and Physician Health and Wellness is now identified as an organization priority. This work is just beginning, so feedback from you on the 2017 fall survey on burnout will be very timely and valuable.

Please share your thoughts and experiences on burnout with us by completing the fall survey! We will share the data with you in a future newsletter so you can see how other PLACES pediatricians responded about what burnout means to them and what can be done about physician burnout.

WORK HOURS & SATISFACTION

OCTOBER/2017

What we learned from you in the spring, 2017

- 98% of PLACES pediatricians are working in a professional position
 - 47% are generalists
 - 39% are subspecialists
 - 10% are hospitalists
 - 4% have non-clinical or other positions
- About 1/4 work part-time, including 39% of generalists, 19% of hospitalists, and 14% of subspecialists
- 61% of subspecialists, 44% of hospitalists, and 18% of generalists work 50 or more hours per week
- 6 in 10 subspecialists and hospitalists and half of generalists work at home more than once a week to finish or catch up on work (e.g., email, patient charting)

Figure 3. Percent satisfied with different facets of job (2017)

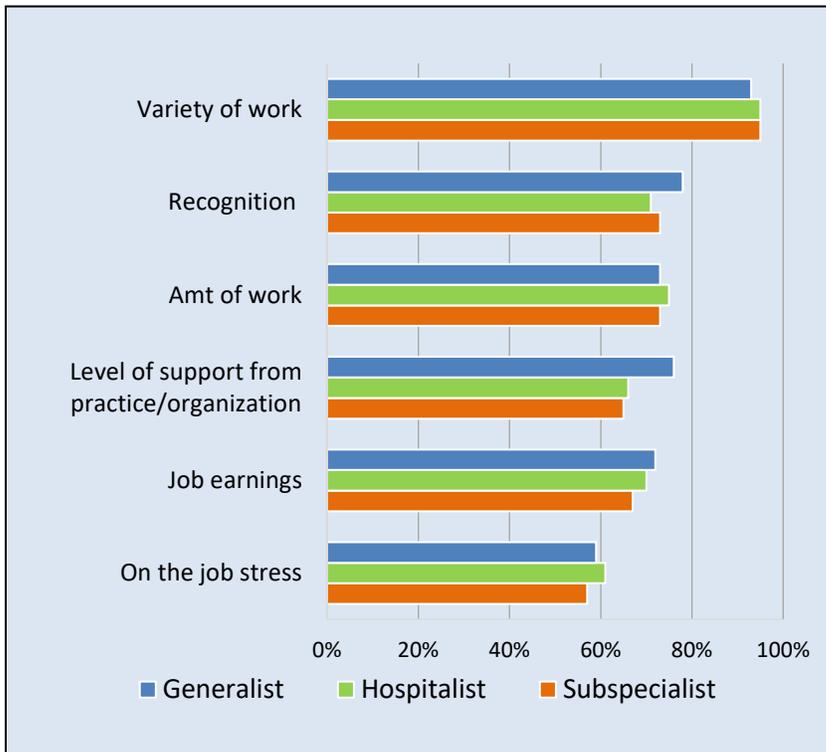
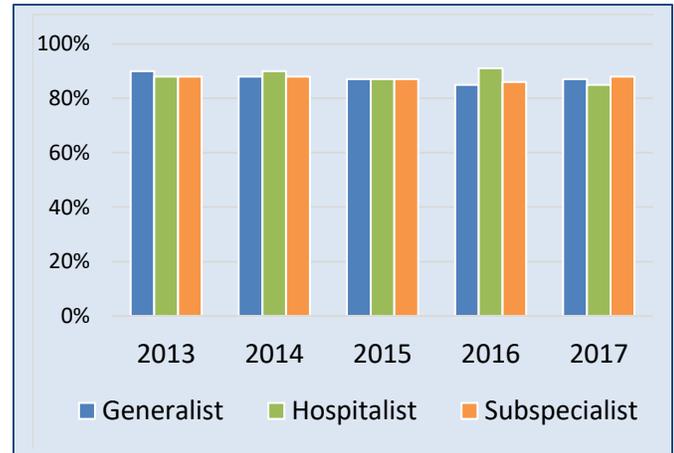


Figure 2. Trends in overall job satisfaction: Percent satisfied by specialty (2013-2017)



Satisfaction

- Large majorities of PLACES pediatricians are satisfied with their jobs across the last 5 years, whether they are generalists, hospitalists or subspecialists (Figure 2)
- Majority are also satisfied with different job aspects in 2017 (Figure 3):
 - Nearly all are satisfied with the variety of work
 - About 7 in 10 are satisfied with their recognition, amount of work, level of support from their practice/organization, and earnings
 - Somewhat fewer (59%) are satisfied with on the job stress, the lowest rating of satisfaction across specialty
 - Generalists are more satisfied with recognition at work and level of support
- Pediatricians who work 50 or more hours a week are less satisfied with their job stress, earnings, level of support, amount of work, and recognition at work

One of PLACES highest priorities is to feed back data to PLACES pediatricians

How are data currently being distributed?

- *GOING PLACES* participant newsletters are distributed twice a year, with the spring and fall surveys
- Articles about PLACES in *AAP News* are published at least once a year
- Data are presented at academic conferences, including the AAP National Conference and Exhibition and Pediatric Academic Societies Annual Meetings
- PLACES website is updated monthly with new publications: www2.aap.org/research/places.htm

Are participants satisfied with the data they have been receiving?

Yes! According to the spring 2017 survey, **97%** of PLACES pediatricians are satisfied with the amount of data we have been sharing

Have PLACES data been published in scientific journals?

Yes, 5 papers have been published (see website) and 2 new papers will soon be submitted:

- Longitudinal analyses of pediatrician burnout
- Experiences and satisfaction of early and mid-career pediatricians on division of household responsibilities

Whom do I contact if I have not been receiving PLACES publications?

Mary Pat Frintner: places@aap.org; 1-800-433-9016, ext. 7664

A Special Thanks to the PLACES Project Advisory Committee: Bobbi Byrne, MD, FAAP; Gary Freed, MD, MPH, FAAP; Shesha Kalyan Katakam, MD, MPH, FAAP; Laurel Leslie, MD, MPH, FAAP; Ashley Miller, MD, FAAP; Amy Starmer, MD, MPH, FAAP

PLACES DATA PRESENTED AT CONFERENCES

For more PLACES results:

PLACES data were presented at the Pediatric Academic Societies Meeting in April 2017

- [Longitudinal Analyses of Pediatrician Burnout](#)
- [Experiences and Satisfaction of Early and Mid-Career Pediatricians on Division of Household Responsibilities and Work-Life Balance](#)
- [Characteristics and Perceptions of Financial Compensation of US Pediatricians](#)
- [Work Experiences and Satisfaction of International Medical School Graduates in the US](#)

See all PLACES presentations and publications at:

<http://www2.aap.org/research/places.htm>



AAP PLACES Project Advisory Committee, researchers, and staff at summer, 2017 PLACES meeting

FYI: AAP headquarters is moving. Our new address is 345 Park Blvd, Itasca, IL 60143; new phone: 1-800-433-9016 ext. 6664