



Sign up to receive important, age-specific children's health advice from the experts at the American Academy of Pediatrics.

# **Available by text and email!**

### **Text Messages**

Weekly messages for expecting parents and those with children up to age five.



#### Scan the QR code to sign up or go to healthychildren.org/text

#### **Email Messages**

Monthly emails for expecting parents and those with children up to age two.



## Scan the QR code to sign up or go to

healthychildren.org/register

Already registered? Update your profile to include your child(ren)'s age(s).

American Academy of Pediatrics

