# Alternative Careers for Physicians

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#### Objectives

- 1. Define alternative careers
- 2. Dispel the common myths about alternative careers
- 3. Skills to develop
- 4. Where to begin

#### **Alternative Careers - Definition**

- Nonclinical
- Unconventional
- Nontraditional

- Based on medical education, training, and experience
- Knowledge of the healthcare "system"
- Usually includes the term "physician," or "medical"

#### **Alternative Careers - Definition**

- Physician Advisor
- Medical Director
- Medical Writer
- Executive Medical Director
- Chief Medical Officer
- Chief Medical Information Officer

Generally, includes jobs that depend on an MD, DO, or MDDS degree.

#### Excluded:

- Running a car wash
- Managing real estate
- Becoming a welder
- Any job NOT related to medicine or healthcare

#### Common Myths

- 1. I'm not good enough
- 2. I might fail
- 3. There is something wrong with me
- 4. It's too much to learn
- 5. It's too hard to do

- 1. There are limited jobs
- 2. All I know is medicine
- 3. My income will drop
- 4. I'm abandoning patients
- 5. My reputation and influence will decline

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# Common Myths - Limited Jobs?

#### Common Myths - Limited Jobs?

- 1. Pharma / Medical Device
- 2. Hospital / Health Systems
- 3. Insurance
- 4. Medical Writing
- 5. Consulting
- 6. Consumer Health
- 7. Government / Public Health
- 8. Nonprofits
- 9. Education

#### Common Myths - All I Know Is Medicine?

Consider this mental exercise...

#### Common Myths - All I Know Is Medicine?

- 1. Biochemistry
- 2. Pharmacology
- 3. Physiology
- 4. Pathology
- 5. Microbiology
- 6. Anatomy
- 7. Epidemiology / Statistics

#### Common Myths - All I Know Is Medicine?

- 1. Biochemistry
- 2. Pharmacology
- 3. Physiology
- 4. Pathology
- 5. Microbiology
- 6. Anatomy
- 7. Epidemiology / Statistics

- 8. Laboratory Interpretation
- 9. Physical Examination
- 10. Radiography
- 11. Interviewing
- 12. Teaching / Presenting
- 13. Healthcare Economics
- 14. Population Health

# Common Myths - Financial Ruin?

### Common Myths - Financial Ruin

- 1. How can they attract employees?
- 2. Consider hours, risk, satisfaction, stress, balance
- 3. Median salaries\*
  - PHYSICIAN ADVISOR \$133,946
  - MEDICAL DIRECTOR \$295,697
  - CHIEF MEDICAL OFFICER \$422,716

## Common Myths - What About My Patients?

#### Common Myths - What About My Patients?

- 1. Develop medications and devices (pharma)
- 2. Quality & safety (hospitals)
- Getting the right tests and procedures (insurance)
- 4. Educating and informing patients (writing)
- 5. Establish new technologies and services (consulting)
- 6. Health, wellness, nutrition, fitness (consumer)
- 7. CMS, NIH, CDC, FDA, prison medicine (government)
- 8. Accreditation, advocacy, healthcare (nonprofit)
- 9. Growing the workforce (education)

# Common Myths - Reputation and Influence?

#### Common Myths - Reputation and Influence?

- 1. You're still a physician
- 2. You'll likely manage a team
- 3. You're seen as a content expert
- 4. You're often a leader
- 5. My example...

#### Existing Skills/Attitudes/Traits

- Calm, composed
- Decisive
- Accountable, reliable
- Psychology
- Medications, pharmacology
- Statistics, epidemiology
- Adept communicator

- Medical records
- Documentation, coding
- Indications, contraindications
- QI, patient safety
- Informatics
- Leading teams
- Public speaking, presentations

