2020 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches

April 3 & 4, 2020
AAP Headquarters
Itasca, IL

Sponsored by the
American Academy of Pediatrics (AAP)
Section on Obesity

REGISTER ONLINE AT shop.aap.org/live-activities | Call toll-free 866/843-2271

Earn a Maximum of 11.0 AMA PRA Category 1 Credit(s)™.
Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 11.0 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Space is limited. Be sure to register early!
**2020 Pediatric Obesity Management: Evidence-based Strategies and Practical Approaches**

**COURSE DESCRIPTION**
As pediatric obesity has continued to worsen nationally, a need has emerged to equip more providers with skills to effectively manage and help their patients. Over the past several years, evidence-based obesity management strategies and sustainable practice-management approaches have emerged. This course is designed for pediatricians, family physicians and pediatric allied health professionals seeking to improve their skills in obesity assessment and management. This educational experience combines selected pre-conference readings, expert panels, workshops and didactic training sessions for an engaging and comprehensive training.

**LEARNING OBJECTIVES**
At the end of the course learners will be able to:
- screen for illness associated with overweight and obesity
- implement strategies to bring about positive behavior change
- refer children with severe obesity appropriately to specialized care
- provide nutrition and activity counseling
- implement practice management skills for obesity care

For more information contact Mala Thapar at mthapar@aap.org | 630-626-6284

**REGISTRATION**
Physician, Allied Health Professional, Other: $250
Trainee (Medical Student, Resident, Fellowship): $75
Register online at: shop.aap.org/live-activities

*Due to space limitations, on-site registration will not be available.

**Hotel Information**
Suggested Hotels:
Westin Chicago Northwest
400 Park Blvd, Itasca, IL 60143
Phone: 630|773-4000

Hyatt Place – Chicago/Itasca
1150 North Arlington Heights Road, Itasca, IL 60143
Phone: 630|875–1400

**Cancellation Policy**
Cancellation requests must be sent to: registration@aap.org
Cancellation requests must be received in writing by 3:00pm (CT), March 20, 2020 to receive a refund. Cancellations received by March 8, 2020 will have no fee. Cancellations received between March 9 and March 20 will have a $50 processing fee. Refunds will be processed one month following the close of the conference. No Refunds will be given after March 20, 2020.

**Important Information**
The AAP is sensitive to the special needs of its attendees. Please indicate any special needs on your registration form (eg breastfeeding accommodations, dietary restrictions, physical disabilities). Lodging and meals, other than specified, are not included in the registration fee. Educational sessions, food, and beverages provided during the course are intended for registered attendees only.

