



## American Academy of Pediatrics (AAP) Social Media and Youth Mental Health ECHO!

### What we're about:

The [American of Pediatrics \(AAP\) Center of Excellence on Social Media and Youth Mental Health](#) is dedicated to creating a healthy digital ecosystem for children and adolescents. We are proud to announce the launch of the **AAP Social Media and Youth Mental Health ECHO!**

The ECHO (Extension for Community Healthcare Outcomes) model™ is a telementoring platform that leverages video conference technology to connect experts with learners in local communities, fostering an “all teach, all learn” approach. In each session, faculty experts will give a 25-minute lecture followed by presentation of a relevant practical example/case conceptualization to be discussed by all attendees. To learn more about Project ECHO visit [www.aap.org/projectecho](http://www.aap.org/projectecho).

### Who should apply:

This ECHO opportunity is open to professionals who work with youth or have the opportunity to help youth navigate technology and social media including youth & community service organizations, pediatric health care professionals, technology industry leaders, AAP members, policymakers, and other collaborators who:

- Want to learn more about the risks and benefits of social media and how it impacts youth wellbeing
- Want to help empower youth and families to create a better digital ecosystem for the individual child
- Share resources and best practices regarding youth and social media use
- Are interested in networking and problem-solving with others

### Timeline:

Session 01	Tuesday	November 28, 2023	1:00 – 2:00 PM CT
Session 02	Tuesday	December 5, 2023	1:00 – 2:00 PM CT
Session 03	Tuesday	December 12, 2023	1:00 – 2:00 PM CT
Session 04	Tuesday	January 9, 2024	1:00 – 2:00 PM CT
Session 05	Tuesday	January 23, 2024	1:00 – 2:00 PM CT

Interested? Apply [Here!](#)



### Questions?

Contact Kristin at [kconrad@aap.org](mailto:kconrad@aap.org)

### AAP.ORG/SOCIALMEDIA

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