

**American  
Foundation  
for Suicide  
Prevention**

## **AAP and AFSP Suicide Prevention ECHO Program Frequently Asked Questions (F.A.Q.)**

### **What are the goals/aims of the program?**

- The goal of this program is to increase participant knowledge and self-efficacy regarding best practices to identify and support youth and young adults at risk for suicide using the [Blueprint for Youth Suicide Prevention](#). Health equity is critical to suicide prevention and therefore will be incorporated into this program.

### **What is ECHO?**

- Project ECHO is a telementoring program designed to create communities of learners by bringing together health care providers and experts in topical areas using didactic and case-based presentations, fostering an “all learn, all teach” approach.
- ECHO participants engage in a virtual community with their peers where they share support, guidance, and feedback. As a result, the collective understanding of how to disseminate and implement best practices across diverse disciplines continuously improves and expands.
- To learn more about ECHO please visit: <https://www.aap.org/projectecho>

### **Who is eligible to register for this ECHO?**

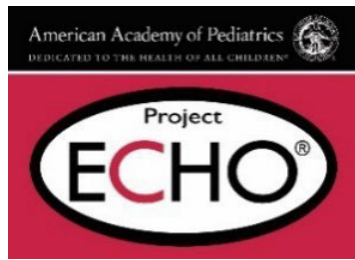
- Health care professionals who work in primary care settings and see youth and adolescent patients and who would like to learn more about best practices to support youth at risk for suicide, based on the strategies described in the [Blueprint for Youth Suicide Prevention](#).

### **What are the benefits of participating?**

- Increase knowledge of best practices related to the integration of suicide prevention care pathways into clinical primary care practice.
- Integrate health equity into your mental health services.
- Network and problem solve with primary care health care professionals across the United States
- Demonstrate practice change related to clinical quality measures.
- Participating pediatricians will have the opportunity to earn American Board of Pediatrics Part 4 Maintenance of Certification (MOC) credit.

### **When is the deadline to register?**

- The deadline to register is June 30, 2023.
- The link to register can be found here: <https://www.surveymonkey.com/r/ClinicalECHO2>



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### **What are the requirements to participate?**

- **Costs** - There are no costs associated with participating in this ECHO series. This is a free training and technical assistance opportunity for participating organizations.
- **Attendance** - We ask that participants, or at least one team member from each practice, commit to attending all 7 of the sessions within the ECHO series.
- **Session Participation** - Participants are asked to actively engage and participate in each session
- **Case Presentation** - All participating organizations will be asked to submit at least one case presentation describing their organization's experiences, challenges, and opportunities for advancing suicide prevention.
- **Surveys** - Participants will be asked to complete brief evaluation surveys after each ECHO session as well as after the ECHO series ends.

### **What is the frequency of the ECHO sessions and when do they occur?**

- The first educational ECHO session will be held on **Friday, July 21, 2023** from 12-1pm CT.
- The following educational sessions will occur on the **third Friday of the month from July 2023 - February 2024**.

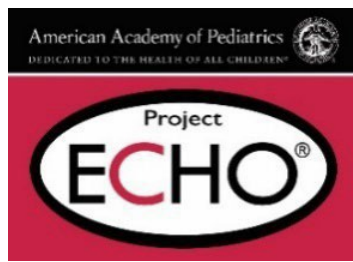
### **What are the two tracks for this ECHO program?**

- **Track 1:** Participants will attend 8 ECHO sessions held on the **third Friday of the month from July 2023 - February 2024**. This ECHO will launch on **Friday, July 21, 2023**.
- **Track 2:** Participants will attend 8 monthly educational ECHO sessions, plus 4 Quality Improvement ECHO sessions, applying QI methodology through monthly chart review, PDSA cycles and QI coaching. Date and time will be determined after the cohort is finalized.

### **How can I receive MOC Part 4 credits?**

To receive 25 MOC Part 4 credits, physicians must:

- Provide primary care to patients (age 8-21 years).
- Participate in the project for its duration of 8 months.
- Secure approval from practice leadership to participate in this project
- *(If required by their institution)* Seek Institutional Review Board (IRB) approval for participation.
  - Please note: The AAP IRB received IRB approval on 8/13/21. An exempt determination will be issued, as is done with all QI projects. AAP IRB review is typically sufficient for most participating practices, but AAP staff will work with practices if their health system requests further approval).
- Agree to participation criteria:
  - Each practice will submit data from 30 consecutive patient charts in the AAP Quality Improvement Data Aggregator (QIDA) for each of seven (7) monthly data submission cycles.
  - Each practice will submit monthly PDSA worksheets according to the submission cycle deadlines.
  - Each practice will submit at least one (1) deidentified patient case for problem solving and guidance as needed.



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- Each practice will participate in at least one (1) coaching call with the AAP QI Consultant within the first two months of the project; at a minimum, the practice team leader should participate in this call.
- Each individual must participate in twelve (12) ECHO sessions – eight (8) educational sessions and four (4) quality improvement sessions.
- Each individual must participate in at least six (6) practice team huddles; during these huddles, QIDA run charts for the practice and ideas for tests of change should be discussed by practice team members.
- Each individual must complete one retrospective program survey via Survey Monkey upon completion of the project.

**If you have further questions about this program, suicide prevention, or other ECHO programs at the AAP, please contact Jessie Leffelman at [jleffelman@aap.org](mailto:jleffelman@aap.org)**