

AAP Social Media and Youth Mental Health ECHO for Parents & Caregivers



4 SESSIONS
BEGINNING IN SEPTEMBER
DATE & TIME COMING SOON!

LEARN MORE



What is 'ECHO'?:

ECHO is a no-cost virtual learning opportunity that will connect you with experts & other caregivers to learn more about youth social media use and how to create healthy digital habits for the whole family.

How long is the session?

Each session will be 1-hour long. The first 30 minutes will include a presentation from a faculty expert and the remaining 30 minutes will be discussion based with an opportunity to learn from peers.

More Questions?

View our interest form by clicking "learn more" or scanning the QR code!



CENTER OF EXCELLENCE
Social Media and
Youth Mental Health

FROM THE AMERICAN ACADEMY OF PEDIATRICS