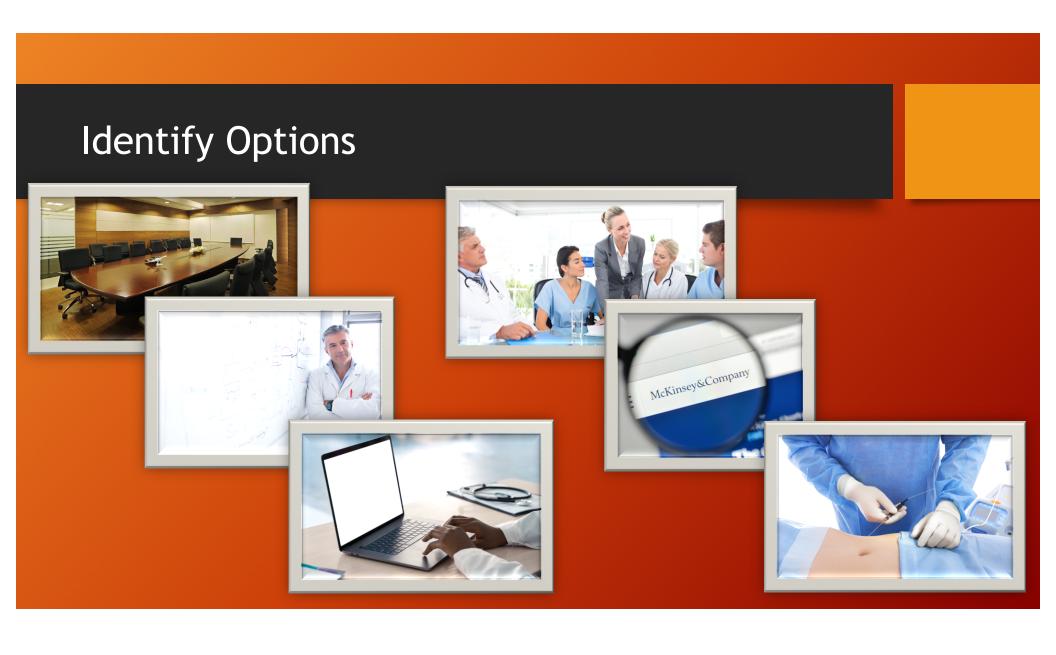
#### New Skills/Attitudes/Traits

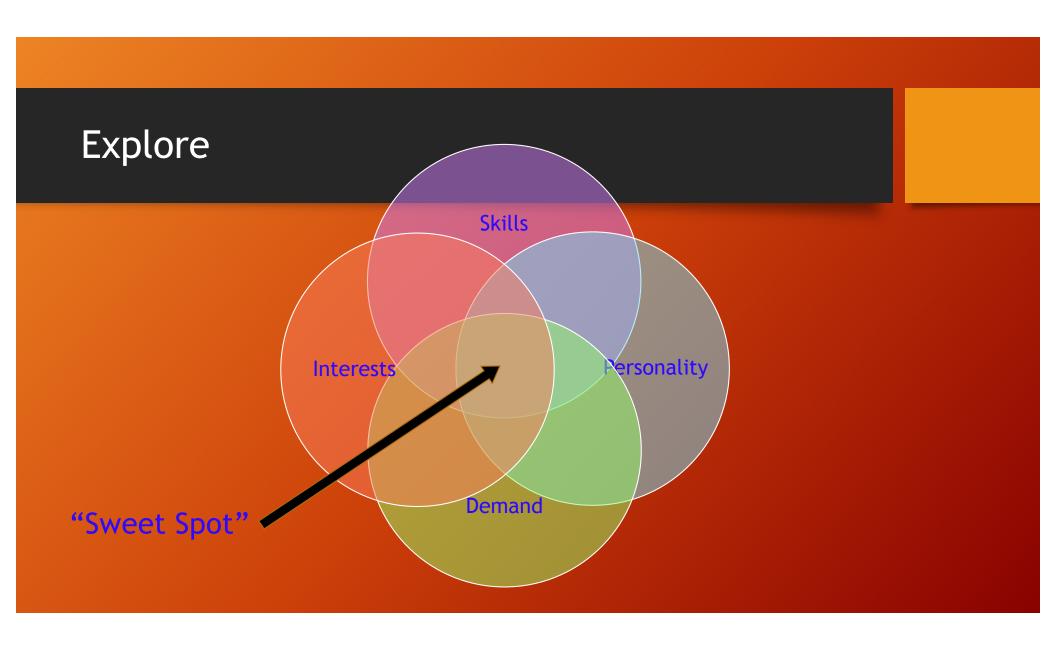
- Healthcare finances
- Human resources
- Contracting
- Negotiating
- Writing (persuasion)
- Management/direct reports
- Epidemiology & statistics

- Marketing
- Sales & promotion
- Public speaking
- "Leadership"
- Industry-specific expertise
- Recruiting
- Public health

#### Where Do I Begin - Understand the Process

- 1. Recognize the need to change careers
- 2. Overcome myths/self-limiting beliefs
- 3. Identify options
- 4. Explore my personality, interests, skillsets, job factors
- 5. Line up #3 and #4
- 6. Get to work





#### Get to Work

- Engage mentors
- Join professional association(s)
- Search job listings (research)
- Consider new certifications
- Create LinkedIn profile
- Write resumé and cover letters
- Prepare for interviews

### Where can you find me?

- NonclinicalPhysicians.com
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