

# WE ARE HERE TO HELP

## Ask How Your Pediatrician Can Help With Your Family's Non-Medical Needs.

The role of a pediatrician goes beyond caring for a child's physical needs. As part of your child's family-centered care, your pediatrician can play an important role in helping your family have everything it needs to be happy and healthy. Families of children with a disability or special health care need may benefit from help in several different areas in life; your child's pediatrician is here to help.



### Partner with your pediatrician to discuss the wellbeing of your child and family.

Work together with your pediatrician to make decisions and set goals on your child's care to improve overall health and happiness for your child and family.

- ▶ Write down notes and/or questions before your visit.
- ▶ Recognize pediatricians are here to help with or connect you to community services/supports on **anything** related to the health and wellbeing of your child and family.
- ▶ Ask for assistance with any questions you have on paperwork, upcoming procedures, and medical language.
- ▶ Talk about safety concerns, housing, food insecurity, financial concerns, and/or emotional struggles.

#### **Your pediatrician's office is a safe space!**

Do not be afraid or embarrassed to bring up non-medical issues. Your pediatrician can connect you to the appropriate community resources to help your child and family.

### Your pediatrician can connect you to important resources such as:



**Food Insecurity**  
[aap.org/foodinsecurity](http://aap.org/foodinsecurity)



**Housing**  
[pediatrics.aappublications.org/content/131/6/1206](http://pediatrics.aappublications.org/content/131/6/1206)



**Transportation**  
[aappublications.org/news/2019/04/22/transportation042219](http://aappublications.org/news/2019/04/22/transportation042219)



**Family Support**  
[familyvoices.org/](http://familyvoices.org/)



**Mental Health**  
[aap.org/mentalhealth](http://aap.org/mentalhealth)

National Resource Center

**FOR PATIENT/FAMILY-CENTERED MEDICAL HOME**

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