



Healthy digital habits are just a click away!

Family Media Plan

The newly enhanced
Family Media Plan is here!
It's free & customizable
for the whole family.
Start your plan today!



 [healthychildren.org](https://www.healthychildren.org)

PhoneReady Questionnaire



10 questions is all it takes. Take the
free quiz today to find out if your
child is ready for a cell phone.

**Stay one step ahead by being prepared for
what awaits your child in the digital world!**

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

