

## AAP Hallways to (Mental) Health ECHO: Integrating Mental and Behavioral Health Care in School Settings

### Frequently Asked Questions (FAQ)

#### What are the goals/aims of the program?

- Increase knowledge, confidence, and skill in caring for the health of children in school-based settings to better support integration of mental and behavioral health care into primary care in school settings.
- Close gaps in access to mental health care for children and youth in school settings with the use of local Pediatric Mental Health Care Access programs.
- Encourage integrated care and collaboration with the school in promoting resilience and addressing mental health concerns.

#### What is ECHO?

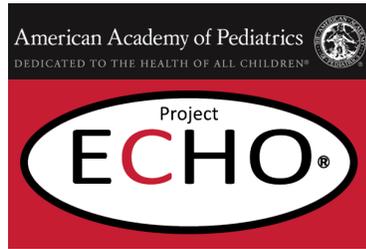
- Project ECHO is a telementoring program designed to create communities of learners by bringing together health care providers and experts in topical areas using didactic and case-based presentations, fostering an “all learn, all teach” approach.
- ECHO participants engage in a virtual community with their peers where they share support, guidance, and feedback. As a result, the collective understanding of how to disseminate and implement best practices across diverse disciplines continuously improves and expands.
- To learn more about ECHO please visit: <https://www.aap.org/projectecho>.

#### Who is eligible to register for this ECHO?

- School-based health center staff, school health personnel and others caring for the health of children in school settings.

#### What are the benefits of participating?

- Enhance capacity to promote health development and resilience in school settings.
- Learn how to utilize local Pediatric Mental Health Care Access programs.
- Network and problem solve with individuals across the country.
- Earn Continuing Medical Education (CME) and Maintenance of Certification Part 2 (MOC2)!
  - The American Academy of Pediatrics is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
  - AAP designates this live activity for a maximum of 6 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
  - **MOC Statement:**
    - Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 6 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.



### Where to register?

- The link to register can be found here:  
<https://app.smartsheet.com/b/form/76a0b5e8bc744d85ac4c3947fcb570c>

### What are the requirements to participate?

- Costs - There are no costs associated with participating in this ECHO series. This is a free training and technical assistance opportunity for participating organizations.
- Attendance - We encourage participants to attend all 6 sessions of the ECHO series.
- Session Participation - Participants are asked to actively engage and participate in each session. We strongly recommend having your video turned on during the ECHO sessions, specifically during the dedicated discussion time. This fosters a more interactive and engaging conversation.
- Case Presentation - All participants are encouraged to submit a case to present describing their experiences, challenges, and opportunities related to school-based health.
- Surveys - Participants will be asked to complete a post program survey after the ECHO series ends that help identify opportunities for improvements.

### What is the frequency of the ECHO sessions and when do they occur?

- The ECHO sessions will occur 2x per month 2:00pm –3:00pm CT/3:00pm – 4:00pm ET on the following dates:
  - Session 1: April 8, 2024
  - Session 2: April 22, 2024
  - Session 3: May 13, 2024
  - Session 4: May 29, 2024
  - Session 5: June 10, 2024
  - Session 6: June 24, 2024

**If you have further questions about this program or other ECHO programs at the AAP, please contact Robinn Yu at [ryu@aap.org](mailto:ryu@aap.org).**

*This project is supported by the Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services (HHS) as part of an award totaling \$3,700,000 with no percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the US Government.*