**Hot Topics**

**New USPSTF Recommendations on Addressing Youth Tobacco Use in Primary Care**

The US Preventive Services Task Force (USPSTF) has released an updated recommendation statement, "Primary Care Interventions for Prevention and Cessation of Tobacco Use in Children and Adolescents." This statement is an update to the 2013 recommendation on the same topic. Based on a thorough review of the available evidence, the USPSTF recommends primary care interventions to prevent youth initiation of tobacco use. The USPSTF concluded that there is insufficient evidence to recommend primary care interventions for youth tobacco cessation. Read the full statement [here](#).

**From the AAP Richmond Center**

**Protecting Children from Secondhand Smoke During “Stay-At-Home” Orders**

A new article from AAP provides parents with the information they need to protect children from secondhand smoke (SHS) exposure while following “stay-at-home” orders due to COVID-19. Children may be at increased
risk of SHS exposure, as tobacco users may be smoking or vaping more frequently, or using tobacco in the home. This is a stressful time, and parents may need support in protecting their children from SHS. This article provides information about strategies to eliminate SHS exposure and ways to support a quit attempt. Read more here.

AAP Section on Tobacco Control Now Accepting Abstract Submissions – Due Date Extended to May 1st
The AAP Section on Tobacco Control is seeking abstracts to be considered for presentation at the 2020 AAP National Conference & Exhibition in San Diego. We invite you to submit abstracts for poster presentations describing ongoing or completed tobacco-control projects and/or presenting original research findings; abstracts will be presented during the 2020 National Conference Section on Tobacco Control Program. Abstracts describing quality improvement projects may be eligible for Maintenance of Certification (MOC) credit! Section membership is not a requirement to submit. For more information, please visit the 2020 Call for Abstracts page on the National Conference website at https://aapexperience.org/abstracts/

2020 National Conference & Exhibition Registration Update
The AAP anticipates that the 2020 National Conference will take place as scheduled on October 2-6, 2020 in San Diego, CA. The official launch of the 2020 National Conference has been pushed back approximately one month. Member Registration and Hotel Reservations are now scheduled to open on June 1, at 10:00AM CDT. Non-Member Registration and Hotel Reservations are scheduled to open on June 5, 10:00AM CDT. Updates will continue to be shared on the National Conference website, https://aapexperience.org.

Two New AAP Infographics on the Impact of Secondhand and Thirdhand Smoke on Children
The AAP Julius B. Richmond Center of Excellence released two new infographics that provide key information about the impact of secondhand smoke and thirdhand smoke on children. Access the Secondhand Infographic here and the Thirdhand Infographic here. They can also be found on the AAP Richmond Center Fact Sheets webpage.

In the News

Certain E-Cigarette Types Linked to Higher Frequency of Subsequent Cigarette Smoking
A new study in Pediatrics found that the vaping devices young people use can impact their subsequent frequency of cigarette smoking. Baseline and 1-year follow-up data collected from adolescents across the country included device type, use of nicotine in electronic liquid, and frequency of use. Researchers found that those who used a modifiable e-cigarette had smoked at least 6 times as many cigarettes in the past 30 days at one year follow-up, compared with those who used pen-like vaping devices and those who had never vaped. Read the full study here.

National Trends and State-Level Variation in Quitline Calls
Using data from incoming quitline calls to 1-800-QUIT-NOW from 2012 through 2015, a new study from the Centers for Disease Control and Prevention (CDC) Office on Smoking and Health concludes that variation in average call duration across states likely reflects different services and delivery models. The study highlights the importance of state quitlines having adequate infrastructure and capacity to respond to customer needs, particularly during times of increased call volume. Read the full study here.

Adult Perceptions of Nicotine and the Adolescent Brain
New data from the Centers for Disease Control and Prevention (CDC) assessed US adults’ perceptions about the harms of nicotine in e-cigarettes on the adolescent brain. In a research brief in Preventing Chronic Disease, investigators noted that approximately two-thirds of adults felt that youth exposure to nicotine from e-cigarettes was harmful. Current and former tobacco users were less likely to endorse this belief. These data indicate that efforts are needed to educate the public about the risks of nicotine exposure on the adolescent brain. Adults are critical stakeholders in protecting youth from e-cigarette use, as such, it is important that adults are aware of the damage that nicotine does to developing brains. Read more here.
Resources and Events

Virtual Learning: Youth E-Cig Prevention Materials for Middle and High School Students
With many schools across the country currently closed, the Food and Drug Administration (FDA) and Scholastic continue to develop youth e-cigarette prevention educational materials for middle and high school students. All materials are available online for free on "The Real Cost of Vaping" website and are adaptable for virtual learning. Newly added resources include two new lessons and worksheets and five short videos focused on content areas that align with e-cigarette prevention lesson plans. These new materials join the previously developed content including lesson plans, a guide for parents to talk to kids about e-cigarettes, infographics, and youth cessation resources.

No Menthol Sunday: AWAKEN!
May 17, 2020
The National African American Tobacco Prevention Network (NAATPN) promotes No Menthol Sunday as an annual opportunity to engage faith communities in a discussion about how to improve health outcomes of African Americans. Tobacco use is a major contributor to the three leading causes of death among African Americans—heart disease, cancer and stroke. The faith community can play a major role in changing this. This year’s theme, AWAKEN!, urges young and old to stay woke about current issues related to tobacco use and prevention, including how flavors like menthol are addicting youth to vaping and other tobacco products. View the NAATPN website and download the No Menthol Sunday toolkit for materials and ideas on how to host an event and incorporate tobacco-related health topics into discussions and sermons. This year’s materials include social distancing ideas.

Nicotine Dependence Conference & National Summit on Smokeless Tobacco Prevention 2020
New Course Dates – October 18-20, 2020
Mayo Clinic – Rochester, MN
Registration is open for the Nicotine Dependence Conference & National Summit on Smokeless Tobacco Prevention 2020, presented by The Health Education Council and Mayo Clinic. The Summit will give participants the ability to identify up-to-date research on prevalence and relative risks of tobacco, e-cigarettes, smokeless tobacco, and other non-combustible tobacco products; discuss clinical strategies for treating tobacco use disorder within the context of rapidly evolving nicotine delivery products; and describe effective models for community and public health interventions to provide accurate education and address the evolving tobacco epidemic. Register and find more information here.

People in the News

Pediatrician Addresses the Importance of Tobacco Cessation during COVID-19 Pandemic
Dr Jonathan Winickoff, Director of Translational Research at the AAP Julius B. Richmond Center of Excellence, appeared on several radio and television shows this month to discuss the importance of abstaining from smoking and e-cigarette use during the COVID-19 pandemic. In a series of interviews, Dr Winickoff stressed that there is no safe level of tobacco use or exposure, and noted that tobacco use diminishes the body’s natural ability to fight infection. In addition, he noted that smoking and vaping rely on a hand-to-mouth motion, which goes against CDC recommendations to avoid touching the face during the COVID-19 pandemic.

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American Academy of Pediatrics, 345 Park Blvd., Itasca, IL, 60143, 630-626-6000

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