**Shuttle to O'Hare**
At the conclusion of the course on April 4th, there will be a shuttle to O'Hare International Airport (not Midway) available to course attendees for a rate of $13.
<table>
<thead>
<tr>
<th>Day 1: Friday, April 3, 2020</th>
<th>Day 2: Saturday, April 4, 2020</th>
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</thead>
<tbody>
<tr>
<td><strong>7:00 am – 8:00 am</strong></td>
<td><strong>7:15 am – 7:45 am</strong></td>
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<tr>
<td>Registration and Breakfast</td>
<td>Breakfast</td>
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<tr>
<td><strong>8:00 am</strong></td>
<td><strong>7:45 am</strong></td>
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<tr>
<td>Welcome</td>
<td>How the SOOb and the AAP Institute for Healthy Childhood Weight Can Help</td>
</tr>
<tr>
<td>Course Chair: Stephanie Walsh, MD, FAAP</td>
<td>Faculty: Victoria Rogers, MD, FAAP</td>
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<tr>
<td><strong>8:15 am</strong></td>
<td><strong>8:00 am</strong></td>
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<tr>
<td>The Pathophysiology of Obesity</td>
<td>Sustainability 101: Practice Management, Patient Engagement, Marketing and Maintaining Skills</td>
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<tr>
<td>Faculty: Valerie O’Hara, DO, FAAP Gitanjali Srivastava, MD, MPH, FAAP</td>
<td>Faculty: Christopher Bolling, MD, FAAP Natalie Digate Muth, MD, MPH, RDN, FAAP Victoria Rogers, MD, FAAP</td>
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<td><strong>9:45 am</strong></td>
<td><strong>9:00 am</strong></td>
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<tr>
<td>Break</td>
<td>Break</td>
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<tr>
<td><strong>10:00 am</strong></td>
<td><strong>9:15 am</strong></td>
</tr>
<tr>
<td>The Pathophysiology of Obesity (continued)</td>
<td>Sustainability 201: Making it Work for You</td>
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<tr>
<td>Faculty: Valerie O’Hara, DO, FAAP Gitanjali Srivastava, MD, MPH, FAAP</td>
<td>Faculty: Christopher Bolling, MD, FAAP Natalie Digate Muth, MD, MPH, RDN, FAAP Victoria Rogers, MD, FAAP</td>
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<td><strong>10:30 am</strong></td>
<td><strong>10:15 am</strong></td>
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<tr>
<td>Case-based Learning: Assessment and Comorbidities of Obesity</td>
<td>Navigating Current Diet Trends and Apps</td>
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<tr>
<td>Moderator: Christopher Bolling, MD, FAAP Faculty: Sarah Armstrong, MD, FAAP Matthew Haemer, MD, MPH, FAAP John Rausch, MD, MPH, FAAP Stephanie Walsh, MD, FAAP</td>
<td>Faculty: Christopher Bolling, MD, FAAP</td>
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<tr>
<td><strong>12:00 pm</strong></td>
<td><strong>10:45 am</strong></td>
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<td>Lunch and Physical Activity Break</td>
<td>Obesity Case Panel: Putting it all Together</td>
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<td><strong>1:00 pm</strong></td>
<td><strong>11:45 am</strong></td>
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<tr>
<td>Strategies for Severe Obesity</td>
<td>Keep it Going!</td>
</tr>
<tr>
<td>Faculty: Claudia Fox, MD, FAAP Kirk Reichard, MD, MBA, FAAP, FACS</td>
<td>Course Chair: Stephanie Walsh, MD, FAAP</td>
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<tr>
<td><strong>2:15 pm</strong></td>
<td><strong>12:00 pm</strong></td>
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<tr>
<td>Break</td>
<td>Adjourn</td>
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<tr>
<td><strong>2:30 pm</strong></td>
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<tr>
<td>Counseling Workshop</td>
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<tr>
<td>Faculty: Sarah Armstrong, MD, FAAP</td>
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<td><strong>5:00 pm</strong></td>
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Continuing Medical Education Credit

- The American Academy of Pediatrics (AAP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
- The AAP designates this live activity for a maximum of 11.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This activity is acceptable for a maximum of 11.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics.
- PAs may claim a maximum of 11.0 Category 1 credits for completing this activity. NCCPA accepts AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society.
- This program is accredited for 11.0 NAPNAP CE contact hours of which 0 contain pharmacology (Rx) content, 0 related to psychopharmacology, 0 related to controlled substances, per the National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines.

MOC Part 2 Statement

- Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 11.0 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Disclosure of Financial Relationships and Resolution of Conflicts of Interest

The AAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AAP CME activities. All individuals in a position to influence and/or control the content of AAP CME activities are required to disclose to the AAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual’s confirmation of service at an AAP CME activity. Beyond disclosure of financial relationships, AAP CME faculty are required to disclose to the AAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve “off-label” use of a device or pharmaceutical. The AAP is committed to providing learners with commercially unbiased CME activities.

The content of this CME activity (OR STATE these CME activities) does not necessarily reflect the views or policies of the AAP.
**Registration Fees (U.S. Currency)**

- Physician, Allied Health Professional, Other ....... $250
- Trainee (Medical Student, Resident, Fellowship)..... $75

Your registration will be confirmed. Please contact the AAP Registration Area if you do not receive a confirmation within 14 days. Cancellation requests must be sent to registration@aap.org. Cancellation requests must be received in writing by 3:00 pm (CT), March 20, 2020 to receive a refund. Cancellations received by March 8, 2020 will have no fee. Cancellations received between March 9 and March 20 will have a $50 processing fee. Refunds will be processed one month following the close of the conference. No Refunds will be given after March 20, 2020. Costs incurred, such as airline or hotel penalties, are the responsibility of the individual. The AAP reserves the right to cancel a course due to unforeseen circumstances or to limit enrollments, should attendance exceed capacity.

- Train: Shuttle Bus to Chicago O’Hare International Airport (not Midway) immediately following the course........ $13

**Payment Information**

Full payment must accompany this form. Please indicate method of payment below:

- Charge it: 
  - [ ] VISA
  - [ ] MASTERCARD
  - [ ] AMERICAN EXPRESS
  - [ ] DISCOVER

- Card Number
- Expiration Date
- Print name as it appears on card
- Or checks may be made payable to the American Academy of Pediatrics.
- (United States only)
- Check Number
- Amount
- Please do not send currency.